

St. Mark Catholic Church

February 3, 2013 Fourth Sunday in Ordinary Time

Sun.		3	Missa Pro Populo
Mon.		4	No Morning Mass
Tues.		5	Timothy Pinard
Wed.		6	Dolores Strenic+
Thurs.		7	Frank Kure, Sr.+
Fri.	Feb.	8	Harold Warner+
Sat.	Feb.	9	Dean Ingram+
Sun.	Feb.	10	Missa Pro Populo
Mon.	Feb.	11	No Morning Mass
Tues.	Feb.	12	Al Chapman+
Wed.	Feb.	13	Ash Wednesday
Thurs.	Feb.	14	Dorothy Eline
Fri.	Feb.	15	AnnaLise Thorne
Sat.	Feb.	16	50th Wedding Anniversary of Matt & Georgene Ulrich

HOSPITALITY IN SULLIVAN HALL

February 3—Déjà vu—it's the **School Families**.

February 10—Look for the winner of the Pinewood Derby as the **Scouts** serve your doughnuts. Last doughnuts before Lent!

February 17—It's time for another **KofC Breakfast**. Come on, help these guys out and come this time.

FREQUENTLY REQUESTED NUMBERS

Boy Scouts: Dennis Halpin (206) 365-1971
Cub Scouts: David Hogle (425) 744-7292
Knights of Columbus: Jim O'Sullivan (206) 533-0007
St. Vincent de Paul: Duke Dungan
(206) 364-7900 ext 150
Heaven Guild: Barbara Arnesen (206) 940-5010
Ladies' Guild: Lynn Waterson (206) 849-5546
Funeral Committee: Gini Harmon (206) 364-6834
Marriage Help: Retrouvaille (206) 706-2608
Seniors & Friends: Judy Parsons (206) 367-1714
Holyrood Cemetery: (206) 363-8404
Beck's Funeral Home: (425) 771-1234
Harvey Funeral Home: (206) 632-0100

STEWARDSHIP				
The Sunday Collection through 1/27/2013.				
Weekly Amount Needed	Last Week's Collection	Needed Year to Date	Actual Given Year to Date	SHORTFALL Needed Now!
\$ 15,094	\$ 11,412	\$ 467,914	\$ 439,141	(\$ 28,773)
Online Giving	# Online Givers All Funds: 21		Amount Collected Online: \$ 1,309	
Online Giving is included in above totals.				

Mon.	2/4/13	Family Rosary, 6:30 pm, Church
		Boy Scouts, 7 pm, Cafeteria
		Gabriel Project, 7 pm, Parlor
		Young Married's Group, 7 pm, Sullivan Hall
Tues.	2/5/13	Cub Scouts, 7 pm, Cafeteria
Wed.	2/6/13	Heaven Guild, 11:30 am, Sullivan Hall
		RCIA, 7 pm, Library
		Confirmation Class, 7 pm, School
Thurs.	2/7/13	Bible Timeline Study Group, 7 pm, Sullivan Hall
Sat.	2/9/13	KofC Crab Fest after 5 pm Vigil Mass, Gym
Sun.	2/10/13	First Order of Mary, 1:30 pm, Pastoral Center
Mon.	2/11/13	Family Rosary, 6:30 pm, Church
		Boy Scouts, 7 pm, Cafeteria
Tues.	2/12/13	St. Vincent de Paul, 7:30 pm, Library
Wed.	2/13/13	Ash Wednesday Masses at 8 am, 10 am, and 7 pm
		RCIA, 7 pm, Library
		Confirmation Class, 7 pm, School
Thurs.	2/14/13	Bible Timeline Study Group, 7 pm, Sullivan Hall
Fri.	2/15/13	Soup Supper, 6 pm, Cafeteria followed by Stations at 7 pm in the Church

Let us keep our eyes fixed on Jesus, who inspires and perfects our faith!



St. Francis de Sales

Dear Brothers and Sisters in Christ,

The annual priest retreat at the Palisades Retreat Center in Federal Way generally corresponds to the celebration of the feast day of St. Francis de Sales. When it does, I always go down to a waterfall garden at the center that has a wonderful and inspirational quote by this saint. This year was no different. I copied down the quote and would like to share it with you. I hope it brings you much inspiration, especially when you are burdened with life's difficulties:

Do not fear what may happen tomorrow.
The same loving God who cares for you today will care for you tomorrow and every day.
God will either shield you from suffering or will give you unfailing strength to bear it.
Be at peace then and put aside all anxious thoughts and imaginings.
St. Francis de Sales

I would add, "Amen" to that. God's blessings to you in the week ahead!

In Christ the Lord,

Fr David Mulholland

"To everything there is a season and a time for every affair under the heavens."

Ecclesiastes 3:1

A time to heal...physically, emotionally, or spiritually

Donna Winzenried, mother of Zeb Winzenried; Ann Gordon; Ann McKillop

Carl Conley, uncle of Janina Pakunski

Margaret Toepfer, sister of Stella Bischel; Ron Eline; Rose Buckley; Jean Hunter; Maribel Santos

Riliegh McConaughy, teenage great granddaughter of Betty and Bob Robeson

Jerry Hirsch, brother-in-law of David Latta; Trent Kaivo, friend of the Beattie Family

Suzy Fearn, friend of Janet Abele; Helen Coghlan; Carol Coghlan; Mary Amundsen

Bob Hegamin, friend of Nigel and Cheryl Keiffer; Emily Hemmingson, daughter of Nigel and Cheryl Keiffer

Shirley Steele, mother of Andrew Steele

Jan Zambrano; John Zamberlin, brother of Rose Buckley; Rena Britz

Robert Roberts, uncle of Rebecca Anderson; Joaquin Naputi

Sheila Alipayo, niece of Cora Slechter; Kathy Turner, friend of Cathy Henricks

Dorothy Pinney; Carol Monahan, mother of Hugh Monahan; Lynn Waterson

Corinne Zamberlin, sister-in-law of Rose Buckley

Robert Schultz, father of Lynn Schultz; Sam Rains, husband of Veronica Rains

Cherie Chapman; David Hall, friend of Veronica Olson

Joyce Koslosky; Gloria Rodgers, friend of Julie Bandoy-Langlie;

Isidro and Juanita Bandoy; Hugo Draye; Rose de Santis, sister of Vic Scarpelli

Darlene English; Dorothy Holm, sister of Veronica Rains

Leonard English, brother of Darlene English; Patty Alberts

Don Glasnovich, nephew of Cherie and Todd Chapman; Consuelo Frodsham; Rosemarie Rochlitzer;

Marie Dunlap; Mary Olson; Helen Murphy; Carmen McMahan, sister of Anita Schultz

A time to rejoice and pray without ceasing

We will pray for you—just call or email the office and tell us what you need.

A time to remember those who serve our country in the military

Alex Keiffer, USAR, son of Nigel and Cheryl Keiffer

Zachary Sharp, SFC, grandson of Nigel and Cheryl Keiffer

Aaron Collins, Sgt, grandson of Bernard and Joyce Koslosky

Christopher Abele, IT1 (SW/IDW) US Navy, son of Steven and Janet Abele

Raynor Wales, US Army, friend of Bob and Mary Amundsen

Matthew Johnson, US Air Force, grandson of Helen Bradley

Mark Anthony Silang, USMC, deployed

Michael Angelo Silang, USN

Richard Johnson, PFC, US Army, Afghanistan, family friend of Todd and Cherie Chapman

Bryant McDaniel, Air Force, Iraq, nephew of James and Lynn Ronald

John E. Eaton, S/Sgt USMC, grandson of Evelyn Combe

A time to mourn...

Tom Dorsey, grandfather of Aiden Sumner

John Foder, brother of Helen Kure

Byron Peterson

Jean Xander, sister of Jim Eggerling

Louise Gerking, friend of Janina Pakunski

PERPETUAL ADORATION

We still need to fill the Divine Mercy hour in the chapel, Tuesday, 3-4PM. As we prepare for this year's Lenten season and the renewed glory of Easter, keep in mind this excerpt from Blessed Pope John Paul II's Message for Lent in 1999: "The Lenten journey prepares us for the celebration of Christ's Passover, the mystery of our salvation. Anticipating this mystery, there is the banquet which the Lord celebrates with his disciples on Holy Thursday, offering himself under the signs of bread and wine. In the Eucharistic celebration (as written in the Apostolic Letter *Dies Domini*), "the Risen Lord becomes really, substantially and enduringly present. . . and the Bread of Life is offered as a pledge of future glory". A renewed prayer life, including an hour of Eucharistic adoration every week, could be a selfless way to share your journey with the journey Christ made when He gave His life for us.

Adoration Coordinator, Mat Connolly: 206-465-0710

RESPECT LIFE

40 Days for Life Springs into Life on Ash Wednesday. What will be your Lenten journey this year? How about participating in 40 Days for Life? The spring campaign begins Ash Wednesday, February 13 and ends March 23. Can you think of a better way to witness to the love and mercy of God than by standing up for those most vulnerable among us - unborn babies and their mothers? We are blessed to have local efforts praying for an end to abortion. Specific details to follow.

Have you had an abortion or know someone who has? The next Project Rachel retreat will be February 8-10, 2013. To register or for more information, call Valerie at 1-800-822-HOPE (4673). Know that you are loved with an everlasting Love! Project Rachel is a program of Catholic Community Services.

RESPECT LIFE cont.

Looking for a few good people... Our Respect Life group survives and thrives with the help of a few committed souls. The need is never greater than now. If you haven't found a ministry to be involved in, think about joining our efforts at St. Mark Parish. Watch this bulletin for the next monthly meeting in February. Join us and see if this isn't something that God is calling you to be involved in at our parish!

Prayerful Witness Continues... The Helpers of God's Precious Infants prayerfully witness in front of local abortion sites as a weekly ministry all year. Please join them. Also, continue to pray for the change of hearts of those who are exposed to this public, prayerful witness. Pray for parents of unborn children considering abortion. Pray that our country will return to its founding principle that all human life is sacred, from conception to natural death. To join this effort, contact Matt Ulrich at: mgulrichpl@gmail.com or visit www.seattlehelpers.org

Gabriel Project Please continue to pray for our parish's Gabriel Project. This group ministers to women facing crisis pregnancies. There are many ways for all parishioners to be involved. Contact Linn Bartram 206-368-0390 if you know someone in need of help or if you are interested in helping.

Support our Parish Knights of Columbus, Support Life! Come to the KC Crab Feed on Saturday, February 9th. When you attend an event hosted by our Knights of Columbus council you are supporting life. This great group of unsung heroes is one of the strongest supporters of life in our parish.





YEAR OF FAITH 2012
2013

**A FAMILY PRAYER FOR THE
YEAR OF FAITH**

***O God our Father,
in Jesus you call all Chris-
tian families and homes
to be signs of living faith.
By the light of the Holy
Spirit,
lead us to be thankful for
the gift of faith,
and by that gift
may we grow in our rela-
tionship with Jesus, your
Son,
and be confident witnesses
to Christian hope and joy
to all we meet.
In the name of Jesus Christ
our Lord.
Amen.***

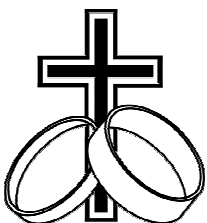
TIDBITS FOR THE “YEAR OF FAITH”...

FAQ #13: (PART V)

These dissenting theologians very much lost their way in truly being “Catholic” theologians; for Catholic theology has always been very clear in its understanding of moral relativism. The Catholic Church has always held that truth does not originate within the subjectivity of any one person, or any-sized group of people. Truth flows from the eternal law of God. A truth can only be a truth, no matter where or within whom it resides. When we take the matter of a truth-fact, and insert it into a moral situation, the act itself can only be considered in two ways: it can be judged as either moral or immoral (i.e., good or bad); no other choice exists. Instead of assenting to this long-held understanding by the Church’s teaching office, these dissenting theologians—by imposing their titles and status on the laity—made every effort to convince the People of God that moral truth depended on what the married, Catholic couple decided was best for them and their situation. This is simply NOT how truth exists, nor is it how truth can ever be applied. Otherwise, it no longer remains true. And so, the situation which the dissenting theologians left the People of God in, was to suggest that an encyclical is not an infallible document, and therefore, they were not obliged to follow any of its teachings. But how could this be true, given that the law of the Church is such that whenever the Pope speaks *ex cathedra*, on a matter concerning FAITH and MORALITY, that all the faithful have an obligation to assent to the Pope’s teachings with a “divine and Catholic faith”? Therefore, instead of being a great aid to the Magisterium of the Church, these dissenting theologians chose, instead, to be dividers. They chose to be antagonists, rather than being professionals who should take into consideration all the positive and negative effects of Magisterial teaching, and apply their conclusions within the parameters of proper theological and philosophical methods. (To be continued...)

Hello Young Married’s whoever you

are..Or are you engaged? Are you in the beginning years of your marriage? Want to meet other young couples in your parish? Come to a potluck at St. Mark on Monday, February 4th at 6:30pm. We will meet in the church for the family Rosary, then proceed to Sullivan Hall for food, fellowship, and discussion, with focus on marriage within the teachings and tradition of the Catholic Church. Bring a dish, and a dessert or drink to share. Paper goods will be provided by the Faith Formation Office. RSVP to Melissa Steele at Melissacsteele@gmail.com so we can plan accordingly. Hope to see you there! God bless!



Check out our display of CDs in the vestibule of the Church. Cost of each CD is \$3.00.

From Mormon Missionary to Catholic Faith:

Thomas Smith was raised in The Church of Jesus Christ of Latter-day Saints and can trace his lineage back seven generations. In this talk, he shares his beliefs and incredible experiences as a Mormon missionary in Alabama and how this led him to convert and become a Protestant minister and later enter the Catholic Church. Mr. Smith is a popular speaker and the author of *Inside Mormonism*.

The Knights of Columbus of St. Mark Parish



Invite you to their Annual Crab Fest

All-You-Can-Eat Dungeness Crab!

**With Ivar's Clam Chowder, Salad, Pasta, Rolls,
Rice & Dessert. For a minimum donation you
can also have Wine and Beer on Tap.**

Saturday, February 9, 2013

St. Mark Church - Parish Gym

18033 15th Place NE

Shoreline, WA 98155

Doors Open at 6:00 pm



50/50 Raffle and Door Prizes

Proceeds to benefit:

Council Charity Programs (Pro Life, Seminarians, Youth, etc.)

Tickets:

General Admission: \$35.00

Senior Citizens (65 and up) \$30.00

Kids (13-18 yrs old and Non-Seafood Eaters) \$15.00

Kids (Under 12 years old) - Free

For Information and Ticket Reservation Contact:

Michael Gray (425) 984-2700, ext 172

Michael Connell (206) 446-4577



We have a sister parish in Jamaica, Holy Name of Jesus. A collection is taken up for their needs, and when we have extra Masses to say, we send them there. In the last months we have sent Masses for: Mayo Hanson, Souls in Purgatory (30), Michelle Acheson, Michael McAuley, Shawn Martin, Dominique Jones, Stephanie Jones, and Sara Gregory,

Lost and Found... We have some special items in the parish office that were found in the church. We have a beautiful ruby ring, a gold signet-style ring, a possibly diamond earring, and a cell phone. If you have lost one of these items, call the parish office 206-364-7900 to identify and claim it. Simple items that are found are put in Sullivan Hall in the EM room and clothing is in the wicker basket.

Thank you... Christmas has now passed and we want to thank you for the generous and wonderful gifts that you gave us. How much we appreciate all these items for they are the necessities that we use every day. How the nuns look forward to looking over everything. It's a big Christmas party on the day when everything is delivered. We remember your families in our prayers. May this year of 2013 be a year filled with peace, joy, and happiness for everyone. Know that all at St. Mark are in our daily prayer and in our hearts! Gratefully,
Mother Maria
and the Nuns at St. Joseph's Carmelite Monastery

World Day of the Sick... Please join us for Mass, anointing and a warm reception at Providence Mount St. Vincent, 4831 35th Ave SW, Seattle on *Saturday, February 9 at 10:30 am.* The Most Reverend Archbishop J Peter Sartain will be the Celebrant along with concelebrants: Fr. Abraham Miller, Providence Mount St. Vincent; and Fr. Lyle Konen, C.Ss.R. Redemptorist Fathers of Seattle. The Seattle University Chapel Choir will be blessing us with its beautiful music. 206-938-6194



Saturday Night Fever!

20th Annual St. Mark Parish School Auction

Do you have a cabin or timeshare available? The Procurement Team could use your help.

Please contact Auction Chairs Don and Eyvette Trujillo at auktion@stmss.org or 206-368-7674 or Jane Monahan at [608-234-2932](tel:608-234-2932) or [jammonahan@live.com](mailto:jamonahan@live.com).

You Can Help Your Marriage – Retrouvaille (pronounced retro-vi with a long i) helps couples through difficult times in their marriages. It is designed to provide the tools to help get your marriage back on track. It will give you the opportunity to rediscover each other and examine your lives together in a new and positive way. For confidential information call [206-706-2608](tel:206-706-2608) or visit the web site at www.HelpOurMarriage.com

Do you remember the fun of going to Summer Camp? If you are interested in giving your child, grandchild, or a special child in your life an unforgettable experience, consider a CYO Summer Camp. There are brochures available in the vestibule information rack.



An Evening with Archbishop Peter Sartain

Thursday, February 7, 2013 7:00-8:30 pm
St. Joseph Church, Seattle

Many of us have read about our Seattle Archbishop in the news, but likely fewer of us have had the opportunity to listen to him in person. Join us for Archbishop Sartain's personal reflection on God's friendship, wisdom and love, as found in the call to follow Jesus.

No pre-registration needed. For more information, contact the ISC staff at (206) 329-4824 or visit www.ignatiancenter.org. Sponsored by the Ignatian Spirituality Center.

The Heaven Guild had the blue newspaper recycle bins installed years ago at the south end of the church property. We receive quarterly checks from Fibres International and this last quarter the newspaper recycling paid for the inserts in a weekly bulletin. Thank you to all who contribute papers.



Biodegradability of Common Items

Paper	2-4 months
Orange Peel	6 months
Wool Socks	1-5 years
Waxed Paper Cup	5 years
Disposable Diapers	10-20 years
Leather Shoes	25-40 years
Nylon Fabric	30-40 years
Athletic Shoe Soles	50-80 years
Tin Cans	80-100 years
Aluminum Cans & Tabs	200-400 years
Plastic 6-Pack Holders	450 years
Glass Bottles	1 million years
Monofilament Fishing Line	Indefinite
Styrofoam	Indefinite
Plastic Bottles	Indefinite

The Lenten Soup Suppers have been scheduled. If you are not a member of any of these groups and would like to offer a soup for the parish to enjoy on a Friday in Lent, please call Veronica Olson 206-364-7900 and let her know. All are welcome to participate.

February 15th: Faith Formation Families, Confirmation Families, RCIA Candidates & Catechumens

February 22nd: Parish Staff & School Faculty

March 1st: Respect Life Committee, Gabriel Project, Scouts

March 8th: Knights of Columbus, Heaven's Guild, Ladies Guild, Funeral Committee, Seniors & Friends

March 15th: Parent's Club

March 22nd: Filipino Families

Confession: Five Sentences That Will Heal Your Life

A Special Lenten Presentation

St. Thomas More Catholic Church is hosting this special, Lenten presentation with author and speaker Dr. Tom Curran. *Confession: Five Sentences That Will Heal Your Life* will take place in the church on Monday, February 18th, 7:00 - 9:00 pm. St. Thomas More Church is located at 6511 - 176th St. SW in Lynnwood. This event is FREE and all are welcome; a free-will offering will be taken.

Couples who use natural family planning

have a divorce rate under 5%! Come to a complete natural family planning course to be held at Holy Family Parish in Kirkland in the Dominican room. Learn about your Catholic faith and discover a modern, natural method of family planning that is 99% effective. The course consists of three sessions on the following Sundays: Feb. 24, Mar. 24 and Apr. 14 @ 6:30pm. Total cost is \$135. Scholarships available. To register for class go to www.ccli.org. For more information, call: Marie and Scott Elmenhurst at (425)788-2453. Or Email: book.maven@comcast.net