

# Saint Mark Parish



18033 15th Place NE Shoreline WA 98155  
Parish Office: 206-364-7900

office@saintmarkshoreline.org  
facebook.com/saintmarkshoreline  
Website: saintmarkshoreline.org

**Sacrament of the Anointing of the Sick:** If someone is seriously ill, or in danger of death, please contact the Parish Office.

**Baptisms:** To celebrate the Sacrament of Baptism for your child, please contact **Veronica Olson** in the Parish Office.

**Marriage:** Please contact **Veronica Olson** in the Parish Office *six months in advance* of the proposed marriage.

**Instructions in the Catholic Faith:** If you are interested in learning about the Faith or becoming Catholic, please contact **Fr. Mulholland**.

## St. Mark Parish School 206-364-1633

Website: stmss.org

### Principal

Kathy Keck

206-364-1633

principal@stmss.org

St. Mark Pre-School

206-363-7100

### Sunday Masses:

*Saturday Vigil* 5:00 p.m.

*Sunday:* 7:30 a.m., 9:00 a.m., 11:00 a.m.

### Daily Masses:

*Tuesday - Thursday:* 8:00 a.m.

*Friday - Saturday:* 9:00 a.m.

### Confessions:

*Saturday:* 8:00-8:45 a.m. and 3:30-4:30 p.m.

### Pastor:

Very Rev. David Mulholland 206-364-7900 ext. 101  
frmulholland@saintmarkshoreline.org

### Staff:

#### *Pastoral Assistant for Administration & Stewardship*

- Todd Chapman 206-364-7900 ext. 106  
toddc@saintmarkshoreline.org

#### *Pastoral Assistant for Liturgy & Parish Life*

- Veronica Olson 206-364-7900 ext. 108  
veronicao@saintmarkshoreline.org

#### *Pastoral Assistant for Music*

- Gregory Teeter 206-354-8141  
gregt@saintmarkshoreline.org

#### *Pastoral Assistant for Faith Formation*

- Laurie McCloskey 206-364-7900 ext. 105  
lauriem@saintmarkshoreline.org

#### *Administrative Assistant*

- Susan Amundsen 206-364-7900  
susana@saintmarkshoreline.org

#### *Facilities Manager*

- Vladei Kamensky 206-830-0782  
vladeik@saintmarkshoreline.org

### Perpetual Adoration of the Blessed Sacrament

St. Mark is a **Perpetual Adoration Parish**. For 24 hours a day, 365 days a year, a member of our parish family is praying before the *Blessed Sacrament*. We invite all of our parishioners to make Adoration a part of their prayer life. If interested, contact **Mat Connolly** 206-465-0710.

# Fifth Sunday of Lent • April 2, 2017

## MASS INTENTIONS

Sun.	Apr.	2	Sunday Masses
Mon.	Apr.	3	No Morning Mass
Tues.	Apr.	4	<b>For the repose of the soul of:</b> Carol Fraser+
Wed.	Apr.	5	<b>For the repose of the souls of:</b> Deceased members of Third Order of Mary+
Thurs.	Apr.	6	<b>For the intentions of:</b> Matt Ulrich
Fri.	Apr.	7	<b>For the intentions of:</b> Alan Amort
Sat.	Apr.	8	<b>For the repose of the soul of:</b> Mike (Mazen) Harb+
Sun.	Apr.	9	Sunday Masses
Mon.	Apr.	10	No Morning Mass
Tues.	Apr.	11	<b>For the repose of the soul of:</b> Robert Scarpelli+
Wed.	Apr.	12	<b>For the repose of the soul of:</b> Tom Smith+
Thurs.	Apr.	13	<i>Holy Thursday - Mass at 7 pm</i>
Fri.	Apr.	14	<i>Good Friday - Liturgy at 7 pm</i>
Sat.	Apr.	15	<i>Holy Saturday - No morning Mass, Easter Vigil at 8 pm</i>

## AFTER MASS HOSPITALITY IN SULLIVAN HALL

April 2– Ministry Sunday with the school,  
welcome the 1st graders!

April 9– YLI will be here to serve us

April 16– Easter Egg Hunt following the  
11am Mass!

## FREQUENTLY REQUESTED NUMBERS

**Boy Scouts:** Dennis Halpin (206) 365-1971

**Knights of Columbus:** Sam Robles (425)-346-0183

**St. Vincent de Paul:** Helpline Center (206) 767-6449

**Heaven Guild:** Sylvia Ebert (206) 419-3115

**Funeral Reception Volunteers:** Gini Harmon  
(206) 364-6834

**Marriage Help:** Retrouvaille (206) 706-2608

**Seniors & Friends:** Judy Parsons (206) 367-1714

**Holyrood Cemetery:** (206) 363-8404

**Beck's Funeral Home:** (425) 771-1234


**Harvey Funeral Home:** (206) 632-0100

**Marian Caskets:** (206) 463-6245; mariancaskets.com

## STEWARDSHIP 2016-2017 The Sunday Collection through 3/26/2017

Weekly Amount Needed	Last Week's Collection	Needed Year to Date	Actual Given Year to Date	Year to Date overage
\$ 16,155	\$ 12,644	\$ 630,045	\$ 650,819	\$ 20,774
<b>Online Giving</b>	<b># Online Givers</b>	<b>Amount Collected Online:</b>		
	<b>All Funds: 48</b>	<b>\$ 2377.74</b>		

## CALENDAR

Sat. & Sun.	4/1/17 & 4/2/17	St. Vincent de Paul Food Collection Weekend, Church
Sun.	4/2/17	YLI - Catholic Women, 12:30 pm, Library
		Life Chain, 2 pm, Hwy 99 & 220th
Mon.	4/3/17	Family Rosary, 6:30 pm, Church
		Light Weigh, 7 pm, Sullivan Hall
		Boy Scouts, 7 pm, Cafeteria
Tues.	4/4/17	Bible Timeline Study Group, 9 am, Sullivan Hall
		Confirmation, 7 pm, Sullivan Hall
Wed.	4/5/17	Queen of Heaven guild, 11:30 am, Sullivan Hall
		First Communion, 6:15 pm, Classrooms
		RCIA, 6:30 pm, Parish Center
		St. Gianna Molla's Women's Group, 7 pm, Parish Center Green Meeting Room
Thurs.	4/6/17	RCIC, 6:30 pm, Parish Center
		Thursday Night Bible Study, 7 pm, Sullivan Hall
Fri.	4/7/17	School Stations of the Cross, 2 pm, Church
		Soup Supper Night, 6 pm, Cafeteria
		Stations of the Cross, 7 pm, Church
Sat.	4/8/17	Baptism Class, 9:45 am, Parish Center Green Meeting Room
		Auction Lead Meeting, 7 pm, Gym
Sun.	4/9/17	 <b>Palm Sunday</b> <b>Palm Sunday Procession will begin in gym at 9 am</b>
		Third Order of Mary, 1 pm, Parish Center
Mon.	4/10/17	K of C 4th Degree Assembly, 7 pm
Tues.	4/11/17	K of C General Meeting, 7 pm
		Respect Life Committee, Parish Center, 7 pm
		St. Vincent de Paul Society, Library, 7:30 pm



# Pastor's Letter:



## Why Sacrifice Is Important

By Rev. Paul Scalia

We should not think of sacrifice as something foreign or extraneous to us. Sacrifice is written into our very being, into the nature of life itself. Jesus uses an obvious truth about nature to teach personal sacrifice, and specifically his own: "Unless a grain of wheat falls to the ground and dies, it remains just a grain of wheat; but if it dies, it produces much fruit" (Jn 12:24). In the natural world, life-giving death happens as a matter of course: the seed, the acorn, the grain of wheat, etc. Animal reproduction is less accidental, but still only a matter of instinct.

In human terms this life-giving death does not just happen. It must be chosen. We call that choice sacrifice, and no life is possible without it. Our biological life comes from a woman giving not just her body but her time, her life, her energy, her affection to conceive, bear, and nourish us. A couple has a life-giving marriage—both physically and emotionally—only to the degree that each is willing to sacrifice his or her own personal interests for the good of the marriage. A family flourishes because the parents yield their lives and interests for the sake of that fundamental community. Athletes, musicians, writers, scientists—anyone who strives for something great must sacrifice.

This is especially true in human relationships. They are fulfilling — life-giving — only to the extent that we are willing to sacrifice for the other person. We sacrifice to the degree we love. In a sense, we know this already. Hence our dislike for the “fair weather friend,” who is really no friend at all because he is unwilling to be with us in the difficult times — unwilling, that is, to sacrifice.

The Catholic Church has an old instruction that was given right before the rite of marriage. Still in use in some places, the instruction says in part, “Sacrifice is usually difficult and irksome. Only love can make it easy and perfect love can make it a joy.” That strikes me as a very realistic and therefore compassionate message for newlyweds. They are conscious of their love for one another, but not perhaps of what that love requires. Their love needs to be expressed in sacrifice.

And it works the other way as well: We love to the degree we sacrifice. The more we sacrifice (genuinely sacrifice; not just begrudgingly do things) for another, the more we will love that person. We cannot wait for our love to be perfect and pure before sacrificing for another. At some point we need to choose to make the sacrifice. Many a mother and father (and priest) has discovered that constancy in genuine sacrifice — the day in, day out choice to forego one’s own interests for the good of another — knits the heart closer to that other. He or she becomes dearer to us precisely because we have given so much of ourselves for that person. Thus sacrifice becomes a cause of love as well as an effect of it.

Another translation renders Jesus’ words as follows: “Unless a grain of wheat falls into the earth and dies, it remains alone.” That perhaps gets at the need for sacrifice more directly. Unless we are willing to sacrifice we will remain alone — without any relationships that bring fulfillment and life. Within us, we know this already. But, strange and fickle creatures that we are, we need to relearn and recommit ourselves to it daily.

*Fr. Paul Scalia is a priest of the Diocese of Arlington, VA, and son of the late Justice Antonin Scalia. His first book, [That Nothing May Be Lost](#), was published in March of 2017 and is in book stores now.*



**A TIME TO HEAL...physically, emotionally, or  
spiritually**

**Eugene Dean**, friend of Esther Harris  
**Joe Lutovsky**, son of Lee & Diane Lutovsky  
**David Lutovsky**, nephew of Lee & Diane Lutovsky  
**Mike Mercil**, nephew of Lee & Diane Lutovsky  
**Desi Saraspi**, mother of Gilda Amort  
**Matt Ulrich**, husband of Georgene Ulrich  
**Cameron Hall**, husband of Stephanie Losh-Hall  
**Cathy Henricks**  
**Susan Harris**, mother of Esther Harris  
**Robert Bennett**, friend of Esther Harris  
**Laurel Quinn**, niece of Mildred Stevens  
**Darlene Maloy**, friend of Mary Amundsen

**A TIME TO REMEMBER THOSE WHO SERVE OUR  
COUNTRY IN THE MILITARY**

**Christopher J. Hamblett, USN**, grandson of Deac Keenan  
**Jeremy Glass, USAF**, grandson of Marie Trainer  
**Will Trainer, USN**, grandson of Marie Trainer  
**CTT3 Alexander Thorne, USN**, son of John and AnnaLise Thorne  
**1st Lt. Owen Stratton, USA**, son of Tom and Cory Stratton  
**Andrew T. Kerrick, USAF**, grandson of Connie Hanson  
**Ensign Dylan Thomas Jessum, USN**, grandson of Tom and Mary  
Pat Lord  
**LCPL Isaiah Thorne, USMC**, son of John and AnnaLise Thorne  
**David Leitzen, SPC, USA**, nephew of Teresa and Elenor K. Schoen  
**Annika Jensen, IT3, USN**, daughter of Paul and Maryjane Jensen  
**Taylor Amundsen, USAF**, grandson of Mary Amundsen  
**John E. Eaton, S/Sgt USMC**, grandson of Evelyn Combe  
**Bryant McDaniel, USAF**, nephew of James and Lynn Ronald  
**Michael Angelo Silang, USN**  
**Mark Anthony Silang, USMC**  
**Matthew Johnson, USAF**, grandson of Helen Bradley  
**Christopher Abele, ITC (SW/IDW) USN**, son of Steven and Janet  
Abele  
**Nathan Keiffer, Airman 1st Class, USAF**, son of Nigel and Cheryl  
Keiffer  
**Zachary Sharp, USAR**, grandson of Nigel and Cheryl  
**Cade Powers, IT3, US Navy**, son-in-law of Paul & Maryjane Jensen

**A TIME TO MOURN...**

**Heidi Marie Bretland**  
**Betty Robeson**

"May He support us all the day long, till the shades lengthen and  
the evening comes, and the busy world is hushed, and the fever  
of life is over, and our work is done. Then in His mercy may He  
give us a safe lodging, and a holy rest, and peace at the last."

J. H. Cardinal Newman

**Parish Mission Statement**

"Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age." - Matthew 28:19-20

**Parish Vision Statement**

"They devoted themselves to the teaching of the apostles and to the communal life, to the breaking of the bread and to the prayers. Awe came upon everyone and many wonders and signs were done through the apostles...they ate their meals with exultation and sincerity of heart, praising God and enjoying favor with all the people. And every day the Lord added to their number those who were being saved."

- Acts 2:42

**As a parish, we will fulfill the Mission and  
live the Vision by...**

- ***Becoming a worshiping people...*** who give praise and glory to God by keeping the Lord's day Holy, by celebrating Holy Mass on Sunday, and by encountering the Lord Jesus in the sacramental life and daily prayer.
- ***Becoming a missionary people...*** who live our Catholic faith on a daily basis in witness of the Lord Jesus to the world; to our family, our neighbors, our friends, and our co-workers. In this way Jesus is known by the fruit of our lives and in our love for others; this is at the heart of evangelization and catechesis.
- ***Becoming a merciful people...*** who put our faith into action by practicing the spiritual and corporal works of mercy:

***The Spiritual Works of Mercy:*** instructing, advising, consoling, and comforting

***The Corporal Works of Mercy:*** feeding the hungry, sheltering the homeless, clothing the naked, visiting the sick and imprisoned, and burying the dead

## Rachel's Corner - Hope and Healing After Abortion

*"Rachel mourns for her children; she refuses to be consoled because her children are no more. Thus says the Lord: Cease your cries of mourning. Wipe the tears from your eyes! The sorrow you have shown shall have its reward. There is hope for your future."* -Jeremiah 31: 15-17

He has seen your tears, and He yearns to console you, holding you in His merciful embrace. Come on a Rachel's Vineyard™ Retreat and allow Him to whisper His plans for your future full of hope.

May 26-28

August 4-6

Call Valerie: 1-800-822-HOPE (4673)

*You are loved with an everlasting Love!*

*Project Rachel is a program of Catholic Community Services.*

### Life Chain needs you!

On the first Sunday of each month, Myron Miller will be leading a Life Chain at the corner of 99 and 220 Street in Edmonds. Signs are available and the only thing missing is you. Volunteer to stand up for life for an hour or so. The Chain will occur between 2:00-3:30 pm. You can be the best witness there is to make people stop and think about life. Questions? 425-643-1246

### Divine Mercy Sunday

*Please plan to join us for our annual Divine Mercy celebration on Sunday, April 23. Confession will be available before the Chaplet is sung at 3 pm. Our Knights of Columbus council will offer a wonderful dinner afterwards. More details to come.*

### Links for Life:

*And Then There Were None*

<http://www.attwn.org/>

This organization exists to help abortion clinic workers leave the abortion industry. ATTWN is pro-life without exceptions. While it believes in and wholeheartedly supports all peaceful prolife efforts, ATTWN seeks to end abortion from the inside out.

*Helpers of God's Precious Infants*

[www.seattlehelpers.org](http://www.seattlehelpers.org)

Founded in 1989, by Msgr. Philip Reilly, this organization is an international ministry committed to maintaining a loving and prayerful presence outside of abortion mills where God's children are put to death.

## Light Weigh One King Program New Session starts May 1st

God has the answers for our weight, food struggle and all temptations! Take your struggles to the King! Light Weigh One King meets at St. Mark on Mondays from 7 – 8: 30 pm in Sullivan Hall. Plan now to join our next session which will start on May 1. Light Weigh One King is a 12-week Catholic Bible Study DVD program recommended by priests, doctors, nurses & Prevention Magazine for weight-loss and health. There are no weigh-ins. There is no good food or bad food.

View the Light Weigh Orientation video at: [www.lightweigh.com](http://www.lightweigh.com) and click on Light Weigh One King Orientation Video on the right side of the screen, halfway down. The first 12-week series of classes is \$148 (payments can be made in installments), with the price for subsequent series at \$62.

If you are interested in joining our group call Rebecca at 206-718-1205 or email her at [becsterbear@gmail.com](mailto:becsterbear@gmail.com) to order your program materials and join this life changing program! Orders for materials will be placed by April 10.

### Spring 40 Days for Life Campaign began on Ash Wednesday

**Join the Everett campaign that runs March 1st  
through April 9th.** Here are some reasons to get in-

involved in 40 Days for Life again this year: 40 Days for Life is a peaceful pro-life effort that has been embraced by more than 725,000 in 675 cities across 40 nations. By the Grace of God, 40 Days for Life has achieved proven results: 12,668 babies spared from abortion, 143 abortion worker conversions, and 83 closed abortion centers. Join us in this largest national campaign to save lives!

Check out [www.40daysforlife.com/everett](http://www.40daysforlife.com/everett) Or find us on Facebook.

"Speak up for those who cannot speak for themselves." --  
Proverbs 31:8

### ***Thank you for your generous support of The Catholic Relief Services Collection this past***

***weekend.*** St. Mark Parish collected \$1,905.00. Your contributions will make a difference for the poor and marginalized around the world. If you missed the collection, it's not too late to give! Just visit [www.usccb.org/nationalcollections](http://www.usccb.org/nationalcollections) , and click on the "How to Give" link on the left.

**LENTEN SOUP  
SUPPER SIGN-UPS  
Calling all Chefs & Can  
Openers!**



The Lenten Soup Suppers are up-  
on us and we need volunteers to bring a crock pot of  
meatless soup one or more Fridays during Lent! The  
amount of soup should be able to serve around 10 people,  
cannot have any meat products, and needs to be brought  
to the Cafeteria no later than 5:30 pm. If you are interest-  
ed in signing up to provide soup, please contact Veronica  
Olson in the parish office at [veronica@stmarkshoreline.org](mailto:veronica@stmarkshoreline.org)  
or 206-364-7900. There are spots available on Friday,  
April 7 and we need YOU to help make Soup Suppers a  
success! Thank you!



**ATTENTION EASTER EGG  
HUNTERS AND  
GATHERERS!**

Once again the Knights of Columbus  
will be having an Easter Egg hunt after  
the 11 am Easterday Mass. They are in need of plastic,  
fillable Easter eggs and small, wrapped candies to fit into  
the eggs. If you have small children who will be attending  
the hunt, please consider donating candy. If the Knights  
do not receive enough, they have to buy it from their  
treasury. Don't let that happen! Donate now to the Egg  
and Candy Fund!

**Bring donations to the Parish Office now through  
Wednesday, April 12th. Thank you!**

**Y.L.I. - Catholic Women**



We need more members, inactive or  
active, to form our Institute by April 2nd.  
Please call Mariella Cacdac at 206-849-5549, or talk to  
Ester Ruth Harris for information. Our next meeting is  
Sunday, April 2nd, 12:30pm Rosary, 1:00pm meeting in  
the portable library behind the school. Look for blue rib-  
bons on the door handle.

**Queen of Heaven Guild**

We meet April 5th, 11:30 am in Sullivan Hall. After com-  
munal Rosary recitation, we will be discussing:

- Possibility of having our own table at the  
school auction
- Fellowship Hour and Fellowship Board
- Potluck dinner
- Easter Basket wrap-up
- Possibility of meeting in summer months
- Suggestions and input from members

Come share our fellowship!



**Annual Drive**

*The goal for the  
St. Mark Parish School Annual Drive is  
\$60,000.00.*

*We are off to a great start with \$42,000.00.  
Please consider your gift for the  
Annual Drive today!*

*Tickets on Sale Now!*

*Save the Dates*  
05.03.2017 & 05.06.2017  
**ST. MARK PARISH  
SCHOOL  
PRESENTS**  
*"It's Time to Carnaval!"*

St. Mark PARISH SCHOOL  
IF YOU HAVE QUESTIONS SEND EMAIL TO [AUCTION@STMSS.ORG](mailto:AUCTION@STMSS.ORG)  
OR CALL THE SCHOOL OFFICE 206-364-1633

**Seattle Catholic Men's Conference:  
Iron Sharpens Iron**

**Theme: Spiritual Warfare  
Saturday, April 8, 2017**

**St. Pius X Parish, Mountlake Terrace**

**Featuring Archbishop J. Peter Sartain  
Danny Abramowicz, Fr. Cal Christiansen,  
Fr. Bill Watson, SJ**

**\$45 registration at  
[www.seattlemensconference.org](http://www.seattlemensconference.org)**