

2nd Sunday in Lent

March 16, 2014

MASS INTENTIONS			
Sun.	Mar.	16	Mass for the People
Mon.	Mar.	17	No Morning Mass
Tues.	Mar.	18	Adrian Martin
Wed.	Mar.	19	Kenneth Slechter+ Mass at 9 am
Thurs.	Mar.	20	No Morning Mass
Fri.	Mar.	21	No Morning Mass
Sat.	Mar.	22	Lawrence Bradley+
Sun.	Mar.	23	Mass for the People
Mon.	Mar.	24	No Morning Mass
Tues.	Mar.	25	Donald Eager+
Wed.	Mar.	26	Fr. Mulholland
Thurs.	Mar.	27	Dorothy Pinney+
Fri.	Mar.	28	Jerry Shoemaker+
Sat.	Mar.	29	Zsolt Dornay, Jr,

STEWARDSHIP 2013-14				
The Sunday Collection through 3/9/2014				
Weekly Amount Needed	Last Week's Collection	Needed Year to Date	Actual Given Year to Date	Surplus Year to Date
\$ 14,560	\$ 17,598	\$ 524,160	\$ 556,266	\$ 32,106
Online Giving		# Online Givers All Funds: 24	Amount Collected Online: \$ 1,916	
Online Giving is included in the above totals.				

Sun.	3/16/14	KofC Real Deal Breakfast after all Sunday Masses
		Religious Ed, Gr 1-8, 10 am, School
Mon.	3/17/14	Cub Scouts, 6 pm, Gym
		Boy Scouts, 6 pm, Pastoral Center Chapel
		Family Rosary, 6:30 pm Church
		Boy Scouts, 7 pm, Cafeteria
Tues.	3/18/14	Confirmation Class 7 pm, Sullivan Hall
		Respect Life, 7 pm, Pastoral Center Chapel
Wed.	3/19/14	Finance Council, 6:30 pm, Pastoral Center
		Ladies Guild, 7 pm, Pastoral Center Chapel
Thurs.	3/20/14	RCIA, 7 pm, Parish Center Chapel
		Bible Study on Matthew, 7 pm, Sullivan Hall
Fri.	3/21/14	Confessions, 6 pm—7 pm, Church
		Soup Supper, 6 pm, Cafeteria
		Stations of the Cross, 7 pm, Church
		Men's Basketball, 8 pm, Gym
Sun.	3/23/14	Religious Ed, Gr 1-8, 10 am, School
		Respect Life Rosary at Affirmation of Life monument north of church, 10 am

HOSPITALITY IN SULLIVAN HALL

March 16– Time for another KofC Real Meal Breakfast. Please join the Knights for this special time—a great cause, a great meal.

March 23 and March 30—Please consider sponsoring one of these Sundays.

FREQUENTLY REQUESTED NUMBERS
Boy Scouts: Dennis Halpin (206) 365-1971
Cub Scouts: Sean Monahan (608) 234-2931
Knights of Columbus: Michael Gray (206-422-6630) mgray7503@gmail.com
St. Vincent de Paul: Mary Kay Snedden (206) 364-7900
Heaven Guild: Barbara Arnesen (206) 940-5010
Ladies' Guild: Lynn Waterson (206) 849-5546
Funeral Committee: Gini Harmon (206) 364-6834
Marriage Help: Retrouvaille (206) 706-2608
Seniors & Friends: Judy Parsons (206) 367-1714
Holyrood Cemetery: (206) 363-8404
Beck's Funeral Home: (425) 771-1234
Harvey Funeral Home: (206) 632-0100



Pastor's Letter:



Archbishop Sartain praying before the Blessed Sacrament prior to Mass at St. James Cathedral

Dear Brothers and Sisters in Christ,

Before every Mass celebrated by the Archbishop in the cathedral or in any parish, you can find him either in a chapel or a quiet spot in the church praying before Jesus in the Blessed Sacrament. As a man of prayer, the Archbishop knows well that the source of all that he does in ministry as our Chief Shepherd comes from the Lord Jesus. And so, he must spend time with Him. He knows that Jesus is the true focus of our Christian life.

In the latest edition of *Northwest Catholic*, there is a wonderful quote from the Archbishop that bears repeating:

“God alone is enough. This insight dawned on me only gradually as I grew older, started paying attention to my relationship with God, and realized that I literally would not survive without Him. I learned that God is not a lifeline to be used as a last resort; He is, in fact, everything, whether things are going well or badly. One reason we fast and abstain and make sacrifices in Lent – in other words, one reason we ‘do without’ – is so that we can focus on the One we cannot do without.”

My friends, we cannot do without Jesus, during Lent or at any time. May our focus be only on Him and Him alone. And may He bless our Lenten journey, that it may lead us all to the joy of Easter!

Fr David Mulholland

A TIME TO HEAL...PHYSICALLY, EMOTIONALLY, OR SPIRITUALLY

Jeff Cornwell; Dale Cramer, friend of Cornelia Miller; **Cathy Fisher**, friend of Julie Langlie
Brenda Keiffer; Marta Cady, sister of Kathy Keck; **Ann Marie Kurtz**, mother of Lisa Haynes
Dolores Strandberg, mother of Stephanie Hartung; **Alan Schneider**, brother of Bob Schneider; **Maribel Santos**
Willis Parsons, son of Judy and Loren Parsons; **Elaine Nelson**, friend of Nadette Yarbrough; **Patricia Arntzen**
Holly and Maya Weller, daughter-in-law and granddaughter of Dennis and Joanne Weller
Peter Ansberry, friend of Candyce Ochoa; **Father William Hammelman**, brother of Marylee Schaeffer
Maria Shafer; Linda Gimness-Prata; Elvin Dick, father of Sidd Dick
Dan Hines, relative of Karen Favero; **Solar Seeklander**, infant great-nephew of Diane & Lee Lutovsky
Robert Glancy, Sr.; Todd Munger and Lourdes Martin, friends of Julie Bandoy
Charlene Loback; Wanda Morken, friend of Linda Prata; **Laurel Quinn**, niece of Mildred Stevens
Shannon Northrup, niece of Lee and Diane Lutovsky; **Genevieve Shelton; Noah Amundsen**, grandson of Mary and Bob
Doris Syke; Danilo Taliman, Kayleen McDonald, Roger Carasco, and Myra Manlandit, friends of Julie Bandoy
All Those Affected by Typhoon Haiyan; Abraham and Lilda Jimenez, parents of Amelia Yapjoco
Greg McBride; Alexis Heisel, niece of Janet Abele; **David Dato; David Brancale**, son of Ann Brancale
Jennifer Osburn; Jeanne Connell; Rhonda Stegall-Webb, friend of Paul Jensen; **Vicki Russell**
Patrick and Nicole Shepard & their newborn son, granddaughter and family of Ted & Harriet Miller
Richard Ronald, brother of James Ronald; **Bill Clark**, son-in-law of Cornelia Miller
Gloria Abiang, mother of Pauline Cruz; **Dorothy Scholze; Marie Dunlap; Tom Friedel**
Cindy Stendera Gould, daughter of Bertha Stendera; **Ruben Gonzalez; Elmer Dalisky**, friend of Cheryl Keiffer
Bob and Betty Robeson; Marcy Teichman, friend of Cheryl Keiffer; **Kim Moss**, niece of Lee & Diane Lutovsky
Virginia Helbling, sister of John Favero; **Maria Gabrielle Bongalon**, daughter of Fidel Bongalon; **Bob Amundsen**
Kim Menzer, friend of Rebecca Anderson; **Sam and Don Glasnovich**, nephews of Cherie and Todd Chapman
Walker Chapman, nephew of Cherie and Todd Chapman; **Hugo Draye; Marty Liwag**, friend of Maria Arntson
Isidro Bandoy; Dorothy Holm, sister of Veronica Rains; **Randy Rains**, son of Veronica Rains: **Ann Gordon**
Riliegh McConaughy, teenage great granddaughter of Betty and Bob Robeson
Suzy Fearn, friend of Janet Abele; **Carol Coghlan; Jan Zambrano; Rena Britz; Joaquin Naputi**
Carol Monahan, mother of Hugh Monahan; **Lynn Waterson; Robert Schultz**, father of Lynn Schultz; **Cherie Chapman**
Mary Olson; Darlene English; Consuelo Frodsham

A TIME TO REMEMBER THOSE WHO SERVE OUR COUNTRY IN THE MILITARY

Alex Keiffer, SFC, son of Nigel and Cheryl Keiffer
Zachary Sharp, USAR, grandson of Nigel and Cheryl Keiffer
Aaron Collins, Sgt, grandson of Bernard and Joyce Koslosky
Christopher Abele, IT1 (SW/IDW) USN, son of Steven and Janet Abele
Raynor Wales, US Army, friend of Bob and Mary Amundsen
Matthew Johnson, US Air Force, grandson of Helen Bradley
Mark Anthony Silang, USMC
Michael Angelo Silang, USN
Richard Johnson, PFC, US Army, Afghanistan, family friend of Todd and Cherie Chapman
Bryant McDaniel, Air Force, Iraq, nephew of James and Lynn Ronald
John E. Eaton, S/Sgt USMC, grandson of Evelyn Combe
Taylor Amundsen, US Air Force, grandson of Bob and Mary Amundsen
Annika Jensen, USN, daughter of Paul and Maryjane Jensen
Darryl W. Bradshaw, US Coast Guard, nephew of Paul and Maryjane Jensen
Nathan Keiffer - Airman 1st Class, USAF, son of Nigel and Cheryl Keiffer

A TIME TO MOURN...

Brad Desgroseillier, brother of Jean Hunter

40 DAYS FOR LIFE SPRING CAMPAIGN – 44 BABIES SAVED SO FAR!

We need you! Come out and participate in this prayerful, peaceful witness to life. Since 2007 there have been: 600,000 participants from 16,500 churches holding 2,786 total campaigns in 522 cities located in 21 countries resulting in 8,245 lives saved, 88 workers quitting to seek life affirming work and 48 clinics closed! Be part of something big, by doing something little – spending an hour a week praying at a vigil location. Sign up for any day/time of the week or join other St. Mark parishioners participating on Wednesdays in Everett (1509 32nd Street). Sign up by emailing everett40days@gmail.com, contacting Matt Ulrich at mgulrichpl@gmail.com or coming to the vigil. What are you waiting for?

WHAT IS DIVINE MERCY SUNDAY?

Among all of the elements of devotion to The Divine Mercy requested by our Lord through St. Maria Faustina Kowalska, the Feast of Mercy holds first place. The Lord's will with regard to its establishment was already made known in His first revelation to the saint, as recorded in her *Diary*. In all, there were 14 revelations concerning the desired feast.

Our Lord's explicit desire is that this feast be celebrated on the first Sunday after Easter. This Sunday is designated in "The Liturgy of the Hours and the Celebration of the Eucharist" as the "Octave Day of Easter." It was officially called the *Second Sunday of Easter* after the liturgical reform of Vatican II. Now, by the Decree of the Congregation for Divine Worship and the Discipline of the Sacraments, the name of this liturgical day has been changed to: "Second Sunday of Easter, or Divine Mercy Sunday."

(source - <http://thedinemercy.org/message/>) *Jesus, I trust in you!*

RESPECT LIFE MONTHLY MEETING

Join our parish Respect Life committee! Come and see how you can be part of promoting the Gospel of Life in the parish and community. Learn how to help promote a culture of life. Our next meeting is Tuesday, March 18 at 7 pm in the Pastoral Center.

"Nothing we do to defend the human person, no matter how small, is ever unfruitful or forgotten. Our actions touch other lives and move other hearts in ways we can never fully understand in this world. Don't ever underestimate the beauty and power of the witness you give in your pro-life work."
Archbishop Charles Chaput

URGENT NOTICE

It has recently come to our attention that some Archdiocesan employees and volunteers may be victims of a national tax refund fraud. This may result in delayed or diverted tax refunds.

If you would like to check to see if you have been affected, please check with the IRS to see if a return has already been filed in your name.

You may do this several ways:

1) Log-onto the IRS website to check get the transcript of your refund. a. You can Google: IRSGet Transcript or click this link:

<http://www.irs.gov/Individuals/Get-Transcript> to create an account;

2) Call the Individual Tax Line at (800) 829-1040; or

3) Go in-person to a local IRS office. The address in Seattle is: 915 Second Avenue, Seattle

If you find that your tax return is compromised, here are some steps you can take:

1) Report the fraudulent return to the IRS.

a. Contact the Identity Protection Specialized Unit at (800) 908-4490.

b. You will also want to submit IRS Form 14039 - Identity Tax Affidavit with a copy of your driver's license.

2) Check the credit reporting agencies and put fraud alerts on your credit reports.

a. Equifax, Experian and Transunion are the three main credit reporting agencies.

3) Notify law enforcement to create a Identity Theft Report.

a. Submit a report about the theft to the Federal Trade Commission (FTC). Print a copy of the report, called "Identity Theft Affidavit."

b. File a police report with your local police station and include a copy of the Identity Theft Affidavit.

c. Create an Identity Theft Report with the FTC with the Identity Theft Affidavit and your police report.

d. See the FTC website for more information:

<http://www.consumer.ftc.gov/articles/0277-create-identity-theft-report>

If you find that your tax return is compromised, please notify the Archdiocese of Seattle at

taxinformation@seattlearch.org.

DAY OF THE UNBORN CHILD

On Tuesday, March 25, Feast Day of the Annunciation, we are honoring Mary's "yes to become the mother of God," with a Rosary and also celebrating our parish Gabriel Project's 3rd anniversary. We will begin with "Immaculate Mary" and recite the Joyful mysteries, the mysteries of Light, the Sorrowful mysteries, and the Glorious mysteries. We will close with "Hail Holy Queen." Let us pray for those mothers considering abortion, that they may learn from Mary's humility and courage, to say yes to life for their children. Please come, all of you and your families, to lift up our hearts in prayer to Mary on her special day of the Annunciation. Thank you and hope to see you Tuesday evening, March 25th at 7 pm in the church.



SOLE SALVATION

Sole Salvation is a small non-profit Seattle based organization. Our mission is to provide new shoes to those most in need and thereby address the medical, economic, and social harms that result from a lack of proper footwear.

During this upcoming Lenten season we are asking for your generous support for the children without proper footwear in Shoreline and surrounding cities to know what it feels like to have proper footwear. Our donation box will be in Sullivan Hall during Lent. Our focus this year is on shoes from size 3-11. Your cash donation will be appreciated as we have some buying power with certain companies.

If you would like to receive a tax receipt for your donation, please tape your name and address on your donation and we will get a tax receipt to you. We are a 501c-3 nonprofit organization registered under the name of Blue Sky Charities dba SoleSalvation. James and Lynn Ronald



ST. JOSEPH NOVENA

To conclude this novena, we will celebrate at a **9:00 Mass on Wednesday, March 19,** the Solemnity of St. Joseph, which will be followed by a reception.

ST. JOSEPH, PRAY FOR US!

ANNUAL CATHOLIC APPEAL PAYMENTS AND MATCHING GIFTS:

Final Payments on your 2013 Annual Catholic Appeal Pledge are due to the ACA Office no later than Monday, April 14th. Any payments received after this date will be credited to the 2014 campaign.

For your convenience, you can make a payment by credit or debit at: www.seattlearchdiocese.org/pp or call 206-382-4274.

For stock, call 206-382-7316 or 800-422-5417.

Paying by check: Annual Catholic Appeal, PO Box 14964, Seattle 98114

Please do not put ACA payments in the parish collection basket.

MATCHING GIFTS: Once you've made your final payment, check with your employer about matching the total amount paid to the campaign.



March 10, 2014

Dear Living Life as Sacred Story Participants at St. Mark Parish,

As you embark on your Ignatian 40-week journey of prayer, be assured of my prayers. You are beginning your journey in Lent, and it will take you up to just before Christmas, 2014. As you encounter the Lord Jesus personally, you will become even more conscious that the ministry of the Lord Jesus is one of reconciliation -- for us individually, for our Church, and for every human person made in the image of God. We know that he came that "we might have life and have it to the fullest." We also know that he came to create the "new heavens and a new earth" through his triumph over sin, sickness, and even death itself.

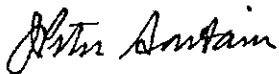
We know from those who made this journey before you how powerful and life-changing the whole-life confession is that comes at Week 12 in your journey. The Sacred Story Institute is working with the Archdiocese for a series of special mini-retreats in May at the Alex J. Brunett Retreat Center at the Palisades for your whole-life confession. Plan on making a May pilgrimage to the Palisades to take advantage of this special gift of God's love. Do not let fear or anxiety keep you from knowing the great Mercy of Jesus in this healing sacrament of Reconciliation!

Please know that each of you will have a special place in my prayers and Masses for this entire 40-week journey and especially at the time of your whole-life confession. May you encounter the Christ who told the disciples in the upper room, "Peace be with you." This is our brother, Lord, and Savior, Jesus, who, in giving the gift of the Holy Spirit to the newborn Church, commanded his disciples to forgive sins.

You are sharing in the very center of the Christian message by offering your entire lives to the Lord for his healing, forgiveness and enlightenment. It is my sincere prayer that you experience the abundant grace of his forgiving love. May that love propel you forward in your sacred story journey so that you may bear fruit that endures to eternity.

With every best wish and prayer, I am

Sincerely in Christ,

+ 

Most Rev. J. Peter Sartain
Archbishop of Seattle

LIVING LIFE AS SACRED STORY 2014: FORTY WEEKS

(BOOKS ARE STILL AVAILABLE IN THE PARISH OFFICE)

Sacred Story is a daily, strategic prayer method, based on the life and experiences of St. Ignatius of Loyola, which offers you the chance to look at your life through the lens of God's immeasurable love for you. In this light, you will develop a new compassion for yourself as you come to understand the wounds behind your thoughts, words and deeds; you will have the courage to name and change any destructive patterns holding you back from all God has planned for you. It is a journey of grace that will yield dividends both now and in eternity!

Summary

Forty Weeks has three primary goals:

- 1. Help participants develop a personal relationship with the Lord Jesus**
- 2. Unlock the graces of sacramental Reconciliation**
- 3. Learn the art of spiritual discernment in the large and small choices of one's life**

Forty Weeks offers three spiritual exercises to accomplish the above goals:

15 Minute Daily Prayer

The daily element of Forty Weeks is intended to help individuals develop a daily relationship with Jesus. To help you toward this relationship we propose the lesson for the week, including 15 minute times of prayer that you chose to do once or twice daily.

Whole Life Confession

The heart of the first third of the 40-week journey is the Whole Life Confession. Participants have found this to be one of the most important spiritual events in their lives. There will be several opportunities for experiencing this you will learn about and you should move toward week 11 with this holy goal in mind.

Faith-Sharing Group (Optional)

Some previous Forty Weeks participants have told us how helpful it was to share the prayer journey experience with others. Parishioners are encouraged to arrange a faith-sharing group amongst themselves if they so desire. Groups can meet weekly or monthly, adjusting the schedule to suit their desires.



Lent 2014

St. Mark Parish

The Light is on for You!

St. Mark, along with all parishes in the Archdiocese of Seattle, will offer a special time for the Sacrament of Reconciliation on Friday evenings **through April 11 from 6 to 7 pm.**

Soup Suppers and Stations of the Cross

Fridays during Lent are days of abstinence, so please join us for a simple Soup Supper at 6 pm. in the Cafeteria, immediately followed by Stations of the Cross in the Church at 7 pm.

Confessions

There will be special Confession hours during Saturdays of Lent: **7:30 am-8:45 am and 3:00 pm-4:30 pm**

In addition, on **Wednesday, April 2 at 7 pm**, there will be an opportunity for confessions with several priests in attendance.

Stations at the School

On March 28 and April 11, the school will present Stations of the Cross at 2 pm. On April 18 the Parish School 8th Grade will put on their Annual Passion Play at 11 am.

Regulations for Fast and Abstinence

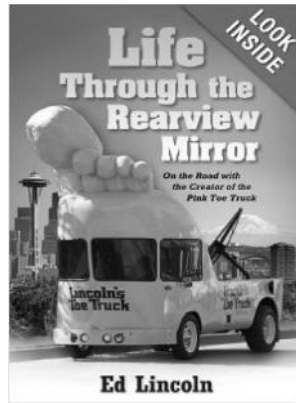
**Ash Wednesday & Good Friday are days of fast and abstinence.
All Fridays of Lent are days of abstinence.**

Fast: On a day of fasting, one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal the other full meal. Eating between meals is not permitted, but liquids, including milk & juices, are permitted. All Catholics who are 18, but not 59 years old are bound by the law of fast. We are also encouraged to keep the ancient Paschal Fast, which includes Good Friday, and Holy Saturday, ending after the Easter Vigil.

Abstinence: On days of abstinence no meat is allowed. All Catholics who are 14 and older are bound by the law of abstinence. Note that when health or ability to work would be seriously affected, the law does not oblige

St. Mark Seniors and Friends Potluck

March 30, 2014 following the 11:00 am Mass



Join the Seniors & Friends in welcoming Ed Lincoln, the owner of Lincoln Towing and the creator of the Pink Toe Truck. As an author, speaker, storyteller and humorist, he really enjoys entertaining people. He has written a book titled, "Life Through the Rearview Mirror", which is a nonfictional account of his life growing up in eight different neighborhoods in greater Seattle. He has lived a total of 70 years in Seattle, and its surrounding areas.

"In this charming and refreshingly frank memoir, the creator of Seattle's Pink Toe Truck shares heartwarming and rollicking tales that illustrate his passion for family, hard work and hilarity. Ed Lincoln invites you to jump in the passenger's seat and take a peek through the rearview mirror as he reveals surprising life lessons that have spanned the decades. This true story once again proves that fact is often more compelling than fiction. You will burst out laughing, hold back tears and maybe even dust off a few nuggets of wisdom to put in your own back pocket." You will also have the opportunity to purchase an autographed copy of his book.

Everyone 50 or older is welcome to bring a dish for the potluck and listen to a fun presentation by Ed Lincoln.

Any questions call:

Sylvia Ebert 206 362-0236

Marilyn Gruhn 206 362-3648

Mary Pat Lord 206 362-8240

Judy Parsons 206 367-1714

St. Mark 21st Annual Parish Auction



The St. Mark Annual Auction is fast approaching...

DON'T MISS OUT ON THIS FUN EVENT!!

- The Family Night Auction, on Wednesday, April 30, at 5:30 pm is open to all.
- Our Gala Evening on Saturday, May 3, at 5:30 pm is by reservation only. Please contact Tami Martin at (206)364-1633, if you would like to receive an invitation.

This year's **FUND AN ITEMS** will be school curriculum and classroom technology updates. In addition, there will be a wide variety of items to bid on; you may even find gifts for Mother's and Father's Day. Some of this year's items include: a San Diego Trip, Keurig Coffee Maker, Kitchenaid stand up mixer, an ever-popular Principal of the Day, Sorrento Hotel Getaway, Parish Street (the road by the side of the gym) in your family name, and much more. Please contact Irene Foz at (206)331-8800 or Cathy Bellande (206)755-2395 for donations of Time, Talent, or Treasure. If you can't attend this year, please consider a donation to the school in the name of the auction.