

Saint Mark Parish



18033 15th Place NE Shoreline WA 98155
Parish Office: 206-364-7900

office@saintmarkshoreline.org
facebook.com/saintmarkshoreline
Website: saintmarkshoreline.org

Sacrament of the Anointing of the Sick: If someone is seriously ill, or in danger of death, please contact the Parish Office.

Baptisms: To celebrate the Sacrament of Baptism for your child, please contact **Veronica Olson** in the Parish Office.

Marriage: Please contact **Veronica Olson** in the Parish Office *six months in advance* of the proposed marriage.

Instructions in the Catholic Faith: If you are interested in learning about the Faith or becoming Catholic, please contact **Fr. Mulholland**.

St. Mark Parish School 206-364-1633

Website: stmss.org

Principal

Kathy Keck

206-364-1633

principal@stmss.org

St. Mark Pre-School

206-363-7100

Sunday Masses:

Saturday Vigil 5:00 p.m.

Sunday: 7:30 a.m., 9:00 a.m., 11:00 a.m.

Daily Masses:

Tuesday - Thursday: 8:00 a.m.

Friday - Saturday: 9:00 a.m.

Confessions:

Saturday: 8:00-8:45 a.m. and 3:30-4:30 p.m.

Pastor:

Very Rev. David Mulholland 206-364-7900 ext. 101
frmulholland@saintmarkshoreline.org

Staff:

Pastoral Assistant for Administration & Stewardship

- Todd Chapman 206-364-7900 ext. 106
toddc@saintmarkshoreline.org

Pastoral Assistant for Liturgy & Parish Life

- Veronica Olson 206-364-7900 ext. 108
veronicao@saintmarkshoreline.org

Pastoral Assistant for Music

- Gregory Teeter 206-354-8141
gregt@saintmarkshoreline.org

Pastoral Assistant for Faith Formation

- Laurie McCloskey 206-364-7900 ext. 105
lauriem@saintmarkshoreline.org

Administrative Assistant

- Susan Amundsen 206-364-7900
susana@saintmarkshoreline.org

Facilities Manager

- Vladei Kamensky 206-830-0782
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Perpetual Adoration of the Blessed Sacrament

St. Mark is a **Perpetual Adoration Parish**. For 24 hours a day, 365 days a year, a member of our parish family is praying before the *Blessed Sacrament*. We invite all of our parishioners to make Adoration a part of their prayer life. If interested, contact **Mat Connolly 206-465-0710**.



Pastor's Letter:



5 Ways the Devil Attacks During Lent

Sr. Theresa Aletheia Noble

The Lord said to Satan, "Very well, all that he has is in your power; only do not lay a hand on him." – Job 1:12

I don't know about you, but I tend to feel like Job during Lent. I feel like God lets the devil a bit off his leash and things tend to get chaotic in my spiritual life! Jesus was tempted in the desert. And Lent is a time of desert. According to the Catechism, during "the solemn forty days of Lent the Church unites herself each year to the mystery of Jesus in the desert." So it makes sense that we might feel more temptation in this time as well. But God does not allow anything that he cannot use for good; he can even use temptation and attacks from the devil for our conversion, transformation and holiness. Here are some attacks that I have come to recognize and the responses that I have found helpful. Have you experienced any of these temptations this Lent?

1. The Temptation to Distraction

Purity of heart is to will the one thing. – Søren Kierkegaard

Lent can very quickly become about doing way too many things or nothing at all. The devil wants us to either drown in penances or feel discouraged right away and give up. The thing is that Lent should be about God, not our activities, as well-intentioned as they may be. It is better to ask God to help us focus on one key thing during Lent, and then despite our failures, ask him for the grace to persevere.

2. The Temptation to Judge

It was pride that changed angels into devils; it is humility that makes men as angels. – Saint Augustine

If we are naturally more disciplined or strong-willed than those around us, there is a temptation to spend Lent patting ourselves on the back and comparing ourselves favorably to others. This is exactly what the devil

wants. He wants us to think we are better than other people and to grow in pride, which is precisely what we should repent of during Lent. If we have this tendency, or are experiencing it this Lent, the best antidote is to choose a penance that is absolutely impossible to achieve perfectly and that challenges our tendency toward pride. This helps us to realize that Lent is not about being perfect, type-A, judgers. It is about realizing that even with the natural gifts that God has given us, we are still sinful and very much in need of grace.

3. The Temptation to Self-Improvement

Lent can very quickly become only about losing weight or ending some bad habit that has become an irritation in our lives, rather than growing close to God. And the devil would love for Lent to be all about us. But this is not what Lent is about. As Father Anthony Gerber pointed out in an excellent post on this subject: "Lent is ... about failing miserably – about you reaching that third week of doing the difficult, of choosing the nails and thorns of love... But then denying Jesus for a few pieces of silver, of comfort, of selfish, selfish self-love. And in that moment, you're going to be brought to your knees and you're going to lift your arms to the heavens and say, 'Lord, I cannot do this by myself! Lord, help me! I'm so bad at love!'" We are usually good at loving ourselves, and bad at loving others. This is why it's important to choose penances that will help us to grow in selfless love.

4. The Temptation to Division

Where does division come from? The devil! Division comes from the devil. Flee from internal struggles, please!
– Pope Francis

Division is one of the devil's favorite tools in his toolbox. He just loves to get between Christians and cause rivalries, confusion, jealousies, anger, and paranoia. The devil wants us to look at other Christians and see the enemy rather than recognizing that the only real enemy among us is the devil (and ourselves when we let him work on us). So, of course, during Lent the devil may try to incite division among Christians in our homes, in our parishes, and even online. If you read material online from various sources, a good question during Lent (and really at any time) would be: "Does this material help me to love my fellow Christians more, or does it lead to division?" Recently deceased Supreme Court justice and faithful Catholic, Antonin Scalia, once said: "I attack ideas. I don't attack people." This is a sign of character. And it is a distinction that is increasingly lost in our society. If what you are reading or writing online focuses on attacking people rather than working for unity in Christian love, it may be the tool of the devil to keep you (and others) from growing in the spiritual life.

5. The Temptation to Discouragement

Temptations, discouragement, and unrest are the wares offered by the enemy. – St. Padre Pio

The devil likes nothing more than to make us as miserable as he is. And he knows that if we are feeling discouraged we are likely to be less cooperative with God's grace. So, during Lent the devil can tempt us to feel like giving up on living the penitential spirit of the season. He can make us feel like we are constantly failing and just no good at this. The thing is – no one is "good" at Lent. If you think you are, you are not choosing the right penances.

So, when we feel discouraged, it is an opportunity to thank God with loud shouts of joy for saving us from our mediocrity and sin. It makes no sense to be lost in discouragement if we really believe the Gospel message. Even in Lent, we know that Jesus has died, yes, but he has also risen, and joy and grace is available now for us to be transformed. And thank God for that!

Second Sunday of Lent • March 12, 2017

MASS INTENTIONS

Sun.	Mar.	12	Sunday Masses
Mon.	Mar.	13	No Morning Mass
Tues.	Mar.	14	For the repose of the soul of: Chris Philippsen+
Wed.	Mar.	15	No Morning Mass ← Robert Scarpelli+ moved to 5/3
Thurs.	Mar.	16	No Morning Mass ← Mike (Mazen) Harb+ moved to 5/4
Fri.	Mar.	17	For the repose of the soul of: Mike Grecco+
Sat.	Mar.	18	No Morning Mass ← Margie Scarpelli+ moved to 4/22
Sun.	Mar.	19	Sunday Masses
Mon.	Mar.	20	No Morning Mass
Tues.	Mar.	21	For the repose of the soul of: Mike Grecco+
Wed.	Mar.	22	No Morning Mass ← Victoria Loyola + moved to 5/5
Thurs.	Mar.	23	No Morning Mass ← Nicolas Vitulli+ moved to 6/6
Fri.	Mar.	24	For the repose of the soul of: Richard Kuhner+
Sat.	Mar.	25	For the intentions of: Fr. David Mulholland

AFTER MASS HOSPITALITY IN SULLIVAN HALL

March 12– Pancake breakfast! The Boy Scouts are serving us!
 March 19– Knights of Columbus will be here!
 March 26– This weekend is open... Any takers?

FREQUENTLY REQUESTED NUMBERS

Boy Scouts: Dennis Halpin (206) 365-1971
Knights of Columbus: Sam Robles (425)-346-0183
St. Vincent de Paul: Helpline Center (206) 767-6449
Heaven Guild: Sylvia Ebert (206) 419-3115
Funeral Reception Volunteers: Gini Harmon
 (206) 364-6834
Marriage Help: Retrouvaille (206) 706-2608
Seniors & Friends: Judy Parsons (206) 367-1714
Holyhood Cemetery: (206) 363-8404
Beck's Funeral Home: (425) 771-1234
Harvey Funeral Home: (206) 632-0100
Marian Caskets: (206) 463-6245; mariancaskets.com

STEWARDSHIP 2016-2017 The Sunday Collection through 3/5/2017

Weekly Amount Needed	Last Week's Collection	Needed Year to Date	Actual Given Year to Date	Year to Date overage
\$ 16,155	\$ 21,610	\$ 581,580	\$ 586,690	\$ 5110
Online Giving	# Online Givers All Funds: 66	Amount Collected Online: \$ 5253.74		

CALENDAR

Date	Event
Sun. 3/12/17	Boy Scouts Pancake Breakfast, After Sunday Masses, Cafeteria
	Third Order of Mary, 1 pm, Parish Center
	Retrouvaille, 1 pm, Sullivan Hall
Mon. 3/13/17	Family Rosary, 6:30 pm, Church
	Knights of Columbus 4th Degree Assembly, 7pm
	Light Weigh, 7 pm, Sullivan Hall
	Boy Scouts, 7 pm, Cafeteria
Tues. 3/14/17	Bible Timeline Study Group, 9 am, Sullivan Hall
	Knights of Columbus General Meeting, 7 pm
	Respect Life Committee, 7 pm, Parish Center
	St. Vincent de Paul Society, 7:30 pm, Library
Wed. 3/15/17	First Communion, 6:15 pm, Classrooms
	RCIA, 6:30 pm, Parish Center
	St. Gianna Molla's Women's Group, 7 pm, Parish Center Green Meeting Room
Thurs. 3/16/17	RCIC, 6:30 pm, Parish Center
	Thursday Night Bible Study, 7 pm, Sullivan Hall
Fri. 3/17/17	Soup Supper Night, 6 pm, Cafeteria
	Stations of the Cross, 7 pm, Church
Sun. 3/19/17	Retrouvaille, 1 pm, Sullivan Hall
Mon. 3/20/17	Family Rosary, 6:30 pm, Church
	Light Weigh, 7 pm, Sullivan Hall
	Boy Scouts, 7 pm, Cafeteria
Tues. 3/21/17	Bible Timeline Study Group, 9 am, Sullivan Hall
	Confirmation, 7 pm, Sullivan Hall
Wed. 3/22/17	First Communion, 6:15 pm, Classrooms
	RCIA, 6:30 pm, Parish Center
	St. Gianna Molla's Women's Group, 7 pm, Parish Center Green Meeting Room

**A TIME TO HEAL...physically, emotionally, or
spiritually**

Matt Ulrich, husband of Georgene Ulrich
Cameron Hall, husband of Stephanie Losh-Hall
Cathy Henricks
Susan Harris, mother of Esther Harris
Robert Bennett, friend of Esther Harris
Laurel Quinn, niece of Mildred Stevens
Darlene Maloy, friend of Mary Amundsen

**A TIME TO REMEMBER THOSE WHO SERVE OUR
COUNTRY IN THE MILITARY**

Christopher J. Hamblett, USN, grandson of Deac Keenan
Jeremy Glass, USAF, grandson of Marie Trainer
Will Trainer, USN, grandson of Marie Trainer
CTT3 Alexander Thorne, USN, son of John and AnnaLise Thorne
1st Lt. Owen Stratton, USA, son of Tom and Cory Stratton
Andrew T. Kerrick, USAF, grandson of Connie Hanson
Ensign Dylan Thomas Jessum, USN, grandson of Tom and Mary
Pat Lord
LCPL Isaiah Thorne, USMC, son of John and AnnaLise Thorne
David Leitzen, SPC, USA, nephew of Teresa and Elenor K. Schoen
Annika Jensen, IT3, USN, daughter of Paul and Maryjane Jensen
Taylor Amundsen, USAF, grandson of Mary Amundsen
John E. Eaton, S/Sgt USMC, grandson of Evelyn Combe
Bryant McDaniel, USAF, nephew of James and Lynn Ronald
Michael Angelo Silang, USN
Mark Anthony Silang, USMC
Matthew Johnson, USAF, grandson of Helen Bradley
Christopher Abele, ITC (SW/IDW) USN, son of Steven and Janet
Abele
Nathan Keiffer, Airman 1st Class, USAF, son of Nigel and Cheryl
Keiffer
Zachary Sharp, USAR, grandson of Nigel and Cheryl
Cade Powers, IT3, US Navy, son-in-law of Paul & Maryjane Jensen

A TIME TO MOURN...

Peter John Bordner, son of Marilyn Bordner

"May He support us all the day long, till the shades lengthen and
the evening comes, and the busy world is hushed, and the fever
of life is over, and our work is done. Then in His mercy may He
give us a safe lodging, and a holy rest, and peace at the last."

J. H. Cardinal Newman

Parish Mission Statement

"Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age." - Matthew 28:19-20

Parish Vision Statement

"They devoted themselves to the teaching of the apostles and to the communal life, to the breaking of the bread and to the prayers. Awe came upon everyone and many wonders and signs were done through the apostles...they ate their meals with exultation and sincerity of heart, praising God and enjoying favor with all the people. And every day the Lord added to their number those who were being saved."

- Acts 2:42

**As a parish, we will fulfill the Mission and
live the Vision by...**

- ***Becoming a worshipping people...*** who give praise and glory to God by keeping the Lord's day Holy, by celebrating Holy Mass on Sunday, and by encountering the Lord Jesus in the sacramental life and daily prayer.
- ***Becoming a missionary people...*** who live our Catholic faith on a daily basis in witness of the Lord Jesus to the world; to our family, our neighbors, our friends, and our co-workers. In this way Jesus is known by the fruit of our lives and in our love for others; this is at the heart of evangelization and catechesis.
- ***Becoming a merciful people...*** who put our faith into action by practicing the spiritual and corporal works of mercy:

The Spiritual Works of Mercy: instructing, advising, consoling, and comforting

The Corporal Works of Mercy: feeding the hungry, sheltering the homeless, clothing the naked, visiting the sick and imprisoned, and burying the dead

Still time to participate in Spring 40 Days for Life Campaign

Enrich your Lenten journey by praying at the Everett campaign which is March 1st through April 9th. Stand in the gap and be a witness to the love of Jesus to women who are confused, afraid and in need of God's love during a time of crisis. 40 Days for Life is a peaceful pro-life effort that has been embraced by more than 725,000 in 675 cities across 40 nations. By the Grace of God, 40 Days for Life has achieved proven results: 12,668 babies spared from abortion, 143 abortion worker conversions, and 83 closed abortion centers. Join us in this largest national campaign to save lives! Check out www.40daysforlife.com/everett or find us on Facebook. "Speak up for those who cannot speak for themselves." --Proverbs 31:8

Got Life?

Have a special devotion to Divine Mercy? Did you know that our Respect Life Committee hosts our parish Divine Mercy liturgy on Divine Mercy Sunday? **Attend our next RLC meeting on Tuesday, March 14th at 7 pm in the Parish Center and help us plan this year's celebration.** Come help our parish and community support a culture of life. For more information, contact Greg at 206-271-4599 or cristero2012@gmail.com

Links for Life

Helpers of God's Precious Infants

www.seattlehelpers.org

Founded in 1989, by Msgr. Philip Reilly, this organization is an international ministry committed to maintaining a loving and prayerful presence outside of abortion mills where God's children are put to death.

Couples to Couples League – Natural Family Planning

<http://www.ccli.org/>

Couples who chose NFP find they experience a wide range of benefits that go far beyond physical and health-related advantages. NFP is definitely safe, healthy and green!

Third Saturday Life Vigil

Please join us for the Third Saturday Ecumenical Life Vigil on Saturday, March 18, from 9.00 am to 10.45 am. The location is in front of the Planned Parenthood at N. Northgate Way and Meridian Ave N. We will have signs and will pray peacefully for an end to abortion. Everyone is welcome. For more information, contact Greg Insley at 206.271.4599 or cristero2012@gmail.com. Come pray with us!

Rachel's Corner - Hope and Healing After Abortion

The retreat helped me realize I am not alone. I was able to open up and experience my loss. I was able to forgive myself. Now I am on a journey of spiritual growth, of developing a better relationship with God.

-Testimonial from Retreat

Come on a Rachel's Vineyard™ Retreat and allow God to free you from your worries, restoring life and hope within you once again.

March 10-12, 2017

May 26-28 (new retreat added)

Call Valerie: 1-800-822-HOPE (4673)

*You are loved with an everlasting Love!
Project Rachel is a program of Catholic Community Services.*



Neither Do I Condemn You

Perpetual Adoration

Perpetual Adoration, ongoing at St. Mark parish for over 30 years, is the practice of praying in front of the exposed Blessed Sacrament. It is a meaningful way to strengthen your prayer life and deepen your personal relationship with Jesus Christ. **Please consider sacrificing one hour of your week to be with our Lord and Savior.**

We currently have the following hours open:

Tue 2-3am

Wed 2-3am, 7-8am

Thurs 10-11am

Fri 5-6pm

Sat 12:01-1am, 1-2am, 2-3am, 3-4am

For more information, please call Mat Connolly at 206-465-0710



Monastar.co

Archbishop J. Peter Sartain has granted to the faithful of the Archdiocese of Seattle a dispensation from the Lenten obligation to abstain from meat on Friday for March 17, the feast of St. Patrick. The archbishop encourages anyone who wishes to take advantage of this dispensation to abstain from meat on another day of that week, or to substitute abstinence from meat with a personal penitential act offered for the success of the proclamation of the Gospel in western Washington, in honor of St. Patrick.



**Seattle Catholic Men's Conference:
Iron Sharpens Iron**

Theme: Spiritual Warfare
Saturday, April 8, 2017
St. Pius X Parish, Mountlake Terrace

Featuring Archbishop J. Peter Sartain
Danny Abramowicz, Fr. Cal Christiansen,
Fr. Bill Watson, SJ

\$45 registration at www.seattlemensconference.org

ARCHDIOCESAN PLANNING STUDY UPDATE |
Archbishop Sartain wants your input!

As many of you may know, Archbishop Sartain has been working to address several challenges facing the archdiocese. Over the next several weeks, everyone in our archdiocese is invited to take part in a planning study. The purpose of the study is to gather parishioner feedback regarding several archdiocesan-wide needs related to funding of retirement for clergy and religious, as well as local parish needs.

To participate in this important study, please go online to www.seattlearchdiocese.org and click on the "Planning Study Survey" link under the Archdiocesan Events and Activities section to learn more and provide comments. Use password: **Catholic**.

Thank you for taking your valuable time to provide the archdiocese with your feedback.

Family Formation

Our next Family Formation Sunday is on March 26th from 10:05-10:50. We will be discussing the virtue of Justice. Justice is: "being fair and giving each his due".



Justice is an important topic to discuss with you children. Please take a few minutes to talk about this at home. The family activities are important to continue doing. Virtues can only take hold when we make a point of practicing them daily. Perhaps, during this Lenten season, families can discuss how to show justice to the people in their lives: family members, teachers, classmates and the vulnerable in our neighborhoods. There are wonderful activities to do this month.

Please make a note that we will not be having class in April, so we will be discussing April's virtue of Justice at our next session.

Thanks for everyone's generosity in bringing in baked goods to share with our adults and children. Please continue this good work! It is appreciated by all. As always, coffee will be provided. See everyone on Sunday March 26th!

**LENTEN SOUP
SUPPER SIGN-UPS**



Calling all Chefs & Can Openers!

The Lenten Soup Suppers are upon us and we need volunteers to bring a crock pot of meatless soup one or more Fridays during Lent! The amount of soup should be able to serve around 10 people, cannot have any meat products, and needs to be brought to the Cafeteria no later than 5:30 pm. If you are interested in signing up to provide soup, please contact Veronica Olson in the parish office at veronica-cao@saintmarkshoreline.org or 206-364-7900. There are spots available on each Lenten Friday (March 17, 24, 31 and April 7) and we need YOU to help make Soup Suppers a success! Thank you!



Annual Drive

The goal for the St. Mark Parish School Annual Drive is \$60,000.00.

We are off to a great start with \$15,000.00. Please consider your gift for the Annual Drive today!