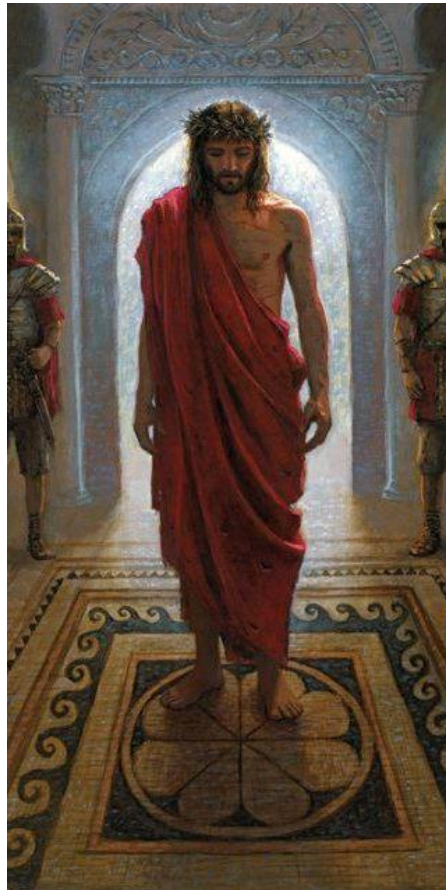




## Pastor's Letter: The Lord's Passion begins....



*Behold the Man*

“God has endowed the human soul with the gift of imagination, enabling us to think of the past and present and future, like three acts in human history. Each of them is a part of the whole and Christ’s Passion explains all of them. We can be sorrowful if we think everything is over, or be anxious if we think everything is uncertain, or be infinitely happy as we stay with Him to the end. As Christ carries His cross past us, He gives us each a choice of what role to play. Ralph Waldo Emerson wrote, ‘Sorrow looks back; worry looks around; but faith looks up!’”

- Fr. George William Rutler

### *A Prayer for Holy Week*

*Heavenly Father, help me to learn from the past and not be haunted by it; to rejoice in the present and not be burdened by it; and to hope for the future and not be afraid of it. Amen*

# Palm Sunday of the Passion of our Lord • March 29, 2015

## MASS INTENTIONS

Sun.	Mar.	29	Sunday Mass
Mon.	Mar.	30	No Mass
Tues.	Mar.	31	Dean Pefley+
Wed.	Apr.	1	Tom Kelly+
Thurs.	Apr.	2	Holy Thursday (Mass at 7 pm)
Fri.	Apr.	3	Good Friday (Liturgy at 7 pm)
Sat.	Apr.	4	Easter Vigil (Mass at 7 pm—NOTE CHANGE)
Sun.	Apr.	5	Easter Masses at 7:30, 9:00, and 11:00 am
Mon.	Apr.	6	Easter Monday—no Mass
Tues.	Apr.	7	Rod Belcher+
Wed.	Apr.	8	Orencio Duyungen+
Thurs.	Apr.	9	Edward Rudzenski+
Fri.	Apr.	10	Beatrice Rogalski+
Sat.	Apr.	11	John Ebert+

## HOSPITALITY IN SULLIVAN HALL

March 29—Yes, this month has 5 donut Sundays. Just a note to those special providers.

April 5—Alleluia, it's Easter Sunday. Please enjoy this day in the joyful knowledge that we are truly saved.

## FREQUENTLY REQUESTED NUMBERS

**Boy Scouts:** Dennis Halpin (206) 365-1971  
**Cub Scouts:** Sean Monahan (608) 234-2931  
**Knights of Columbus:** Jim O'Sullivan (206) 832-7231  
**St. Vincent de Paul:** Mary Kay Snedden (206) 364-7900  
**Heaven Guild:** Barbara Arnesen (206) 940-5010  
**Ladies Guild:** Lynn Waterson (206) 849-5546  
**Funeral Reception Volunteers:** Gini Harmon  
 (206) 364-6834  
**Marriage Help:** Retrouvaille (206) 706-2608  
**Seniors & Friends:** Judy Parsons (206) 367-1714  
**Holyhood Cemetery:** (206) 363-8404  
**Beck's Funeral Home:** (425) 771-1234  
**Harvey Funeral Home:** (206) 632-0100

## STEWARDSHIP 2014-15 The Sunday Collection through 3/22/2015

Weekly Amount Needed	Last Week's Collection	Needed Year to Date	Actual Given Year to Date	Shortfall Year to Date
\$ 15,500	\$ 12,634	\$ 589,000	\$ 560,503	(\$ 28,497)
<b>Online Giving</b>	<b># Online Givers</b>	<b>Amount Collected Online:</b>		
	<b>All Funds: 26</b>	<b>\$ 1,196</b>		

## CALENDAR

Date	Event
Sun. 3/29/15	Palm Sunday
Mon. 3/30/15	Cub Scouts, 6 pm, Gym
	Family Rosary, 6:30 pm, Church
	Boy Scouts, 7 pm, Cafeteria
	Light Weigh, 7 pm, Sullivan Hall
Wed. 4/1/15	Heaven Guild, 11:30 am, Sullivan Hall
Thurs. 4/2/15	Holy Thursday Mass at 7 pm
Fri. 4/3/15	Good Friday Liturgy at 7 pm
Sat. 4/4/15	Easter Vigil, 7 pm
Sun. 4/5/15	Easter Masses at 7:30, 9:00, & 11:00 am
	Easter Egg Hunt after 11:00 am Mass
Mon. 4/6/15	Cub Scouts, 6 pm, Gym
	Family Rosary, 6:30 pm, Church
	Boy Scouts, 7 pm, Cafeteria
Wed. 4/8/15	RCIA, 6:30 pm, Sullivan Hall
	St. Gianna Molla Women's Group, 7 pm, Parish Center Parlor
Thurs. 4/9/15	Bible Study, 7 pm, Sullivan Hall
Sat. 4/11/15	Baptism Class after Morning Mass, Sullivan Hall
Sun. 4/12/15	Divine Mercy Celebration, 1215 pm, Cafeteria
	Third Order of Mary, 1:30 pm, Parish Center Chapel
Mon. 4/13/15	Cub Scouts, 6 pm, Gym
	Family Rosary, 6:30 pm, Church
	Boy Scouts, 7 pm, Cafeteria
	Light Weigh, 7 pm, Sullivan Hall
Tues. 4/14/15	Gabriel Project 6:30 pm, Parish Center Chapel

## A TIME TO HEAL...PHYSICALLY, EMOTIONALLY, OR SPIRITUALLY

**Jean Tiberio; Bobbie Sours; Shari Amundsen; Joel Rivera; Veronica Rains; Dick Amundsen**, brother-in-law of Mary Amundsen  
**Maritza Nolasco**, friend of Mary Lou Jimenez; **Corinne Zamberlin**, sister-in-law of Rose Buckley  
**Judy Romine**, niece of Rose Buckley; **Anna Epps**, grand-niece of Rose Buckley; **Kenneth Vos**, brother of Millie Stevens  
**Judy Arlene Smith**, sister of Gayle Hanks; **Rosalie Tudor**, cousin of Tom Lord; **Stephanie Bird**, niece of Charlotte Arthur  
**Timothy O'Neill**, brother of Charlotte Arthur; **Dorothy Holm**, sister of Veronica Rains; **Christine Von Lossow**, daughter of Joanne Tall  
**Laurel Quinn**, niece of Millie Stevens; **Neil Pearson; Susan Riley; Joe Kassuba**, brother-in-law of Mary Amundsen  
**Sister Anne Cornelia**, sister of Cornelia Miller; **Lynn Waterson; Claudia Sargent; Dennis Meehan**, brother of Harriet Miller  
**Don Dadula; Angela Zamberlin**, niece of Rose Buckley; **Bob Brancale**, son of Anne Brancale;  
**Patrick Buckley**, brother of Bill Buckley; **Loraine Hoag**, mother of Jay Hoag; **Kari Stockholm**, friend of Julie Bandoy  
**Bienvenido Mendoza**, father of Flordeliza Atieneza; **Kristin Cornuelle and Leland Stamm**, members of the Lombard Family  
**Annette and Rod Fischer; David Dato; Alan Schneider**, brother of Bob Schneider  
**Jean Calderon and Carlene Sy**, friends of Julie Bandoy; **Lori Tamayo**, friend of Zeny Manaloto **Elenor K. Schoen; Dorothy Munson**  
**Donna Barlett**, mother of Sheila King; **John Arnesen**, son of Barbara Arnesen  
**Jeanne Connell; Elsie Demers; Emilio Gonzalez**, grandson of Marsha Gonzalez; **Stephanie Hartung**  
**Mary Massey, Franky San Nicholas, and Francisco Naputi**, niece, nephew, and brother-in-law of Joan Naputi  
**Christopher Lasher**, friend of Janina Pacunski; **Makenzie Garlock**, friend of Steve and Janet Abele; **Hugo Draye; Scott Halfrich**  
**Mary Schantz; Ursula Skinner**, friend of Jim and Barbara Doughty; **Vivian Russ**, aunt of Janet Abele; **Laura Alamillo**  
**Ernesto Ladrido**, friend of Julie Bandoy; **Noral Kofer**, friend of Janet Abele; **Audi Edwards**  
**Scott Strandberg**, brother of Stephanie Hartung; **Frank Martinez**, father of Claire Becker; **Pat Butler**, cousin of Vicki Russell  
**Jeff Cornwell; Marta Cady**, sister of Kathy Keck; **Ann Marie Kurtz**, mother of Lisa Haynes  
**Dolores Strandberg**, mother of Stephanie Hartung; **Willis Parsons**, son of Judy and Loren Parsons; **Patricia Arntzen**  
**Holly Weller**, daughter-in-law of Dennis and Joanne Weller; **Maria Shafer; Elvin Dick**, father of Sidd Dick; **Dan Hine**  
**Robert Glancy, Sr.; Noah Amundsen**, grandson of Mary Amundsen; **Doris Sykes; Charlene Loback**  
**Todd Munger; Lourdes Martin; Danilo Taliman, Roger Carasco, and Myra Manlangit**, friends of Julie Bandoy  
**Greg McBride; David Brancale**, son of Ann Brancale; **Jennifer Osburn; Rhonda Stegall-Webb**, friend of Paul Jensen  
**Vicki Russell; Nicole, Patrick, and Logan Shepard**, granddaughter and family of Ted & Harriet Miller  
**Bill Clark**, son-in-law of Cornelia Miller; **Gloria Abiang**, mother of Pauline Cruz  
**Marie Dunlap; Tom Friedel; Cindy Stendera Gould**, daughter of Bertha Stendera  
**Walker Chapman, Sam and Don Glasnovich**, nephews of Cherie and Todd Chapman  
**Marty Liwag**, friend of Maria Arntson; **Isidro Bandoy; Randy Rains**, son of Veronica Rains; **Ann Gordon**  
**Riliegh McConaughy**, great granddaughter of Betty Robeson; **Rena Britz; Joaquin Naputi**  
**Cherie Chapman; Mary Olson; Darlene English**

## A TIME TO REMEMBER THOSE WHO SERVE OUR COUNTRY IN THE MILITARY

**Pvt. Isaiah Thorne, USMC**, son of John and AnnaLise Thorne  
**David Leitzen, SPC, US Army**, grand-nephew of Mrs. Elenor Loarie Schoen, and nephew of Teresa and Elenor K. Schoen  
**Darryl W. Bradshaw, US Coast Guard**, nephew of Paul and Maryjane Jensen  
**Annika Jensen, USN**, daughter of Paul and Maryjane Jensen  
**Taylor Amundsen, USAF**, grandson of Mary Amundsen  
**John E. Eaton, S/Sgt USMC**, grandson of Evelyn Combe  
**Bryant McDaniel, USAF**, nephew of James and Lynn Ronald  
**Michael Angelo Silang, USN**  
**Mark Anthony Silang, USMC**  
**Matthew Johnson, USAF**, grandson of Helen Bradley  
**Christopher Abele, IT1 (SW/IDW) USN**, son of Steven and Janet Abele  
**Nathan Keiffer, Airman 1st Class, USAF**, son of Nigel and Cheryl Keiffer  
**Zachary Sharp, USAR**, grandson of Nigel and Cheryl Keiffer

## A TIME TO MOURN...

**John Shumaker**, friend of Janet Abele  
**Robert Glancy, Sr.**  
**Alvin Winterroth**

"May He support us all the day long, till the shades lengthen and the evening comes, and the busy world is hushed, and the fever of life is over, and our work is done. Then in His mercy may He give us a safe lodging, and a holy rest, and peace at the last." J. H. Cardinal Newman



# SACRED TRIDUUM 2015

## APRIL 2—HOLY THURSDAY

*No 8:00 a.m. Mass*

- 7:00 p.m. **Mass of the Lord's Supper-The Mandatum** (Washing of the feet.) (*Incense*)  
Collection taken up for our St. Vincent de Paul Society.  
Exposition & Adoration of the Blessed Sacrament until midnight.  
(The Perpetual Adoration Chapel will be closed from 7 p.m. on Holy Thursday until after the Easter Vigil Mass.)

## APRIL 3—GOOD FRIDAY

*Day of Fast & Abstinence-No 9:00 a.m. Mass*

- 11:00 a.m. Stations of the Cross led by the 8th grade  
7:00 p.m. **The Passion of the Lord**  
Veneration of the Cross and Holy Communion

## April 4—HOLY SATURDAY

*No 9:00 a.m. Mass ; No 5:00 p.m. Vigil Mass*

- 7:00 p.m. **Easter Vigil Mass** (*Incense*)

## APRIL 5—EASTER SUNDAY

- 7:30 a.m. **Mass**  
9:00 a.m. **Mass** (*Incense*)  
11:00 a.m. **Mass** (*Incense*)  
*Knights of Columbus Easter Egg hunt immediately following the 11:00 am Mass.*

### Regulations for Fast and Abstinence

Ash Wednesday & Good Friday are days of fast and abstinence.

All Fridays of Lent are days of abstinence.

**Fast:** On a day of fasting, one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal the other full meal. Eating between meals is not permitted, but liquids, including milk & juices, are permitted. All Catholics who are 18, but not 59 years old are bound by the law of fast. We are also encouraged to keep the ancient Paschal Fast, which includes Good Friday, and Holy Saturday, ending after the Easter Vigil.

**Abstinence:** On days of abstinence no meat is allowed. All Catholics who are 14 and older are bound by the law of abstinence. Note that when health or ability to work would be seriously affected, the law does not oblige.

## SPIRITUAL ADOPTION (DAY 1)

Thank you for participating in this Spiritual Adoption program! We hope you enjoy it. You will receive information with updates on your spiritually adopted baby's development each month. Already, your spiritually adopted baby is a wonder! Even though she is only one cell, everything about this little person is already present: eye color, blood type, how tall she will be, hair color-everything! This baby will play a role in our community only she can play! This baby's parents do not even now she exists yet—please pray for them to safely bring their baby to birth so she can fulfill the mission God has planned for her.

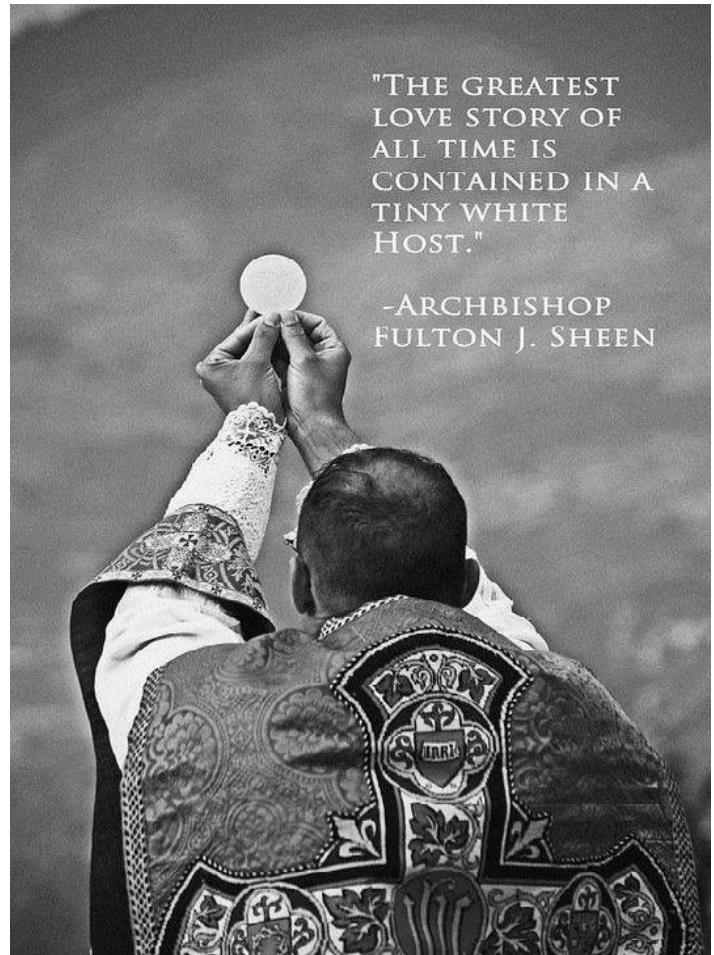
**MARRIAGE HELP** – Conflict in your marriage? Not sure how to move forward? Retrouvaille can help. For confidential information about, or to register for our upcoming program beginning **April 24-26, 2015** call **206-706-2608** or visit our website at **www.HelpOurMarriage.com**

## NATURAL FAMILY PLANNING

NFP is a form of family planning that is safe, healthy, and 99% effective, besides being in accord with the Catholic Church's teachings on marriage. Starting April 26th, a 3-class session will be offered at Our Lady of Perpetual Help in Everett from 2:00 - 5:00 p.m. in the Faith Formation Building. For more information or to sign up, contact Adrienne and Kirk Wieber at 425-418-3835 or [kirkadrienne@gmail.com](mailto:kirkadrienne@gmail.com) or visit the Couple to Couple League's website at [www.ccli.org](http://www.ccli.org)

## EASTER EGG HUNT

As in years past there will be an Easter Egg Hunt for children after the 11 am Mass on Easter Sunday. Please donate plastic eggs and small WRAPPED candies so that the Knights can bring joy to the kids again. *If your children are going to participate, it would really help the Knights if you could contribute candy.* Bring donations to the Parish Office or the School or drop it off in Sullivan Hall; they will find their way to the right people.



## DIVINE MERCY NOVENA

The Divine Mercy novena began as a private devotion which Our Lord revealed to Saint Maria Faustina Kowalska. The words of the prayers were dictated by Christ Himself to Saint Faustina, and Saint Faustina recorded in her diary Our Lord's instructions for each day's prayer.

Christ asked Saint Faustina to recite the novena starting on Good Friday and **ending on Divine Mercy Sunday**, the Octave of Easter (the Sunday after Easter Sunday). The novena can be recited at any time of the year, however, and it is often accompanied by the Divine Mercy Chaplet, which Our Lord also revealed to Saint Faustina. Copies of the Novena will be available in the vestibule on Good Friday.

**The message of The Divine Mercy is simple. It is that God loves us — all of us. And, he wants us to recognize that His mercy is greater than our sins, so that we will call upon Him with trust, receive His mercy, and let it flow through us to others. Thus, all will come to share His joy. (source - <http://thedinemercy.org/message/>)**

*Jesus, I trust in you!*

# **Divine Mercy Sunday**

*Sunday, April 12, 2015*

**St. Mark Parish**

18033 15th Place NE, Shoreline



At 2:00 pm we will begin with Exposition of the Blessed Sacrament  
followed by a Divine Mercy Reflection by Father David Mulholland

At 3:00 pm The Divine Mercy Chaplet will be sung

Following the program a Spaghetti Dinner will be served by the Knights of Columbus

Contact John Zambrano at 425-744-0174 with questions or to RSVP for dinner  
No charge for dinner; free will offerings welcomed

*Hosted by the St. Mark Respect Life Committee*