

23rd Sunday in Ordinary Time • September 6, 2015

MASS INTENTIONS

Sun.	Sept.	6	Sunday Masses
Mon.	Sept.	7	No Mass
Tues.	Sept.	8	Father Joe Altenhofen
Wed.	Sept.	9	Mitch Cook
Thurs.	Sept.	10	James Miller
Fri.	Sept.	11	Sean Kerrick
Sat.	Sept.	12	Matt Reddy+
Sun.	Sept.	13	Sunday Masses
Mon.	Sept.	14	No Mass
Tues.	Sept.	15	Kaylee Alvarado
Wed.	Sept.	16	Deceased Members of FOSS+
Thurs.	Sept.	17	Unger Family
Fri.	Sept.	18	Elsie Demers+
Sat.	Sept.	19	Luke Oledan+

HOSPITALITY IN SULLIVAN HALL

September 6—It's Labor Day and a labor of love for **Irene** to be back serving donuts.

September 13—Not quite sure yet who will be serving you this day.

FREQUENTLY REQUESTED NUMBERS

Boy Scouts: Dennis Halpin (206) 365-1971

Cub Scouts: Sean Monahan (608) 234-2931

Knights of Columbus: Jim O'Sullivan (206) 832-7231

St. Vincent de Paul: Mary Kay Snedden (206) 364-7900

Heaven Guild: Barbara Arnesen (206) 940-5010

Ladies Guild: Lynn Waterson (206) 849-5546

Funeral Reception Volunteers: Gini Harmon
(206) 364-6834

Marriage Help: Retrouvaille (206) 706-2608

Seniors & Friends: Judy Parsons (206) 367-1714

Holyhood Cemetery: (206) 363-8404

Beck's Funeral Home: (425) 771-1234

Harvey Funeral Home: (206) 632-0100

STEWARDSHIP 2015-16 The Sunday Collection through 8/30/2015

Weekly Amount Needed	Last Week's Collection	Needed Year to Date	Actual Given Year to Date	Shortfall Year to Date
\$ 15,137	\$ 12,063	\$ 136,233	\$ 132,099	(\$ 4,134)
Online Giving	# Online Givers	Amount Collected Online:		
	All Funds: 37	\$ 3,138		

CALENDAR

Mon.	9/7/15	Labor Day
		Family Rosary, 6:30 pm, Church
		Boy Scouts, 7 pm, Cafeteria
Tues.	9/8/15	K of C Meeting, 7 pm
		St. Vincent de Paul, 7:30 pm, Library
Wed.	9/9/15	BooHoo/YaHoo Reception for School Parents, 9 am, Sullivan Hall
		Heaven Guild, 11:30 am, Sullivan Hall
		RCIA Information Session, 6:30 pm, Sullivan Hall
		St. Gianna Molla Women's Reading Group, 7 pm, Parish Center Chapel
Fri.	9/11/15	Back to School Social, 7 pm, Cafeteria
Sun.	9/13/15	Third Order of Mary, 1:30 pm, Parish Center
Mon.	9/14/15	KofC Blood Drive, 4-8 pm, Bloodmobile
		Family Rosary, 6:30 pm, Church
		Boy Scouts, 7 pm, Cafeteria
		Light Weigh, 6 pm, Parish Center Chapel
Tues.	9/15/15	Respect Life, 7 pm, Parish Center
Wed.	9/16/15	RCIA, 6:30 pm
		St. Gianna Molla Women's Reading Group, 7 pm, Parish Center Chapel
Thurs.	9/17/15	Curriculum Night, 7 pm, Gym
Sun.	9/20/15	KofC 3rd Order Event
Mon.	9/21/15	Finance Council, 6:30 pm, Parish Center
		Family Rosary, 6:30 pm, Church
		Boy Scouts, 7 pm, Cafeteria
Tues.	9/22/15	Confirmation Orientation, 7 pm, Sullivan Hall



Pastor's Letter:



The Call of Saint Matthew by Caravaggio

Dear Brothers and Sisters in Christ,

Here's a great reflection as we begin the fall season:

Seeing Ourselves as God Sees Us

“We are used to seeing ourselves as the world sees us—broken, struggling, failing, and frustrated. But when God looks at you, an eternal and boundless love wells up inside Him and He sees past every doubt, every fear, everything you think is shameful or broken about you. When God looks at you, He sees something more beautiful, remarkable, and amazing than you could ever even wrap your head around. In the words of St. John Paul the Great, ‘We are not the sum of our weaknesses and failures; we are the sum of the Father’s love for us and our real capacity to become the image of His Son.’”

- Excerpt from Gregory K. Popcak’s book, *Broken Gods*

Blessings to you all for the week to come,

Fr. David Mulholland

A TIME TO HEAL...physically, emotionally, or spiritually

John Zamberlin, brother of Rose Buckley; **Joyce Koslosky**; **Helen Stephens**, cousin of Lisa Oshiro
Russ Cahoon, son-in-law of Joanne Banschbach; **Steve Abele**; **Shari Harrison & Ron Koch**, friends of Janet & Steve Abele
Ray Kelly, friend of Nadette Yarbrough; **Margie Gimness**, sister-in-law of Linda Gimness
Mary Ellen Maine, sister of Karen Favero; **Bob Schultz**; **Gemma Rose Householder**, grandchild of Steve and Janet Abele
Felito Maganis; **Lynn Ronald**; **Melinda Ekdahl and family**, daughter-in-law of Sylvia Ebert
Kathi Hunter, daughter of Jean Hunter; **Jeanne Connell**; **Aliza Lyubomirski**, friend of Todd & Cherie Chapman; **Paz Posadas**
Sean Kerrick, son-in-law of Connie Hanson; **Mamie Hutson**, friend of Vicki Russell
Kaylee Alvarado, granddaughter of Dan & Doris Staber; **Alice McCullough**; **Earl and Willma Calvin**, parents of Laura Reed
Veronica Rains; **Frank Cook**; **Jeanett Herrera**, cousin of Josie Martinez; **Silvester Mendoza**
Don Isham, **Lynette Campbell**, and **Rodney Campbell**, friends of Julie Bandy
JoAnne Boschee, mother in law of Trevor Schneider
Grace Prueter; **Myrlen Tagam**; **Zenaida Zimmerman**; **Rolando Polintan**, friend of Lourdes Maganis
Doris and Marvin, wife and brother-in-law of Walter Smith; **Mary Spalding and Stan Sifferman**, friends of Julie Bandy
Don Dadula; **Dorothy Munson**; **Greg Naputi**, son of Joan Naputi; **Baby Jacob Quehn**, great-nephew of Joan Naputi
Jean Tiberio; **Bobbie Sours**; **Shari Amundsen**; **Dick Amundsen**, brother-in-law of Mary Amundsen
Maritza Nolasco, friend of Mary Lou Jimenez; **Judy Arlene Smith**, sister of Gayle Hanks
Stephanie Bird, niece of Charlotte Arthur; **Timothy O'Neill**, brother of Charlotte Arthur; **Dorothy Holm**, sister of Veronica Rains
Neil Pearson; **Susan Riley**; **Joe Kassuba**, brother-in-law of Mary Amundsen
Sister Anne Cornelia, sister of Cornelia Miller; **Lynn Waterson**; **Angela Zamberlin**, niece of Rose Buckley
Patrick Buckley, brother of Bill Buckley; **Loraine Hoag**, mother of Jay Hoag; **Kari Stockholm**, friend of Julie Bandy
Bienvenido Mendoza, father of Flordeliza Atienza; **Kristin Cornuelle and Leland Stamm**, members of the Lombard Family
Annette and Rod Fischer; **Lori Tamayo**, friend of Zeny Manaloto; **Donna Barlett**, mother of Sheila King
John Arnesen, son of Barbara Arnesen; **Emilio Gonzalez**, grandson of Marsha Gonzalez; **Stephanie Hartung**
Franky San Nicholas Naputi, nephew of Joan Naputi; **Christopher Lasher**, friend of Janina Pacunski; **Scott Halfrich**
Mary Schantz; **Ursula Skinner**, friend of Jim and Barbara Doughty; **Vivian Russ**, aunt of Janet Abele; **Laura Alamillo**
Scott Strandberg, brother of Stephanie Hartung; **Frank Martinez**, father of Claire Becker; **Jeff Cornwell**
Marta Cady, sister of Kathy Keck; **Ann Marie Kurtz**, mother of Lisa Haynes; **Dolores Strandberg**, mother of Stephanie Hartung
Audi Edwards; **Willis Parsons**, son of Judy and Loren Parsons; **Patricia Arntzen**
Maria Shafer; **Elvin Dick**, father of Sidd Dick; **Dan Hine**; **Noah Amundsen**, grandson of Mary Amundsen
Doris Sykes; **Charlene Loback**; **Todd Munger**; **Ernesto Ladrido**; **Danilo Taliman**, friends of Julie Bandy
Bob and David Brancale, sons of Ann Brancale; **Jennifer Osburn**
Rhonda Stegall-Webb, friend of Paul Jensen; **Logan Shepard**, great grandson of Ted & Harriet Miller
Gloria Abiang, mother of Pauline Cruz; **Cindy Stendera Gould**, daughter of Bertha Stendera
Walker Chapman, **Sam and Don Glasnovich**, nephews of Cherie and Todd Chapman; **Marty Liwag**, friend of Maria Arntson
Randy Rains, son of Veronica Rains; **Ann Gordon**; **Riliegh McConaughy**, great granddaughter of Betty Robeson
Rena Britz; **Joaquin Naputi**; **Cherie Chapman**; **Mary Olson**; **Darlene English**

A TIME TO REMEMBER THOSE WHO SERVE OUR COUNTRY IN THE MILITARY

1st Lt. Owen Stratton, USA, deployed overseas, son of Tom and Cory Stratton;
Andrew T. Kerrick, Airman 1st Class USAF, grandson of Connie Hanson
Ensign Dylan Thomas Jessum, USN, grandson of Tom and Mary Pat Lord
PFC Isaiah Thorne, USMC, son of John and AnnaLise Thorne;
David Leitzen, SPC, US Army, grand-nephew of Mrs. Elenor Loarie Schoen, and nephew of Teresa and Elenor K. Schoen
Annika Jensen, IT3, USN (deployed), daughter of Paul and Maryjane Jensen
Taylor Amundsen, USAF, grandson of Mary Amundsen; **John E. Eaton, S/Sgt USMC**, grandson of Evelyn Combe
Bryant McDaniel, USAF, nephew of James and Lynn Ronald; **Michael Angelo Silang, USN**
Mark Anthony Silang, USMC; **Matthew Johnson, USAF**, grandson of Helen Bradley
Christopher Abele, ITC (SW/IDW) USN, son of Steven and Janet Abele
Nathan Keiffer, Airman 1st Class, USAF, son of Nigel and Cheryl Keiffer; **Zachary Sharp, USAR**, grandson of Nigel and Cheryl

A TIME TO MOURN...

"May He support us all the day long, till the shades lengthen and the evening comes, and the busy world is hushed, and the fever of life is over, and our work is done. Then in His mercy may He give us a safe lodging, and a holy rest, and peace at the last." J. H. Cardinal Newman

Hope and Healing after Abortion—Project Rachel:

Before I made my decision to come to the retreat, I wanted to be in a place where no one would judge me for my past. I found a great place where I left my pain and suffering and at the retreat I learned that I needed to trust God. I now have started a new chapter in my life and a huge weight has been lifted off my shoulders."

-Testimonial from Retreatant

Come on retreat and discover what it feels like to have your burden lifted. The next local retreat is November 13-15. For more information, contact Valerie at 1-800-822-HOPE (4673).

NEW LIGHT WEIGH SESSION - AN INVITATION TO A TRANSFORMATION!

Would you like to learn how to gain peace with food before Christmas? A Light Weigh One King Orientation is being held at 6 – 7 pm in Sullivan Hall on September 14. All are welcome to learn how this Catholic 12-week Bible Study--DVD program helps people lose weight and achieve peace with food, through freedom found in Christ. There are no weigh-ins. New research shows that church based meetings increase people's weight-loss success. Let Our LORD and King help you break free and achieve peace with food. Learn to overcome your temptation to overeat or any other temptation in your life that you feel is controlling you and keeping you chained!

You can also watch the orientation video on YouTube at <https://www.youtube.com/watch?v=fS6YLpYD22Y> and then come and register at 6:30pm on Monday, September 14 or register by email with Rebecca Anderson. For questions or to RSVP contact Rebecca Anderson 206-718-1205 or at becsterbear@gmail.com

Regular meetings will be held on Mondays, 7:00-8:30pm in Sullivan Hall beginning October 5 and meet consecutively until December 21.

GOT LIFE? GET TICKETS!

Tickets are now on sale after all the Masses for the parish's 5th Annual Respect Life/ KofC Dinner which is Saturday, October 3. Price is the same as last year for this delicious 3-course dinner: \$30 each. But this year you will have a CHOICE of Salmon or Chicken for your entree. Mark your calendar and get your ticket for this life affirming and fellowship sharing evening. More details to come, but get your tickets now!

ARE YOU GOING THROUGH A DIFFICULT TIME IN YOUR MARRIAGE?

Do you wish you could take back divisive or mean spirited words and actions? It is possible to move past this hurt.

Retrouaille (pronounced retro-v) helps struggling couples rediscover each other and take positive steps to begin a new life of healing, commitment and love. For confidential information about, or to register for our upcoming program beginning Sept 18-20, 2015 call 360-671-6479 or visit our website at www.HelpOurMarriage.com.

Mission Statement

for our parish:

“Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age.” - Matthew 28:19-20

Vision Statement

for our parish:

“They devoted themselves to the teaching of the apostles and to the communal life, to the breaking of the bread and to the prayers. Awe came upon everyone and many wonders and signs were done through the apostles... they ate their meals with exultation and sincerity of heart, praising God and enjoying favor with all the people. And every day the Lord added to their number those who were being saved.” - Acts 2:42

YEAR ROUND PRAYER VIGILS...

Abortions happen every day in our community. Striving to serve the unborn and their mothers by giving them lifesaving choices, the local chapter of Helpers of God's Precious Infants prayerful prays at local Planned Parenthood locations most Saturdays all year long. Contact Helpers of God's Precious Infants at www.seattlehelpers.org for more details check out the "Come Pray With Us" link.

BLOODMOBILE AT ST. MARK

The Bloodmobile will be here on Monday, September 14 from 4 pm to 7 pm. For information or to sign up contact Mike Connell at 206-446-4577.

Today, may there be peace within you. May you trust God. You are exactly where you are meant to be. May you not forget the infinite possibilities that are born of faith. May you use the gifts that you have received and pass on the love that has been given to you. May you be content knowing you are a child of God. Let this presence settle into your bones and allow your soul the freedom to sing, dance, praise and love. It is there for each and every one of us. Saint Theresa



Family Religious Education

IMPORTANT MEETINGS

- **CONFIRMATION:** September 22 at 7:00 pm in Sullivan Hall.
- **1ST COMMUNION AND 1ST RECONCILIATION:** September 23 at 7:00 pm in 2nd Grade Classroom (Parents of **all** 1st communicants should attend.)
- **FAMILY RELIGIOUS EDUCATION** September 27 at 10:10 am (after 9:00 Mass) in 2nd Grade Classroom
- **RCIA**
Classes begin September 9 at 6:30 p.m. for all those interested in becoming Catholic, or those just wanting to learn more about our Faith.

FEASTS TO CELEBRATE

September 8 is the Feast of the Nativity of the Blessed Virgin Mary; celebrate her birthday with birthday cake (of course!) and sing the Regina Caeli. September 12 brings us another day to celebrate Mary, with the Feast of the Most Holy Name of Mary. Cut out the letters of Mary's name, decorate them, and hang them up in your home; pray a rosary!

BOOKS AND BLOGS

Are you looking for something to inspire your family's faith formation at home? Try "The Catholic Home" by Meredith Gould. She has some simple ways to bring the beauty of our liturgical calendar into your home, from simple decorations to baptism anniversary celebrations!

TECHNOLOGY GRANT

Our school was recently awarded a \$20,000 grant for technology improvements! We are excited to add 30 laptops that will be available for all of our classrooms to use, in addition to our already fantastic computer lab. The grant will also allow us to upgrade our internet service and add WiFi.

AUCTION NEWS

It's never too early to begin procuring for our annual Parish auction! This year's theme, Meet Me in Paris, will be held on April 16, 2016 and is sure to be a beautiful event. If you are looking for a way as a parishioner to help the school, volunteering for our auction committee is a great way to do so! We are always looking for extra hands. Contact Maggie Hemmen via email at: maggiehemmen@yahoo.com to discover all the many ways you can help.

OPEN HOUSE

There will be an Open House from 9:00 a.m. to 1:00 p.m. on Sunday October 11. Come visit with parents and students and see what our Parish School has to offer!

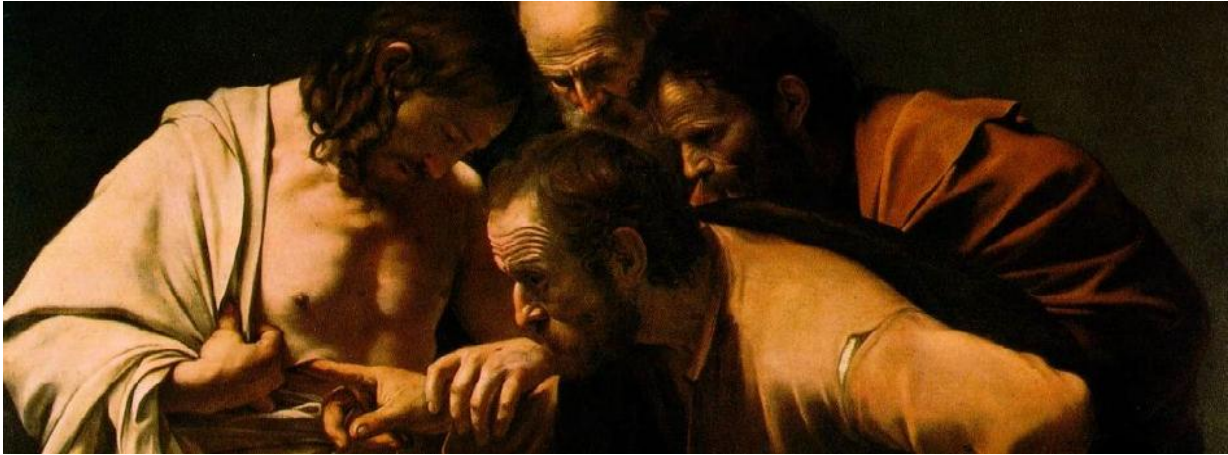
JOG-A-THON

Don't forget to sponsor your favorite Saint Mark Students for the annual school Jog-A-Thon, scheduled to take place on September 25. This is a great, easy fundraiser for the school, where 100% of the money donated goes toward our school!

Please keep our school, students, and teachers in your prayers as we ready ourselves for this next school year, which begins Wednesday, September 9.

SAINT MARK PARISH

Rite of Christian Initiation for Adults (RCIA)



Faith in Christ begins with your questions.....

Do you have questions about the God, Jesus, and the Catholic Church? Are you thinking about becoming Catholic? Would you like some firsthand experience about how to . . .

- Develop a prayer life;
- Be serious about converting your life to Christ;
- Learn what “next steps” to take;
- Get helpful guidance that addresses your real needs;
- Find solid & reliable information about what the Church really teaches?

. . . then the RCIA (Rite of Christian Initiation for Adults) is for you! RCIA is for people who want to know more about Jesus Christ and His Church. It is also for those who desire to become Catholic and be received into full communion in the Catholic Church.

First Information Session is on

Wednesday, September 9th at 6:30 p.m. in Sullivan Hall

Please call the Parish Office at 364-7900 to sign up!

Already Catholic?

If you love your faith and would like to help mentor someone on their journey, sign up to become a sponsor! Please call Jenna Holloway in the Parish Office at 364-7900