

3rd Sunday in Lent • March 8, 2015

MASS INTENTIONS

Sun.	Mar.	8	Sunday Mass
Mon.	Mar.	9	No Mass
Tues.	Mar.	10	James Coghlan+
Wed.	Mar.	11	Eliane Irvine+
Thurs.	Mar.	12	Beatrice Rogalski+
Fri.	Mar.	13	Helen Coghlan+
Sat.	Mar.	14	Christopher Connors+
Sun.	Mar.	15	Sunday Mass
Mon.	Mar.	16	No Mass
Tues.	Mar.	17	John Ebert+
Wed.	Mar.	18	Frank Perry+
Thurs.	Mar.	19	Don Dellessandro+
Fri.	Mar.	20	Maribel Santos+
Sat.	Mar.	21	Lawrence Bradley+

HOSPITALITY IN SULLIVAN HALL

March 8—Watch the **Scouts** “spring” into action as they serve donuts on this first day of Daylight Savings, which began at 2 am on this morning and unofficially marks the end of winter and the beginning of spring.

March 15—Top o’ the Morning to You! The Knights are having a St. Patrick’s Day breakfast with corned beef hash and green pancakes!!!

FREQUENTLY REQUESTED NUMBERS

Boy Scouts: Dennis Halpin (206) 365-1971
Cub Scouts: Sean Monahan (608) 234-2931
Knights of Columbus: Jim O’Sullivan (206) 832-7231
St. Vincent de Paul: Mary Kay Snedden (206) 364-7900
Heaven Guild: Barbara Arnesen (206) 940-5010
Ladies Guild: Lynn Waterson (206) 849-5546
Funeral Reception Volunteers: Gini Harmon
(206) 364-6834
Marriage Help: Retrouvaille (206) 706-2608
Seniors & Friends: Judy Parsons (206) 367-1714
Holyrood Cemetery: (206) 363-8404
Beck’s Funeral Home: (425) 771-1234
Harvey Funeral Home: (206) 632-0100

STEWARDSHIP 2014-15 The Sunday Collection through 3/1/2015

Weekly Amount Needed	Last Week's Collection	Needed Year to Date	Actual Given Year to Date	Shortfall Year to Date
\$ 15,500	\$ 19,873	\$ 542,500	\$ 519,672	(\$ 22,828)
Online Giving	# Online Givers All Funds: 35		Amount Collected Online: \$ 3,026	

CALENDAR

Sun.	3/8/15	Auction Committee, noon, Gym
		3rd Order of Mary, 1:30 pm, Parish Center Chapel
Mon.	3/9/15	Cub Scouts, 6 pm, Gym
		Family Rosary, 6:30 pm, Church
		Boy Scouts, 7 pm, Cafeteria
		Light Weigh, 7 pm, Sullivan Hall
Tues.	3/10/15	Gabriel Project, 6:30 pm, Parish Center Chapel
		KofC Officer Meeting, 7 pm
		St. Vincent de Paul, 7:30 pm, Library
Wed.	3/11/15	First Communion Meeting, 6:15 pm, School
		RCIA, 6:30 pm, Sullivan Hall
		St. Gianna Molla Women’s Group, 7 pm, Parish Center Parlor
Thurs.	3/12/15	NO Confessions tonight
		Bible Study, 7 pm, Sullivan Hall
Fri.	3/13/15	Soup Supper with Knights of Columbus, 6 pm, Cafeteria
		Stations of the Cross, 7 pm, Church
Sun.	3/15/15	St. Patrick’s Day Breakfast after all Masses
		Auction Decorating, noon, Gym
Mon.	3/16/15	Cub Scouts, 6 pm, Gym
		Family Rosary, 6:30 pm, Church
		Boy Scouts, 7 pm, Cafeteria
		Light Weigh, 7 pm, Sullivan Hall
		School Commission Meeting, 7 pm, School
Tues.	3/17/15	Respect Life Meeting, 7 pm, Parish Center Chapel
		Confirmation, 7 pm, Sullivan Hall



Pastor's Letter:



Whose old and broken, the Church or me?

Dear Brothers and Sisters in Christ,

“In those days, in their thirst for water, the people grumbled against Moses, saying, ‘Why did you ever make us leave Egypt....’ [where everything was just wonderful and rosy!!!]” -Exodus 17:3

The last line from the quote from our first reading today is obviously mine.....but don't we all think that way when we grumble, whether against God or others? We grumble and complain, sometimes not realizing that we sound really ridiculous! We often approach our faith in the same way. For example, we can complain that the Church is tired and old and no longer relevant....it's literally broken down. However, we are the ones who are broken! We are the ones who need transformation, when we might think we just need a tweak or an adjustment.

As we move through the season of Lent, with courage, let us pray to Jesus for the transformation that we really need to make our lives joyful and fulfilled; and the courage to receive that transformation, whatever it might be.

Along those lines, please pray for me....the week after next I will be attending the week long *Healing the Whole Person* conference in Tallahassee. Dr. Bob Schuchts will be bringing the weekend version to Saint Mark this coming August. May the Lord's grace truly shine upon us all.

Blessings,

Fr David Mulholland

A TIME TO HEAL...PHYSICALLY, EMOTIONALLY, OR SPIRITUALLY

Veronica Rains

Dick Amundsen, brother-in-law of Mary Amundsen; **Maritza Nolasco**, friend of Mary Lou Jimenez
Corinne Zamberlin, sister-in-law of Rose Buckley; **Judy Romine**, niece of Rose Buckley; **Anna Epps**, grand-niece of Rose Buckley
Kenneth Vos, brother of Millie Stevens; **Judy Arlene Smith**, sister of Gayle Hanks
Jerry Ellis, friend of Cathy Henricks; **Rosalie Tudor**, cousin of Tom Lord; **Stephanie Bird**, niece of Charlotte Arthur
Timothy O'Neill, brother of Charlotte Arthur; **Dorothy Holm**, sister of Veronica Rains; **Christine Von Lossow**, daughter of Joanne Tall
Laurel Quinn, niece of Millie Stevens; **Neil Pearson**; **Susan Riley**; **Joe Kassuba**, brother-in-law of Mary Amundsen
Sister Anne Cornelia, sister of Cornelia Miller; **Lynn Waterson**; **Claudia Sargent**; **Dennis Meehan**, brother of Harriet Miller
Don Dadula; **Angela Zamberlin**, niece of Rose Buckley; **Bob Brancale**, son of Anne Brancale; **John Schumaker**, friend of Janet Abele
Patrick Buckley, brother of Bill Buckley; **Loraine Hoag**, mother of Jay Hoag; **Kari Stockholm**, friend of Julie Bandoy
Bienvenido Mendoza, father of Flordeliza Atieneza; **Kristin Cornuelle and Leland Stamm**, members of the Lombard Family
Annette and Rod Fischer; **David Dato**; **Alan Schneider**, brother of Bob Schneider
Sara Erickson, friend of Janet Abele; **Jean Calderon and Carlene Sy**, friends of Julie Bandoy; **Lori Tamayo**, friend of Zeny Manaloto
Elenor K. Schoen; **Dorothy Munson**; **Donna Barlett**, mother of Sheila King; **John Arnesen**, son of Barbara Arnesen
Jeanne Connell; **Elsie Demers**; **Emilio Gonzalez**, grandson of Marsha Gonzalez; **Stephanie Hartung**
Mary Massey, **Franky San Nicholas**, and **Francisco Naputi**, niece, nephew, and brother-in-law of Joan Naputi
Christopher Lasher, friend of Janina Pacunski; **Makenzie Garlock**, friend of Steve and Janet Abele; **Hugo Draye**; **Scott Halfrich**
Mary Schantz; **Ursula Skinner**, friend of Jim and Barbara Doughty; **Vivian Russ**, aunt of Janet Abele; **Laura Alamillo**
Ernesto Ladrido, friend of Julie Bandoy; **Noral Kofer**, friend of Janet Abele; **Audi Edwards**
Scott Strandberg, brother of Stephanie Hartung; **Frank Martinez**, father of Claire Becker; **Pat Butler**, cousin of Vicki Russell
Jeff Cornwell; **Marta Cady**, sister of Kathy Keck; **Ann Marie Kurtz**, mother of Lisa Haynes
Dolores Strandberg, mother of Stephanie Hartung; **Willis Parsons**, son of Judy and Loren Parsons; **Patricia Arntzen**
Holly Weller, daughter-in-law of Dennis and Joanne Weller; **Maria Shafer**; **Elvin Dick**, father of Sidd Dick; **Dan Hine**
Robert Glancy, Sr.; **Noah Amundsen**, grandson of Mary Amundsen; **Doris Sykes**; **Charlene Loback**
Todd Munger; **Lourdes Martin**; **Danilo Taliman**, **Roger Carasco**, and **Myra Manlangit**, friends of Julie Bandoy
Greg McBride; **David Brancale**, son of Ann Brancale; **Jennifer Osburn**; **Rhonda Stegall-Webb**, friend of Paul Jensen
Vicki Russell; **Nicole**, **Patrick**, and **Logan Shepard**, granddaughter and family of Ted & Harriet Miller
Bill Clark, son-in-law of Cornelia Miller; **Gloria Abiang**, mother of Pauline Cruz
Marie Dunlap; **Tom Friedel**; **Cindy Stendera Gould**, daughter of Bertha Stendera
Walker Chapman, **Sam and Don Glasnovich**, nephews of Cherie and Todd Chapman
Marty Liwag, friend of Maria Arntson; **Isidro Bandoy**; **Randy Rains**, son of Veronica Rains; **Ann Gordon**
Riliegh McConaughy, great granddaughter of Betty Robeson; **Rena Britz**; **Joaquin Naputi**
Cherie Chapman; **Mary Olson**; **Darlene English**

A TIME TO REMEMBER THOSE WHO SERVE OUR COUNTRY IN THE MILITARY

David Leitzen, SPC, US Army, grand-nephew of Mrs. Elenor Loarie Schoen, and nephew of Teresa and Elenor K. Schoen
Darryl W. Bradshaw, US Coast Guard, nephew of Paul and Maryjane Jensen
Annika Jensen, USN, daughter of Paul and Maryjane Jensen
Taylor Amundsen, USAF, grandson of Mary Amundsen
John E. Eaton, S/Sgt USMC, grandson of Evelyn Combe
Bryant McDaniel, USAF, nephew of James and Lynn Ronald
Michael Angelo Silang, USN
Mark Anthony Silang, USMC
Matthew Johnson, USAF, grandson of Helen Bradley
Christopher Abele, IT1 (SW/IDW) USN, son of Steven and Janet Abele
Nathan Keiffer - Airman 1st Class, USAF, son of Nigel and Cheryl Keiffer
Zachary Sharp, USAR, grandson of Nigel and Cheryl Keiffer

A TIME TO MOURN...

Christopher Kmetz, son-in-law of Jeff & Nancy Cornwell
Con Ahmann, uncle of Mark Sherman

"May He support us all the day long, till the shades lengthen and the evening comes, and the busy world is hushed, and the fever of life is over, and our work is done. Then in His mercy may He give us a safe lodging, and a holy rest, and peace at the last." J. H. Cardinal Newman

Auction News



Hello Friends,

Our auction needs help. One of the easiest moneymakers for an auction are the desserts that are used for the Dessert Dash. Each table picks a dessert and bids on it...the fancier the dessert, the more money the auction makes. If there are some really luscious desserts, the bidding goes wild.

Please help us to get some great desserts!

- *If you are a good baker, contribute a dessert.*
- *If you have a favorite dessert from a special restaurant, donate a dessert and deliver it on auction day.*
- *If you want to contribute money towards a dessert, put your check or cash in an envelope, label it **DESSERTS**, and either drop it in the collection basket or drop it by the parish office.*

It's a good thing for you to participate in the parish auction, and this is about as easy as...about as easy as PIE!



GIFT CARDS!

Do these look familiar? Perhaps you have a couple in your wallet that only have a few dollars on them. What are you going to do with \$4.57 at Macy's or \$2.03 at Lowe's?

Here is the perfect solution:

Put them in an envelope and drop them in the collection basket. The School Auction Committee can use them to group together and make a nifty addition to an auction gift basket. It's really very easy; it makes more room in your wallet; it helps the school (a lot!); and it makes you an auction donor without really having to do anything at all. It's a win-win for everybody.

So go search out any gift cards that are either partial or whole (even better!) that you aren't using and get them into us ASAP. Your gift will be much appreciated.



MCTEACHER'S NIGHT IS COMING SOON TO THE BALLINGER MCDONALDS

Our parish school's McTeacher's night will be on March 19, 4-7 PM.

What do you do? You go to the Ballinger McDonald's between 4 and 7 pm and buy dinner for the entire restaurant ...OK, just buy it for yourself. Our school teachers will be your servers and the school will receive a percentage of the profits to apply to our Scholarship Program for 8th graders.

What else can you do? After Mass for the next 3 weekends, Irene Foz will be selling McDonald's coupons sheets. They are \$5 per sheet with all the money going to the school and you receive a sheet of "buy one, get one free coupons".

Remember the date, March 19—and remember to get your coupons after Mass.

40 DAYS FOR LIFE SPRING 2015 CAMPAIGN – FEBRUARY 18 - MARCH 29

Get ready to participate in the spring campaign. Please take time in prayer to discern what's the most you can do during this campaign to help stop abortion? To sign up for vigil hours at the the Everett Planned Parenthood [visit - http://www.40daysforlife.com/](http://www.40daysforlife.com/)



**ST. PATRICK'S
DAY
CELEBRATION**

RACHEL'S CORNER: HOPE AND HEALING AFTER ABORTION

"Call me in the day of trouble. I will deliver you, and you shall glorify me." - Psalm 50:15

Come on a Rachel's Vineyard™ Retreat and give your troubles to Our Lord. He will restore you and you will glorify Him forever .

Come to a Rachel's Vineyard Retreat™ and experience the healing balm of Christ's mercy and forgiveness. The next retreat is March 6-8, 2015. For more information call Valerie: 1-800-822-HOPE (4673). Remember, you are loved with an everlasting Love! Project Rachel is a program of Catholic Community Services.

ENROLLMENT GOAL

We are setting an enrollment goal of adding 25 students for next year, and we need your help. Do you know someone who is looking for a Catholic Education for their child? Help us continue to build on the progress we have made in the school by spreading the word and growing the enrollment.

Thank you,
Kathy Keck, Principal

SPIRITUAL ADOPTION

Everyone loves the beauty and innocence of a baby. As an expression of that love our parish Respect Life Committee is launching a special adoption program for young and old alike.

The members of our parish family will have the opportunity to "spiritually" adopt a child who is newly conceived this month. Not all newly conceived babies are allowed to be born. In fact, more than 3,200 babies lose their lives to abortion each day. It is these babies you are being asked to "adopt". You may "adopt" a child individually or as a family by signing up during the weekend of March 21 at Mass. You will be asked to name the child for whom you will be praying, thereby acknowledging the baby's humanity. You will be asked to pray for your unborn child and for all unborn children, for the power of prayer is great. We will officially launch our prayer campaign on the Feast of the Annunciation, March 25 with a prayer service at 7 pm.

Watch the bulletin for monthly reports describing your baby's development.

There are millions of unborn babies desperately in need of your prayers. Won't you please "spiritually adopt" one and share the love for life that God have given you?

Please join the Knights of Columbus on March 15 after all Sunday Masses for a St. Paddy's Day Breakfast. Everything you could possibly want for breakfast, including Corned Beef Hash! Perhaps the pancakes will be green...plan on coming to find out!

March 15 after all Sunday Masses



**Lenten Soup
Supper Schedule**

Lent is a special time when our comes together to share a simple meal of meatless soup before heading to the Church to pray the Stations of the Cross every Friday night during Lent.

March 13
Knights of
Columbus

March 20
Parish
Committee
& Ministries
March 27

Filipino
Community



Lent 2015

St. Mark Parish

Soup Suppers and Stations of the Cross

Fridays during Lent are days of abstinence, so please join us for a simple Soup Supper at 6 pm. in the Cafeteria, immediately followed by Stations of the Cross in the Church at 7 pm.

Daily Mass

Tuesday, Wednesday and Thursday Mass is at 8 am

Friday and Saturday Mass is at 9 am

Confessions

Confessions will be on:

Thursday from 6 pm to 7 pm (No confessions March 12 & 19)

Saturday from 8 am to 8:45 am & 3:30 to 4:30 pm

Stations at the School

On March 27, the school will present Stations of the Cross at 2 pm.

On April 3 the Parish School 8th Grade will put on their Annual Passion Play at 11 am.

Regulations for Fast and Abstinence

Ash Wednesday & Good Friday are days of fast and abstinence.

All Fridays of Lent are days of abstinence.

Fast: On a day of fasting, one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal the other full meal. Eating between meals is not permitted, but liquids, including milk & juices, are permitted. All Catholics who are 18, but not 59 years old are bound by the law of fast. We are also encouraged to keep the ancient Paschal Fast, which includes Good Friday, and Holy Saturday, ending after the Easter Vigil.

Abstinence: On days of abstinence no meat is allowed. All Catholics who are 14 and older are bound by the law of abstinence. Note that when health or ability to work would be seriously affected, the law does not oblige

A Lenten Program

Follow the Church's proven method to live Lent to the fullest:

Pray each day, to deepen your relationship the Lord Jesus. Be simple and direct in our words, leaving sufficient silence for the Lord to speak to you.

Fast at least one day a week, so that your self-denial may be an opportunity to instead receive the grace of increased faith and holiness.

Give Alms to those in need, that your charity may truly come from your heart, so that you might grow in virtue.

...**and** rather than give something up, start to do something to transform your life:

- † Read the gospel for 10 to 15 minutes;
- † Sign up to receive daily inspiration from the Bestlente-ver.org
- † Attend daily Mass.



Sign up for the **BEST LENT EVER** email program with Matthew Kelly, America's best-selling Catholic author. It's simple and free. The only cost is your commitment to live better each day this Lent. **SIGN UP AT BestLentEver.com**



THE GREAT HOLY CARD GIVEAWAY!

Come to daily Mass and on selected days of the pastor's choosing, receive a free Holy Card to aid you in your life of prayer. This giveaway is totally free and totally random! You don't know when a Holy Card will be given out at the end of Mass, so attend daily Mass each and every day!!! Don't miss out! Collect them all! (Must be present to win!)

