

St. Mark Parish December 1, 2013

MASS INTENTIONS			
Sun.	Dec.	1	Mass for the People
Mon.	Dec.	2	No Morning Mass
Tues.	Dec.	3	Dick Johnson
Wed.	Dec.	4	Carmen McMahan+
Thurs.	Dec.	5	Rose Marie Schmitt
Fri.	Dec.	6	Rose Marie Kulp
Sat.	Dec.	7	Allen C. Thorne+
Sun.	Dec.	8	Mass for the People
Mon.	Dec.	9	Immaculate Conception, Masses at 8 am and 7 pm
Tues.	Dec.	10	Joe Stanfel+
Wed.	Dec.	11	David Brancale
Thurs.	Dec.	12	Guido Family
Fri.	Dec.	13	Harold Warner+
Sat.	Dec.	14	Dolores Strenic+

STEWARDSHIP 2013-14				
The Sunday Collection through 11/24/2013				
Weekly Amount Needed	Last Week's Collection	Needed Year to Date	Actual Given Year to Date	Surplus Year to Date
\$ 14,560	\$ 11,223	\$ 305,760	\$ 320,717	\$ 14,957
Online Giving		# Online Givers All Funds: 16	Amount Collected Online: \$ 833	
Online Giving is included in the above totals.				

CALENDAR		
Sun.	12/1/13	KofC Pancake Breakfast to benefit Kerry Owens after all Sunday Masses
Mon.	12/2/13	Cub Scouts, 6 pm, Gym Boy Scouts, 6 pm, Pastoral Center Chapel
		Family Rosary, 6:30 pm, Church
		Boy Scouts, 7 pm, Cafeteria
Tues.	12/3/13	Confirmation Class, 7 pm, Sullivan Hall
Wed.	12/4/13	Heaven Guild, 11:30 am, Sullivan Hall
Fri.	12/6/13	Men's Basketball, 7 pm, Gym
Sun.	12/8/13	Religious Ed, Gr. 1-8, 10:05 am, School Third Order of Mary, 1:00 pm, Pastoral Center Chapel
Mon.	12/9/13	Mass of the Immaculate Conception, 8 am and 7 pm Advent Mission, 8:45 am, Church
		Family Rosary, 6:30 pm, Church
		Boy Scouts, 7 pm, Cafeteria
Tues.	12/10/13	Advent Mission, 8:45 am and 7 pm, Church Gabriel Project, 6:30 pm, Sullivan Hall
		Dead Theologians, 7 pm, Pastoral Center Chapel
		KofC General Mtg, 7 pm

HOSPITALITY IN SULLIVAN HALL

December 1—There is a fabulous breakfast this morning to benefit Kerry Owens. See the bulletin insert for information. Great way to celebrate the first Sunday in Advent with your family.

December 8—When they are not selling Christmas wreathes, they are serving donuts. Who can it be?

FREQUENTLY REQUESTED NUMBERS

Boy Scouts: Dennis Halpin (206) 365-1971
Cub Scouts: Sean Monahan (608) 234-2931
Knights of Columbus: Michael Gray (206-422-6630)
 mgray7503@gmail.com
St. Vincent de Paul: Mary Kay Snedden (206) 364-7900
Heaven Guild: Barbara Arnesen (206) 940-5010
Ladies' Guild: Lynn Waterson (206) 849-5546
Funeral Committee: Gini Harmon (206) 364-6834
Marriage Help: Retrouvaille (206) 706-2608
Seniors & Friends: Judy Parsons (206) 367-1714
Holyrood Cemetery: (206) 363-8404
Beck's Funeral Home: (425) 771-1234
Harvey Funeral Home: (206) 632-0100

FIRST SUNDAY OF ADVENT



Dear Brothers and Sisters in Christ,

Can you believe that Advent is here? Before you know it, the four candles of the Advent wreath will be lit and Christmas will be arriving a couple of days later. There is so much that competes for our attention in these days. Our preparation for the holy season of Christmas is often crowded out by the preparation for the day of Christmas itself, and all that comes with it: parties, meals, gifts, friends and relatives that cause you stress, and so on! What is sometimes lost is what many call the “reason for the season.” The reason, of course, is the incarnation of Christ our Lord.

The weeks of Advent challenge us to slow down a bit and take in what is really important at this time of year. In the gospel for the First Sunday of Advent, the Lord himself tells us to be vigilant and prepared for His return. Of course, the Lord Jesus speaks about His return at the end of time. But I would also add that Jesus speaks about His return in our lives on a daily basis as well; at those times He seeks us and calls us to be His disciples in any given situation or circumstance. For this too we must be prepared; for this we must be prepared to choose Him at all times!

My friends in Christ, may the coming season of Advent preparation help us to keep our focus on the true light of the world: Jesus our Lord and savior. May we find a place for His light in our hearts and in our lives, when so much else tries to grab our attention. May the lights of the Advent wreath help us to prepare and be ready for the presence and call of the Lord each and every day!

God's blessing for a holy and happy Advent!

Fr David Mulholland

A TIME TO HEAL...PHYSICALLY, EMOTIONALLY, OR SPIRITUALLY

Danilo Taliman, Kayleen McDonald, Roger Carasco, and Myra Manlandit, friends of Julie Bandoy

Brad and Rex Desgroseillier, brothers of Jean Hunter; **All Those Affected by Typhoon Haiyan**

Abraham and Lilda Jimenez, parents of Amelia Yapjoco; **Cliff Townsend**

Greg McBride; Alexis Heisel, niece of Janet Abele; **David Dato; Lorraine Hoag**, mother of Jay Hoag

David Brancale, son of Ann Brancale; **Jennifer Osburn; Dorothy LeFaive; Carolyn Apodaca**

Frank Martinez, friend of the Apodaca and Ardiente Family

Jeanne Connell; Rhonda Stegall-Webb, friend of Paul Jensen; **Vicki Russell**

Patrick and Nicole Shepard & their newborn son, granddaughter and family of Ted & Harriet Miller

Richard Ronald, brother of James Ronald; **Dale Cramer**, friend of Cornelia Miller; **Bill Clark**, son-in-law of Cornelia Miller

Jeannine Fitzsimmons, grandmother of Jeff Olson; **Dorothy Scholze; Pat Pethigal;**

Gloria Abiang, mother of Pauline Cruz; **Mike Harb; Greg Asuncion**, nephew of Darrel Olvena

Marie Dunlap; Tom Friedel; Cindy Stendera Gould, daughter of Bertha Stendera

Ruben Gonzalez; Elmer Dalisky, friend of Cheryl Keiffer; **Bob and Betty Robeson**

Marcy Teichman, friend of Cheryl Keifer; **Kim Moss**, niece of Lee & Diane Lutovsky

Virginia Helbling, sister of John Favero; **Maria Gabrielle Bongalon**, daughter of Fidel Bongalon; **Bob Amundsen**

Kim Menzer, friend of Rebecca Anderson; **Sam and Don Glasnovich**, nephews of Cherie and Todd Chapman

Walker Chapman, nephew of Cherie and Todd Chapman; **Hugo Draye; Marty Liwag**, friend of Maria Arntson

Genevieve Shelton; Isidro Bandoy; Dorothy Holm, sister of Veronica Rains

Randy Rains, son of Veronica Rains: **Ann Gordon**

Maribel Santos; Riliegh McConaughy, teenage great granddaughter of Betty and Bob Robeson

Jerry Hirsch, brother-in-law of David Latta; **Suzy Fearn**, friend of Janet Abele

Helen Coghlan; Carol Coghlan; Jan Zambrano; Rena Britz; Joaquin Naputi

Kathy Turner, friend of Cathy Henricks; **Dorothy Pinney; Carol Monahan**, mother of Hugh Monahan

Lynn Waterson; Robert Schultz, father of Lynn Schultz; **Cherie Chapman; Mary Olson**

Darlene English; Consuelo Frodsham

**A TIME TO REJOICE; A TIME TO SHARE YOUR BURDENS;
AND A TIME TO PRAY WITHOUT CEASING**

Please pray for those parishioners who are seeking employment.

A TIME TO REMEMBER THOSE WHO SERVE OUR COUNTRY IN THE MILITARY

Alex Keiffer, SFC, son of Nigel and Cheryl Keiffer

Zachary Sharp, USAR, grandson of Nigel and Cheryl Keiffer

Aaron Collins, Sgt, grandson of Bernard and Joyce Koslosky

Christopher Abele, IT1 (SW/IDW) USN, son of Steven and Janet Abele

Raynor Wales, US Army, friend of Bob and Mary Amundsen

Matthew Johnson, US Air Force, grandson of Helen Bradley

Mark Anthony Silang, USMC

Michael Angelo Silang, USN

Richard Johnson, PFC, US Army, Afghanistan, family friend of Todd and Cherie Chapman

Bryant McDaniel, Air Force, Iraq, nephew of James and Lynn Ronald

John E. Eaton, S/Sgt USMC, grandson of Evelyn Combe

Taylor Amundsen, US Air Force, grandson of Bob and Mary Amundsen

Annika Jensen, USN, daughter of Paul and Maryjane Jensen

Darryl W. Bradshaw, US Coast Guard, nephew of Paul and Maryjane Jensen

Nathan Keiffer - Airman 1st Class, USAF, son of Nigel and Cheryl Keiffer

A TIME TO MOURN...

Please pray for all those whom have no one to pray for them.

CHRISTMAS GIVING TREE...Our St. Mark Christmas Giving Tree is on display! We are reaching out to our community and you can help bring joy to someone this Christmas by taking a star and purchasing the item listed. This year, we are aiding eight organizations and their residents including the elderly members of Park Ridge Care Center and Shoreline Health & Rehabilitation Center, our dear Carmelite Sisters, needy families through our St. Vincent de Paul Society, St. Joseph Baby Corner, Next Step Pregnancy Services, Providence Regina House, and the Center for Human Services. Please follow the unique instructions on each star and return the gift to Sullivan Hall by December 15th. However, all donations of Gift Cards need to be returned to the Parish Office for safekeeping and should not be left in Sullivan Hall. Thank you so much for your generosity and may God bless you always!

CHRISTMAS FOOD BASKETS

Our St. Vincent de Paul Society will be distributing food baskets to needy families in our area. If you would like to share your holiday joy by donating a box of food that would make a Christmas dinner, please sign up after the Masses in Sullivan Hall this weekend. You can also call Jean Hunter at 206-261-2447 or Maria Sanchez at 206-546-2273. Thank you for your help and call me with questions.

Jean Hunter
206-365-4337/206-261-2447



BIBLE STUDY RETURNS TO ST. MARK ON JANUARY 2!

Our Bible study class will start on January 2, and will meet each Thursday from 7-9 pm in Sullivan Hall, ending on June 12. Our course will be *The Gospel of St. Matthew, The King and His Kingdom*. The class consists of viewing a DVD of the weekly lesson taught by Dr. Jeff Cavins of the Great Adventure Catholic Bible Study program, and then small group discussion of the weekly readings, based on the class notebook. To order the notebook, go to <http://ascensionpress.com/products/matthew-the-king-and-his-kingdom-study-set>, and order the Matthew, The King and His Kingdom Study Set for \$29.95. If you have questions, contact the class leader Claude Golden (claudgolden@gmail.com).

AID TO TYPHOON VICTIMS...

Last weekend St. Mark accepted donations to aid the victims of Typhoon Haiyan. These funds will be used to support the efforts of the U.S. Catholic Church and Catholic Relief Services to respond to the immediate emergency need for water, food, shelter and medical care and assist in the long-term recovery from the disaster. We collected \$6,940.08. Thank you all for your generosity. Please continue to pray for the dear people of the Philippines who have lost so much. For more information on CRS' response, go to www.crs.org.

HAVE YOU SENT IN YOUR STEWARDSHIP PLEDGE FOR 2014?

ANNUAL SIMBANG GABI CELEBRATION

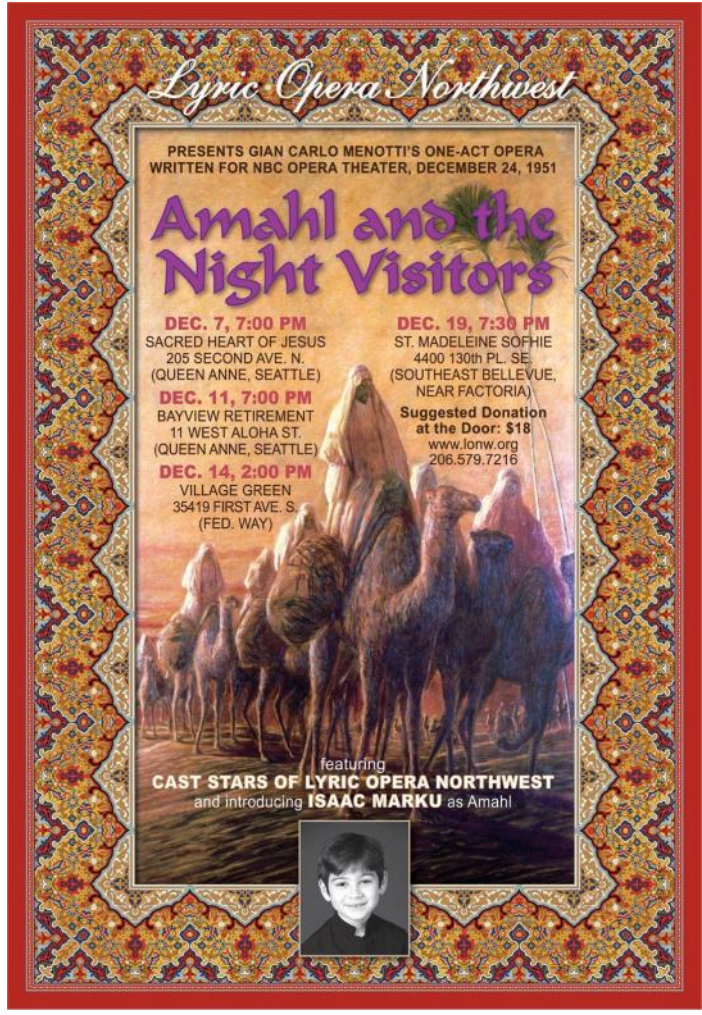
On Sunday, December 15, at the 11:00 am Mass, St. Mark parishioners will gather together to begin the Advent novena of Masses in honor of Mary to prepare, in her company, for the celebration of Christmas. This celebration points to Christ, Light of the World, symbolized by the *parols* (Christmas lanterns). All are warmly welcome and encouraged to attend. There will be a delicious reception in the gym following Mass.

ADORATION HOURS AVAILABLE... The following Perpetual Adoration hours are open. Please contact Mat Connolly at 206-465-0710.

- Mon, 11pm-midnight
- Tue, noon-1pm
- Sat, 1-2am and 4-5am

BE A PART OF CHANGE...Next year there will be a synod of bishops held in Rome about the current challenges to the family and how to promote family life in the Church's promotion of evangelization. To prepare for the meeting, a preparatory document has been compiled to lay the foundation, along with a series of questions that will provide a basis for background information the bishops will need to have a good and fruitful meeting. If you would like to participate in this process and answer some or all of the questions, please go to the following link and follow the instructions provided: <http://www.seattlearchdiocese.org/Archdiocese/Action.aspx>

This is a wonderful opportunity for all of us to provide information on a most important topic; the wellbeing of our families! Thanks very much for your assistance.



What if you met the Three Wise Men? Menotti's beautiful score explores the fate of a young boy and his mother who encounter three strangers on a quiet night near Bethlehem. Featuring cast stars of Lyric Opera Northwest who are also Mass soloists at St. Mark Catholic Church. Suggested donation at the door is \$18 and please call [206-579-7216](tel:206-579-7216) with any other inquiries. You can also call Veronica Olson in the Parish Office for more information.

MASS SCHEDULE FOR CHRISTMAS

- Tuesday, December 24— Christmas Eve**
Christmas Vigil Mass: 7 p.m. (no incense)
Christmas Mass at Midnight: 12:00 a.m. (incense)
- Wednesday, December 25— Christmas Day**
Christmas Mass at Dawn: 8:00 a.m. (no incense)
Christmas Day Mass: 10:00 a.m. (incense)

ST. MARK CONFERENCE
 October, 2013 MONTHLY PARISH REPORT

of families in St. Mark helped by St. V de P..... 48
 # of individuals helped by St. Mark St. VdeP..... 121

Cash Expenditures:

Rent	\$ 900
Light.....	458
Utilities	0
Fresh Food/Rx	1,000
St. VdeP clothing/other	87
Dental	150
Postage.....	9
Bed.....	316
Total Expenses:	\$ 2,770

Income Received

Meeting collections	\$ 79
Poor Box Donations.....	83
Envelope Collection.....	2,729
Total Income	\$ 2,891
Net income	(121)

In-kind Assistance:

Boxes of food	10
Religious Pamphlets, etc.....	49
Bags of food/supplies given out	44
Bags of Diapers	3
Bus Tickets from Parishioners	18
Reference Lists given out.....	4

- Took a recliner to transfer station. Gave client ride to an appointment.
- If you missed this month's donation collection, please feel free to donate anytime during the month in the collection basket, or for non-perishable foods, the basket in the vestibule.



WHY AM I CATHOLIC WHEN I COULD BE ANYTHING ELSE?

Patrick Madrid gives compelling biblical and historical reasons for why he embraces the faith as a lifelong Catholic. He shares valuable insights into the beauty of the Catholic Church and its claim to contain the fullness of the deposit of faith given by Christ.

CD available in the vestibule.

RESPECT LIFE

FIVE MORE WAYS TO BE PRO-LIFE:

6. Take a meal to a family that's struggling.
7. Start awkward conversations about hard issues.
8. Take a pay cut to do something meaningful.
9. Stop by your local crisis pregnancy center. Do whatever they need done.
10. Write to your Grandmother.

(Source: <http://www.piercedhands.com/100-ways-to-be-pro-life/>)

A DAY OF PRAYER AND HEALING FROM THE PAIN OF ABORTION

We can take great comfort in knowing that no sorrow, and no loss, is too deep that God cannot feel it with us. God wants to help deliver us from it. He wants to bring us His divine comfort and healing. Will you accept it from Him? We can help you on a Rachel retreat.

Call Valerie: 1-800-822-4673

You are loved with an everlasting Love! Project Rachel is a program of Catholic Community Services.

YEAR ROUND PRAYER VIGILS

Although the 40 Days for Life campaign has ended, the tide of abortions has not. The local chapter of Helpers of God's Precious Infants prayerful pray at local Planned Parenthood mills most Saturdays all year long. Their next local vigil is Saturday, December 7 in No. Seattle. Join them for 9 am Mass at St. Mark before praying at the Planned Parenthood in Northgate (Northgate Way and Meridian). *Helpers of God's Precious Infants* www.seattlehelpers.org

GABRIEL PROJECT Please continue to pray for our parish's Gabriel Project. This two year old apostolate ministers to women facing crisis pregnancies. Contact Linn Bartram 206-368-0390 if you know someone in need of help or if you are interested in helping. We are all called to be Christ to others.

SAVE THE DATE! - 2014 MARCH FOR LIFE

Later this month sign-ups will begin for the parish buses traveling to the 2014 March for Life in Olympia on Tuesday, January 21. We will plan to leave at 7:30 am to attend Mass at St. Martin's University before going to the Capital for the rally. Buses will return to the parish by 3 pm.

DID YOU KNOW?

There is a rack in the vestibule of the church on the wall to the left of Sullivan Hall. Lots of information about Respect Life issues and other faith-related information. Check it out!

People used slaves to enhance their 'quality of life' but did so at the expense of those in bondage. Men have often used women to live their lives as they wanted. If the woman becomes pregnant, she must have an abortion so he can use her again. This is a new kind of slavery, all done under the façade of "choice".

LINKS FOR LIFE

1050AM Sacred Heart Radio

<http://www.sacredheartradio.org/> - Great local and national Catholic programming

And Then There Were None

<http://www.attwn.org/> - National ministry that provides financial, emotional, spiritual and legal support to anyone wishing to leave the abortion industry.

Silent No More

<http://www.silentnomoreawareness.org/> - An effort to make the public aware of the effects abortion brings to women, men, and their families.



The December edition of Northwest Catholic has been arriving in homes this past week, but with the Thanksgiving Day holiday there's a chance that you may have been too busy to notice. The month's stories are compelling and deserve your attention in Advent.

The cover story by Anna Weaver explores the faith journey of a young Hispanic man who had stopped practicing his faith until a young woman told him she wouldn't go out with him unless they attended Sunday Mass first.

The subject of the profile, military chaplain Father Jose Bautista, explains how his current assignment serving men and women in the military has deepened his faith and vocation as a priest.

Providence Mount St. Vincent Nurse Manager Nick Schoen recounts how a college theology class and a book by Jean Vanier revealed the parallels between the Eucharist and serving people in need. His story by Kevin Birnbaum is evidence of the powerful presence of faith in our world and the light it shines in the darkness.

Readers will want to read about Archbishop Sartain's boyhood encounter with an abominable snowman by the name of Mr. Bingle. It's a tender and timeless Advent message all of us can identify with: fear not!

Advent Mission 2013

Choosing Greatness in Love: Our Mother Mary's Heart Revealed

Presented by Sister Miriam James Heidland, SOLT

We all long for a love that heals and brings freedom. Our hearts yearn for greatness and nobility. In a world that demands that we settle for mediocrity or abandon our authentic call to love, how can we rise to our true dignity and destiny? In the course of this mission, we will encounter the deepest desires of the human heart and we will explore the powerful beauty and captivating grace of Our Blessed Mother as she journeys to give birth to the Savior of the world.



Monday, December 9th

Mass at 8 AM and 7 PM. Talk at 8:45 AM only in the Church.

Tuesday, December 10th

Mass at 8 AM. Talks at 8:45 AM and 7 PM in the Church. Confessions from 6-7 PM and 8-9 PM.

Wednesday, December 11th

Mass at 8 AM. Talks at 8:45 AM and 7 PM in the Church. Confessions from 6-7 PM and 8-9 PM.



Sr. Miriam James was raised in Woodland, WA and is a graduate of the University of Nevada-Reno where she played volleyball on a scholarship and majored in Communications.

Upon graduation, she joined the Society of Our Lady of the Most Holy Trinity (SOLT), a missionary community that serves global areas of deepest apostolic need. Sr. Miriam has served at various SOLT missions including Rome, Seattle and Texas. In addition to speaking, her apostolates have included working with elementary school students, parish ministry, coaching high school volleyball and co-hosting a Catholic radio program.

Her story has been featured in the Seattle Times, The National Catholic Register and heard on Relevant Radio, Catholic Answers Live and EWTN's Life on the Rock, as well as Steubenville youth conferences and the Shalom Media network.