

15th Sunday Ordinary Time, July 13, 2014

MASS INTENTIONS			
Sun.	July	13	Sunday Masses
Mon.	July	14	No Morning Mass
Tues.	July	15	Genevieve Shelton+
Wed.	July	16	Ben Shane+
Thurs.	July	17	Brad Desgroseillier+
Fri.	July	18	Frances Aquilia Teodoro+
Sat.	July	19	Donald Eager+
Sun.	July	20	Sunday Masses
Mon.	July	21	No Morning Mass
Tues.	July	22	No Morning Mass
Wed.	July	23	No Morning Mass (Matt Kure moved to 10/23/14)
Thurs.	July	24	Wayne Unger
Fri.	July	25	Jim Ash+
Sat.	July	26	Shauna Unger

STEWARDSHIP 2013-14				
The Sunday Collection through 7/6/2014				
Weekly Amount Needed	Last Week's Collection	Needed Year to Date	Actual Given Year to Date	Surplus Year to Date
\$ 15,500	\$ 16,529	\$ 15,500	\$ 16,529	\$ 1,029
Online Giving	# Online Givers All Funds: 42	Amount Collected Online: \$ 3,385		
Online Giving is included in the above totals.				

Sun.	7/13/14	Third Order of Mary, 1:30 pm, Parish Center Chapel
Mon.	7/14/14	Family Rosary, 6:30 pm, Church
		Light Weigh Program, 7 pm, Sullivan Hall
		Boy Scouts, 7 pm, Cafeteria
Wed.	7/16/14	Finance Council, 6:30 pm, Parish Center
		Respect Life Network, 6:45 pm, Sullivan Hall
Sat.	7/19/14	Baptisms, 10 am, Church
Mon.	7/21/14	Family Rosary, 6:30 pm, Church
		Light Weigh Program, 7 pm, Sullivan Hall
		Boy Scouts, 7 pm, Cafeteria
Wed.	7/23/14	Pastoral Council, 7 pm, Parish Center Chapel
Mon.	7/28/14	Family Rosary, 6:30 pm, Church
		Light Weigh Program, 7 pm, Sullivan Hall
		Boy Scouts, 7 pm, Cafeteria
Sat./Sun.	8/2/14-8/3/14	St. Vincent de Paul Food Collection after all Masses
Mon.	8/4/14	Family Rosary, 6:30 pm, Church
		Light Weigh Program, 7 pm, Sullivan Hall
		Boy Scouts, 7 pm, Cafeteria
Sun.	8/10/14	Third Order of Mary, 1:30 pm, Parish Center Chapel
Mon.	8/11/14	Family Rosary, 6:30 pm, Church
		Light Weigh Program, 7 pm, Sullivan Hall
		Boy Scouts, 7 pm, Cafeteria
Tues.	8/12/14	JAZZ WALK IS BACK! PLAN NOW.
		Gabriel Project, 6:30 pm, Parish Center Chapel

HOSPITALITY IN SULLIVAN HALL

July 13—I'm with you and you're with me, let's **Scout** out the donut scene, **Scout** out the coffee scene, generally just be seen...in Sullivan Hall.

July 20—Chivalry lives! It's the Knights.

FREQUENTLY REQUESTED NUMBERS

Boy Scouts: Dennis Halpin (206) 365-1971
Cub Scouts: Sean Monahan (608) 234-2931
Knights of Columbus: Jim O'Sullivan (206-832-7231)
St. Vincent de Paul: Mary Kay Snedden (206) 364-7900
Heaven Guild: Barbara Arnesen (206) 940-5010
Ladies' Guild: Lynn Waterson (206) 849-5546
Funeral Committee: Gini Harmon (206) 364-6834
Marriage Help: Retrouvaille (206) 706-2608
Seniors & Friends: Judy Parsons (206) 367-1714
Holyrood Cemetery: (206) 363-8404
Beck's Funeral Home: (425) 771-1234
Harvey Funeral Home: (206) 632-0100



Pastor's Letter:



A “big” little tree frog

Dear Brothers and Sisters in Christ,

In my homilies the past few weeks, I have emphasized how our Catholic faith is rooted in very fundamental things. First, that God created us out of love, so that we can in turn love Him and each other. This comes from what Jesus calls the two great commandments. Second, that our faith in God, and in the Church that proclaims this faith, are meant to be about God's love that lies in the person of the Lord Jesus, who wants us to draw close to Him for our salvation and our healing. These are the fundamentals of what the Church has always been about. Now, just as in the past, we should expect that the Church will lead us to our salvation in Christ and offer us the healing that we need for ourselves and for our families. In fact, this is an essential expectation.

Another very basic expectation is that the spiritual life of a Catholic is meant to be simple and not complex or hard. Jesus says, “my yoke is easy and my burden is light.” But do we really believe Him when He says that? If it's true, then why do so many people become discouraged and drop by the wayside? The best way to achieve a simple spiritual life, as says Jesus in the gospels, is to become little. Literally, to become like children, who trust completely in those that love and care for them. Our Heavenly Father wants us to know and love Him; because He loves and cares for us. This is a promise we can trust. We must come to know that God's plans for us encompass every single aspect of our lives, from the big, important things down to the very little, mundane things of our lives. We need to pay attention to it all and take it all in, each day!

We follow such a life when we ourselves become little and when we are purposely attentive to little things. This is the key to the simple spiritual life. The little things of our lives contain big lessons; they show us how God's grace flows throughout our everyday lives; how everything that happens (or doesn't happen) means something and has something to teach us. In short, we need to pay greater attention to the little things, for the Lord Jesus dwells in them and desires to speak to us profoundly in them.

The Catholic author Caryll Houselander once wrote about the large lessons found in the little things:

continued (over).....

To the eye that sees, littleness reveals infinitely more than vastness. God is known more truly by a little finite creature, through the contemplation of a snowdrop, than through the contemplation of the universe. Very soon the intellect staggers before the immensity of the universe, it is used up, exhausted; only the rare heart responds to it all. But the inward eye fills with light when it contemplates a little thing, the heart can fold upon it, and so the heart expands and the mind does not wither, but puts out petal upon lovely petal of thought. . . .

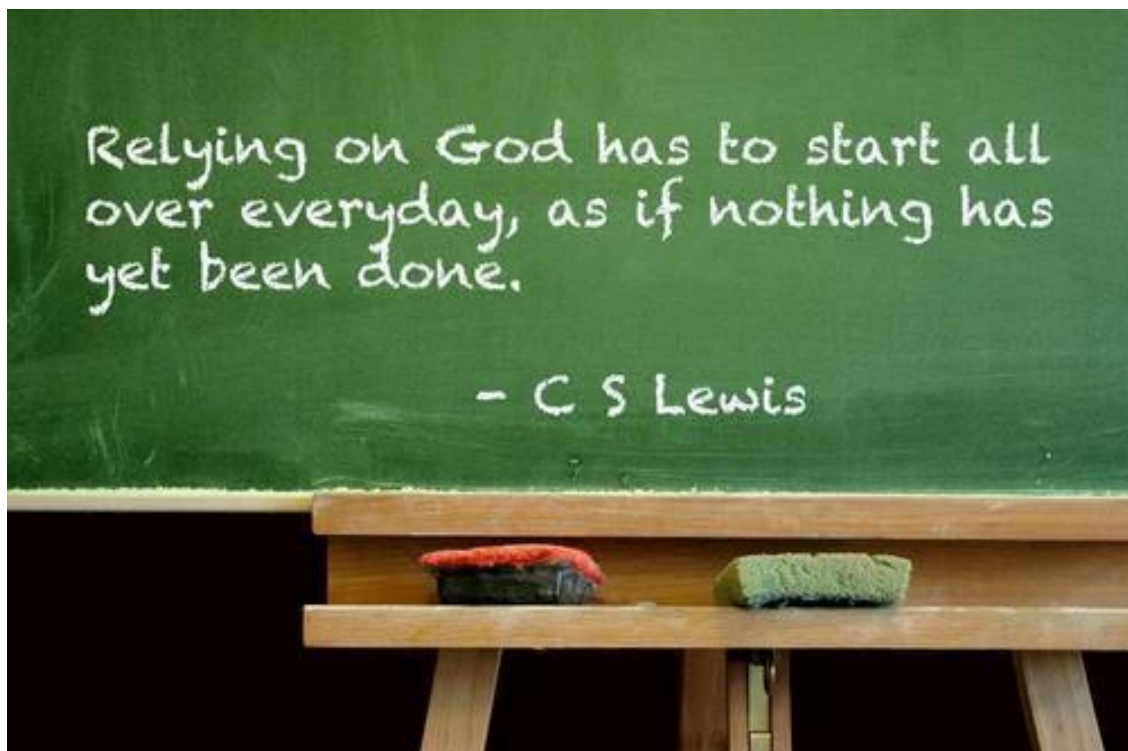
From the universe we learn that God is infinite, that we cannot compass Him at all. But from such things as insects, flies, little frogs, mice and flowers, we learn that to us He is something else. He is Father, brother, child and friend!

If you ever had a little green tree frog and watched him puffing out with a pomposity worthy of a dragon before croaking, you must have guessed that there is a tender smile on our Heavenly Father's face, that He likes us to laugh and He laughs with us; the frog will teach your *heart* more than all the books of theology in the world.

My friends in Christ, we have much to learn from the countless "little things" of daily life that happen upon our way. Things that we mostly take for granted or at the least, pay very little attention to. I encourage you to be more observant of such things. Notice the people or events that cross your path each day. Check out the lessons contained in God's natural creation; the sky, the land, the trees, the birds and all that is there for our viewing pleasure. Ask yourself, "Why is that person before me now, this very day?" "Why did this or that happen (or not happen as expected)?" "What am I to learn from today's beautiful sunrise or this little tree frog?" Take notice of the "unnoticeable" things of daily life. You might be surprised at the lessons God has in store for you in the littleness of our lives. The spiritual life is indeed easy, if we but pay attention!

God's blessing to you in the week ahead.

Fr David Mulholland



A TIME TO HEAL...PHYSICALLY, EMOTIONALLY, OR SPIRITUALLY

Anita Schultz; Hugo Draye; Millie Stevens; Scott Halfrich
David Werdal and Jayme Krowski, friends of Julie Bandy; **Mary Schantz; Joe McMahan**, brother in law of Anita Schultz
Ursula Skinner, friend of Jim and Barbara Doughty; **Wayne Dallenbeck**, neighbor of Janet Abele
Vivian Russ, aunt of Janet Abele; **Laura Alamillo; Ernesto Ladrado and** , friends of Julie Bandy
Bonnie Sykes and Noral Kofer, friends of Janet Abele; **Audi Edwards;**
Scott Strandberg, brother of Stephanie Hartung; **Bill Buckley; Frank Martinez**, father of Claire Becker
Pat Butler, cousin of Vicki Russell; **Jeff Cornwell; Marta Cady**, sister of Kathy Keck
Ann Marie Kurtz, mother of Lisa Haynes; **Dolores Strandberg**, mother of Stephanie Hartung
Willis Parsons, son of Judy and Loren Parsons; **Patricia Arntzen;**
Holly and Maya Weller, daughter-in-law and granddaughter of Dennis and Joanne Weller
Peter Ansberry, friend of Candyce Ochoa; **Father William Hammelman**, brother of Marylee Schaeffer
Maria Shafer; Elvin Dick, father of Sidd Dick
Dan Hines, relative of Karen Favero; **Solar Seeklander**, great-nephew of Diane & Lee Lutovsky
Robert Glancy, Sr.; Todd Munger and Lourdes Martin, friends of Julie Bandy; **Charlene Loback;**
Shannon Northrup, niece of Lee and Diane Lutovsky; **Noah Amundsen**, grandson of Mary and Bob
Doris Sykes; Danilo Taliman, Roger Carasco, and Myra Manlangit, friends of Julie Bandy
Abraham and Lilda Jimenez , parents of Amelia Yapjoco
Greg McBride; David Dato; David Brancale, son of Ann Brancale; **Jennifer Osburn; Jeanne Connell**
Rhonda Stegall-Webb, friend of Paul Jensen; **Vicki Russell; Richard Ronald**, brother of James Ronald
Nicole, Patrick, and Logan Shepard , granddaughter and family of Ted & Harriet Miller
Bill Clark, son-in-law of Cornelia Miller; **Gloria Abiang**, mother of Pauline Cruz; **Dorothy Scholze**
Marie Dunlap; Tom Friedel; Cindy Stendera Gould, daughter of Bertha Stendera; **Elmer Dalisky**, friend of Cheryl Keiffer
Betty Robeson; Marcy Teichman, friend of Cheryl Keiffer; **Bob Amundsen**
Kim Menzer, friend of Rebecca Anderson; **Sam and Don Glasnovich**, nephews of Cherie and Todd Chapman
Walker Chapman, nephew of Cherie and Todd Chapman; **Marty Liwag**, friend of Maria Arntson
Isidro Bandy; Dorothy Holm, sister of Veronica Rains; **Randy Rains**, son of Veronica Rains; **Ann Gordon**
Riliegh McConaughy, great granddaughter of Betty Robeson; **Carol Coghlan**
Rena Britz; Joaquin Naputi; Carol Monahan, mother of Hugh Monahan; **Lynn Waterson**
Robert Schultz, father of Lynn Schultz; **Cherie Chapman; Mary Olson; Darlene English; Consuelo Frodsham**

A TIME TO REMEMBER THOSE WHO SERVE OUR COUNTRY IN THE MILITARY

John Epps, US Army, Afghanistan, grand-nephew of Rose and Bill Buckley
Zachary Sharp, USAR, grandson of Nigel and Cheryl Keiffer
Christopher Abele, IT1 (SW/IDW) USN, son of Steven and Janet Abele
Raynor Wales, US Army, friend of Bob and Mary Amundsen
Matthew Johnson, US Air Force, grandson of Helen Bradley
Mark Anthony Silang, USMC
Michael Angelo Silang, USN
Bryant McDaniel, Air Force, Iraq, nephew of James and Lynn Ronald
John E. Eaton, S/Sgt USMC, grandson of Evelyn Combe
Taylor Amundsen, US Air Force, grandson of Bob and Mary Amundsen
Annika Jensen, USN, daughter of Paul and Maryjane Jensen
Darryl W. Bradshaw, US Coast Guard, nephew of Paul and Maryjane Jensen
Nathan Keiffer - Airman 1st Class, USAF, son of Nigel and Cheryl Keiffer
David Leitzen, SPC, US Army, grand-nephew of Mrs. Elenor Loarie Schoen, and nephew of Teresa and Elenor K. Schoen.

A TIME TO MOURN...

William Bingham, friend of Patrick Logsdon
Ed Fortney, brother of Ray Fortney

ANNUAL CARMELITE NOVENA

July 7-15

Feast July 16

Join us as we look forward to St. Teresa's 500th anniversary of birth in 2015 and our annual Novena honoring Our Lady of Mount Carmel.

"One day, the feast of the Assumption of Our Lady, Queen of Angels, the Lord desired to grant me the following favor; in rapture He showed me her ascent to heaven, the happiness and solemnity with which she was received and the place where she is ... I was helped in having a deeper desire to undergo difficult trials, and I was left with a longing to serve Our Lady since she deserved this so much." - St. Teresa

Novena Director

REV. PHILIP SULLIVAN, OCD

Pastor, St. Therese Church

Alhambra, California

Monday, July 7 through Monday, July 15

EACH MORNING

Weekdays 7:30am Mass

Saturday 8:00am Mass

Sunday 9:00am Mass

EACH EVENING

Recitation of Rosary & Mass. 7:15pm

Solemn Feast of Our Lady of Mt. Carmel

Wednesday, July 16, 2014

Mass 9:00am

Evening Prayer 4:00pm

Rosary 7:15pm

Mass 7:45pm

OUR CORPUS CHRISTI PROCESSION on June 22. If you didn't make it this year, please consider coming next year. What a wonderful witness of your Catholic faith to the local community!



LIGHTHOUSE

CATHOLIC MEDIA

CATECHISM OF THE CATHOLIC CHURCH

Francis Cardinal Arinze energetically draws from his experience to help us see the practical value of the Catechism of the Catholic Church (CCC) today, which was given as a guide to living our daily lives in accordance with Holy Scripture and the Sacred Traditions that have been passed down to the Church through the Apostles. The CCC is intended for use by all Christian faithful, and Pope John Paul II declared it to be "...a sure norm for teaching the faith"- Fidei Depositum. **Bonus Segment: Why Do We Have a Pope? by Dr. Scott Hahn.**

PILGRIMAGE TO ITALY WITH ST. MATTHEW PARISH! OCTOBER 21-30, 2014

Join Fr. Jerry Burns and St. Matthew's Parish on the journey of a lifetime as they lead you on a 10-day pilgrimage to Italy. Pilgrimage includes roundtrip airfare from Seattle to Rome, Daily Mass, Professional Catholic Italian tour escorts, Daily sightseeing, including Rome, Assisi, Orvieto, and Florence. Contact Molly Gallagher at mgallagher@stmatthewseattle.org or Call Corporate Travel Service at 313-565-8888 x 121 or 150 for more details or reservations.

ST. MATTHEW SPORTS CAMP

Space is still available for camps in July and August. These camps are designed to build basic sport skills, develop team, learn the rules of the game and above all to have FUN.

Camps meet Mon-Fri 9:00 - 3:00 and cost only \$125 per week. Remaining camps dates are:

Basketball	July 21-25	Grade 2-7
Volleyball	July 28-August 1	Grades 4-8
Soccer	August 11-15	Grades 1- 5 (get ready for fall soccer)
Soccer	August 18-22	Grades 1- 5

Registration forms can be found on the St. Matthew Athletic web page. For questions and Information Contact Mary Segle at 206-200-1296 or by email at seglemm@comcast.net

DIVINE MERCY

The message of The Divine Mercy is simple. It is that God loves us — all of us. And, he wants us to recognize that His mercy is greater than our sins, so that we will call upon Him with trust, receive His mercy, and let it flow through us to others. Thus, all will come to share His joy. **The Divine Mercy message is one we can call to mind simply by remembering ABC:**

A - Ask for His Mercy. God wants us to approach Him in prayer constantly, repenting of our sins and asking Him to pour His mercy out upon us and upon the whole world.

B - Be merciful. God wants us to receive His mercy and let it flow through us to others. He wants us to extend love and forgiveness to others just as He does to us.

C - Completely trust in Jesus. God wants us to know that the graces of His mercy are dependent upon our trust. The more we trust in Jesus, the more we will receive.

(source - <http://thedivinemercy.org/message/>)
Jesus, I trust in you!

There will be over 3,800 killed in the USA today from abortion; no flags will be lowered, no presidents crying, no media hyperventilating, just a normal day. Abortion on demand has destroyed our moral values and is destroying America.

LINKS FOR LIFE

1050AM Sacred Heart Radio

<http://www.sacredheartradio.org/> - Great local and national Catholic programming

Patients Rights Council

<http://www.patientsrightscouncil.org/>

PRC is committed to the principle that you have the right to know all the facts about the critical issues of life, death, and assisted suicide. Few issues are as important as the compassionate treatment and care for those who are most vulnerable.

RACHEL'S CORNER- HOPE AND HEALING AFTER ABORTION

If you or someone you know has had an abortion, call Valerie at 1-800-822-HOPE (4673). You are loved with an everlasting Love! Project Rachel is a program of Catholic Community Services.

PEACEFUL PRAYER VIGILS

Abortions happen every day in our community. Striving to serve the unborn and their mothers, the local chapter of Helpers of God's Precious Infants prayerful pray at local Planned Parenthood mills most Saturdays all year long. For more information, contact the Helpers of God's Precious Infants www.seattlehelpers.org



*"To the servant
of God every
place is the right
place, and every
time is the right
time."*

Catherine of Siena

CARMELITE CHRISTMAS IN JULY

Starting on July 12, it's time for Christmas in July! St. Mark Parish is committed to reaching out to the Carmelite Sisters here in our Shoreline community! The Carmelites have an amazing ministry of prayer and we are honored to help them fulfill this ministry by providing them with food, household, and personal items twice a year. Please be generous in your support by taking stars from the Giving Tree, which will be in the vestibule of the Church, and returning the items to Sullivan Hall, unwrapped, by July 27th. Thank you very much for your generosity!

**Welcome to our visitors this weekend,
visiting Catholics, those of other faith
traditions, and, of course, all of our
parishioners... God bless you all!**

ADORATION HOURS

The following Adoration hours are open. If you would like to make Adoration a part of our prayer life, please contact Mat Connolly at 206-465-0710.

Monday 10-11pm

Tuesday 2-3am

Wednesday midnight-1am

Thursday 10-11am