

A LENTEN PRAYER

O gracious Master, infuse in our hearts the spotless light of Your Divine Wisdom and open the eyes of our mind, that we may understand the teachings of Your Gospel. Instill in us also the fear of Your blessed commandments, so that having curbed all carnal desires, we may lead a spiritual life, both thinking and doing everything to please You. For You, O Christ, our God, are the enlightenment of our souls and bodies; and to You we render glory, together with Your eternal Father, and with Your all holy, life-creating Spirit, now and ever, and forever. Amen.



This Lenten Mission will be guided by priests of the St. John Society and sisters of the Society of Mary. The Saint John Society (SSJ) is a Society of Apostolic life, fully devoted to the New Evangelization. They develop programs of the New Evangelization that call, form, and send leaders into the world.

To find more about the SSJ visit their website:
www.socsj.org.

To learn more about our ministry in Oregon visit:
www.stpatrickpdx.org.

THE PRESENTERS

- Priests:** Fr. Ignacio Llorente, SSJ
Fr. Maximo Stock, SSJ
- Sisters:** Sister Bernadette
Sister Isabel
- Students:** Monica Kolinska
Catherine Stone
Chad Etzel
David Lach

For more information, please contact:

Mr. Andrew M. Steele
Pastoral Assistant for Faith Formation
(206) 364-7900
stmarkfaithformation@gmail.com

St. Mark Catholic Church

18033 15th PL. N.E. | Shoreline, WA
(206) 364-7900
www.saintmarkshoreline.org
Find Us on Facebook!

PARISH LENTEN MISSION 2013

How to become a
DYNAMIC
Catholic?

**MONDAY, MARCH 4TH
TO
THURSDAY, MARCH 7TH**

WITH
MORNING, AFTERNOON, & EVENING
SESSIONS

PLUS
PARALLEL EVENING SESSIONS FOR
HIGH SCHOOL STUDENTS



A study done by the Dynamic Catholic Institute reveals that 80% of volunteer hours and financial support in parishes in the U.S is done by 7% of parishioners. These parishioners are referred to as “dynamic” or “engaged” Catholics. What do they have in common? They **Pray, Evangelize, Give, and Study**. During this Parish Mission, we will help you become a more engaged Catholic. At each session, we will explore the four signs of a dynamic and engaged Catholic.

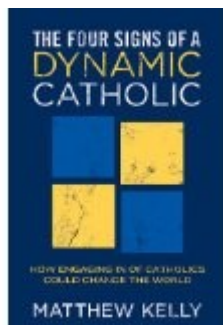
This Parish Mission will include:

- **Spiritual coaching and confessions**
- **Parallel Evening Sessions for teens in High School, led by college students**
- **Daily Mass**
- **Eucharistic Adoration**

Each morning, *with the exception of Monday*, we will give the same presentation for those who cannot attend the evening sessions.

This Mission will contain principles from Matthew Kelly’s book, *The Four Signs of a Dynamic Catholic*.

Copies of this book will be made available to Mission participants. We ask only for a **\$3.00 donation** to help offset the cost of the books.



SCHEDULE

I. MONDAY—MARCH 4TH

7:00 PM **EVENING SESSION #1**
HOW TO BE SPIRITUALLY HEALTHY?

Fr. Ignacio Llorente will explain the concept of a dynamic Catholic and will teach us how to develop a routine of daily prayer.

II. TUESDAY—MARCH 5TH

8:00 AM *Daily Mass (Fr. Maximo Stock)*
9:00 AM **MORNING SESSION #1**
to **JESUS’S LIFESTYLE: THINKING LIKE JESUS**
11:00 AM

Fr. Maximo Stock will present the importance of thinking and living according to the Gospel principles. He will present how to become an informed Catholic and how to read the Bible.

11:00 AM **BIBLE STUDY FOR WOMEN** (Led by the Sisters of the Society of Mary)
4:00 PM **SPIRITUAL COACHING & CONFESSIONS**
to *(See the Sign-up Sheet in the Vestibule)*
6:30 PM
7:00 PM **EVENING SESSION #2**

JESUS’S LIFESTYLE: THINKING LIKE JESUS

Fr. Maximo Stock will present the importance of thinking and living according to the Gospel principles. He will present how to become an informed Catholic and how to read the Bible.

III. WEDNESDAY—MARCH 6TH

8:00 AM *Daily Mass (Fr. Ignacio Llorente)*

9:00 AM **MORNING SESSION #2**
to **THE JOY OF GIVING**

11:00 AM

Sister Bernadette, from the Society of Mary, will help us discover our God-given strengths and how to share them with others.

11:00 AM **BIBLE STUDY FOR WOMEN** (Led by the Sisters of the Society of Mary)

4:00 PM **SPIRITUAL COACHING & CONFESSIONS** *(See the Sign-up Sheet in the Vestibule)*
to

6:30 PM

7:00 PM **EVENING SESSION #3**
THE JOY OF GIVING

Sister Bernadette, from the Society of Mary, will help us discover our God-given strengths and how to share them with others.

IV. THURSDAY—MARCH 7TH

8:00 AM *Daily Mass (Fr. Ignacio Llorente)*

9:00 AM **MORNING SESSION #3**
to **HOW TO BECOME AN EVANGELICAL CATHOLIC?**
11:00 AM

Fr. Ignacio will present tools to become a missionary of the New Evangelization. We will end the retreat with Eucharistic Adoration and Benediction.

4:00 PM **SPIRITUAL COACHING & CONFESSIONS** *(See the Sign-up Sheet in the Vestibule)*
to

6:30 PM

7:00 PM **EVENING SESSION #4**
HOW TO BECOME AN EVANGELICAL CATHOLIC?

Fr. Ignacio will present a repeat of the morning session.