



# Pastor Letter: Tribute

## A TIME TO HEAL...physically, emotionally, or spiritually

Jeanne Connell

Aliza Lyubomirski, friend of Todd & Cherie Chapman; **Paz Posadas; Holly Weller**, daughter-in-law of Dennis and Joanne Weller  
**Sean Kerrick**, son-in-law of Connie Hanson; **Mamie Hutson**, friend of Vicki Russell  
**Kaylee Alvarado**, granddaughter of Dan & Doris Staber; **Alice McCullough; Earl and Willma Calvin**, parents of Laura Reed  
**Mary Ann Boley**, sister of Rose Buckley **Veronica Rains; Gene Savitz**, friend of Janet Abele; **Frank Cook**  
**Jeanett Herrera**, cousin of Josie Martinez;  
**Silvester Mendoza; Don Isham, Lynette Campbell, and Rodney Campbell**, friends of Julie Bandy  
**JoAnne Boschee**, mother in law of Trevor Schneider; **Roger Lageschulte**, friend of Steve and Janet Abele  
**Grace Prueter; David Johnson**, brother-in-law of Joe and Joanne Tall  
**Myrlen Tagam; Zenaida Zimmerman; Gil Martelino and Rolando Polintan**, friends of Lourdes Maganis  
**Doris and Marvin**, wife and brother-in-law of Walter Smith; **Mary Spalding and Stan Sifferman**, friends of Julie Bandy  
**Don Dadula; Dorothy Munson; Greg Naputi**, son of Joan Naputi; **Baby Jacob Quehn**, great-nephew of Joan Naputi  
**Jean Tiberio; Bobbie Sours; Shari Amundsen; Dick Amundsen**, brother-in-law of Mary Amundsen  
**Maritza Nolasco**, friend of Mary Lou Jimenez; **Judy Arlene Smith**, sister of Gayle Hanks  
**Stephanie Bird**, niece of Charlotte Arthur; **Timothy O'Neill**, brother of Charlotte Arthur; **Dorothy Holm**, sister of Veronica Rains  
**Laurel Quinn**, niece of Millie Stevens; **Neil Pearson; Susan Riley; Joe Kassuba**, brother-in-law of Mary Amundsen  
**Sister Anne Cornelia**, sister of Cornelia Miller; **Lynn Waterson**  
**Don Dadula; Angela Zamberlin**, niece of Rose Buckley; **Bob Brancale**, son of Anne Brancale  
**Patrick Buckley**, brother of Bill Buckley; **Loraine Hoag**, mother of Jay Hoag; **Kari Stockholm**, friend of Julie Bandy  
**Bienvenido Mendoza**, father of Flordeliza Atieneza; **Kristin Cornuelle and Leland Stamm**, members of the Lombard Family  
**Annette and Rod Fischer; Alan Schneider**, brother of Bob Schneider  
**Lori Tamayo**, friend of Zeny Manaloto; **Donna Barlett**, mother of Sheila King; **John Arnesen**, son of Barbara Arnesen  
**Emilio Gonzalez**, grandson of Marsha Gonzalez; **Stephanie Hartung; Franky San Nicholas Naputi**, nephew of Joan Naputi  
**Christopher Lasher**, friend of Janina Pacunski; **Makenzie Garlock**, friend of Steve and Janet Abele; **Hugo Draye; Scott Halfrich**  
**Mary Schantz; Ursula Skinner**, friend of Jim and Barbara Doughty; **Vivian Russ**, aunt of Janet Abele; **Laura Alamillo**  
**Scott Strandberg**, brother of Stephanie Hartung; **Frank Martinez**, father of Claire Becker; **Jeff Cornwell**  
**Marta Cady**, sister of Kathy Keck; **Ann Marie Kurtz**, mother of Lisa Haynes; **Dolores Strandberg**, mother of Stephanie Hartung  
**Audi Edwards; Willis Parsons**, son of Judy and Loren Parsons; **Patricia Arntzen**;  
**Maria Shafer; Elvin Dick**, father of Sidd Dick; **Dan Hine; Noah Amundsen**, grandson of Mary Amundsen  
**Doris Sykes; Charlene Loback; Todd Munger; Ernesto Ladrido; Danilo Taliman**, friends of Julie Bandy  
**Greg McBride; David Brancale**, son of Ann Brancale; **Jennifer Osburn**  
**Rhonda Stegall-Webb**, friend of Paul Jensen; **Logan Shepard**, great grandson of Ted & Harriet Miller  
**Gloria Abiang**, mother of Pauline Cruz; **Cindy Stendera Gould**, daughter of Bertha Stendera  
**Walker Chapman, Sam and Don Glasnovich**, nephews of Cherie and Todd Chapman; **Marty Liwag**, friend of Maria Arntson;  
**Randy Rains**, son of Veronica Rains; **Ann Gordon; Riliegh McConaughy**, great granddaughter of Betty Robeson  
**Rena Britz; Joaquin Naputi; Cherie Chapman; Mary Olson; Darlene English**

## A TIME TO REMEMBER THOSE WHO SERVE OUR COUNTRY IN THE MILITARY

**1st Lt. Owen Stratton, USA**, deployed overseas, son of Tom and Cory Stratton;  
**Andrew T. Kerrick, Airman 1<sup>st</sup> Class USAF**, grandson of Connie Hanson  
**Ensign Dylan Thomas Jessum, USN**, grandson of Tom and Mary Pat Lord  
**PFC Isaiah Thorne, USMC**, son of John and AnnaLise Thorne;  
**David Leitzen, SPC, US Army**, grand-nephew of Mrs. Elenor Loarie Schoen, and nephew of Teresa and Elenor K. Schoen  
**Darryl W. Bradshaw, US Coast Guard**, nephew of Paul and Maryjane Jensen  
**Annika Jensen, USN**, daughter of Paul and Maryjane Jensen  
**Taylor Amundsen, USAF**, grandson of Mary Amundsen; **John E. Eaton, S/Sgt USMC**, grandson of Evelyn Combe  
**Bryant McDaniel, USAF**, nephew of James and Lynn Ronald; **Michael Angelo Silang, USN**  
**Mark Anthony Silang, USMC; Matthew Johnson, USAF**, grandson of Helen Bradley  
**Christopher Abele, IT1 (SW/IDW) USN**, son of Steven and Janet Abele  
**Nathan Keiffer, Airman 1st Class, USAF**, son of Nigel and Cheryl Keiffer; **Zachary Sharp, USAR**, grandson of Nigel and Cheryl

## A TIME TO MOURN...

**Meagan Smith**, friend of Michael Nim  
**Grayce Glim**

"May He support us all the day long, till the shades lengthen and the evening comes, and the busy world is hushed, and the fever of life is over, and our work is done. Then in His mercy may He give us a safe lodging, and a holy rest, and peace at the last." J. H. Cardinal Newman

PLEASE WELCOME....



**Jenna Holloway**

We are pleased to announce a new addition to the staff of Saint Mark Parish and School! Jenna Holloway joins us in a dual role: *Coordinator for Faith Formation* with the parish and *Development Director* with the school. Jenna will be responsible for coordinating our faith formation programs, including baptism preparation, Christian initiation, confirmation and our Family Religious Education program, including sacramental preparation for children. As a very active school parent and, given her love of and commitment to our school, Jenna is also excited to serve in the new role of Development Director. She will work closely with Mrs. Keck, the school commission, and the Parent Club as we endeavor to increase our pupil enrollment, enhance our fundraising efforts, and reach out to our alumni. We are very happy that Jenna will be serving our community in these roles!

### Mission Statement

for our parish:

“Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age.”  
- Matthew 28:19-20

### Vision Statement

for our parish:

“They devoted themselves to the teaching of the apostles and to the communal life, to the breaking of the bread and to the prayers. Awe came upon everyone and many wonders and signs were done through the apostles...they ate their meals with exultation and sincerity of heart, praising God and enjoying favor with all the people. And every day the Lord added to their number those who were being saved.” - Acts 2:42

**John Paul II Healing Center  
presents:**

# Healing the Whole Person

**August 21-23, 2015**

Each one of us has the inner desire to be happy and fulfilled in life. But for most of us, this remains an unfulfilled dream. Because of sin, our own and the sin of others upon us, we are a broken and wounded people. This causes us to be unhappy and discouraged. It can also cause us to have a distorted view of our true lives and the grace that God desires to give us to live joyful, happy, and whole lives....in abundance! Our brokenness makes us our own worst enemy....and therefore we resist rather than embrace the gifts God desires to give us.

Dr. Bob Schuchts will help us to see the root of the brokenness and wounds of our lives. With the time tested teachings, guidance, and prayer of the Church, he will show us how to invite the Lord Jesus into our lives, and into our woundedness, in order to bring about a transformative healing that will begin to make us whole....and lead us to the abundant life that is God's promises to us in Jesus.

*Fr. Mulholland*

Dr. Bob Schuchts is a licensed marriage and family therapist who has integrated his Catholic faith and the charism of healing into his therapy practice and teaching/training activities for more than thirty-five years. Schuchts is the founder and president of the John Paul II Healing Center in Tallahassee, Florida, where he and his team offer healing and training conferences for many audiences including priests, seminarians, religious, married people, and lay people of all ages and stages of life. Among the most frequently attended is "Healing the Whole Person," (a healing conference). Schuchts and his wife Margie have been married for thirty-seven years and have two married daughters and seven grandchildren. They live in Tallahassee, Florida. Register at:

[www.JPIIHealingCenter.org](http://www.JPIIHealingCenter.org)

## **LAST CHANCE!**

There are only 6 seats left for Father's pilgrimage to France and Italy. This is a trip of a lifetime with a great host. C'mon, take the plunge—you won't be sorry and you will hold these memories forever.

*"My Friends, this promises to be a blessed and spiritual journey."*

*Fr. David Mulholland*

For information call Janina at **253-241-6177**

## **BULLETIN ADVERTISING**

Please take a look at the back of the bulletin. See all of those empty spaces? Catholic Printery furnishes us with our weekly bulletin cover at no cost; the cost is paid by area businesses. If we don't have ads, we don't have a bulletin cover. What can you do? If you have a business, consider buying ad space by contacting John Hitt at 1-800-867-0660. If you just read the bulletin, please patronize our advertisers so that they will continue to advertise.

## **SCHOOL REGISTRATION IS OPEN FOR THE 2015-2016 SCHOOL YEAR**

Your Catholic school is enrolling for the 2015-2016 school year. If Catholic Education is a priority for your family, we will work with you to make it fit in your budget! Give the gift of Catholic Education to your child or grandchild! Call today:

**206-364-1633**

**St. Mark Parish School is "Catholic to the Core"!**

School Families, please remember, if you bring in a new family and they register, \$250 (registration fee) will be credited to your tuition next year.

You are St. Mark's best advertisement.

Bring in a new family!

**WE HAVE RECEIVED DONATIONS** to our **School Endowment Fund** in memory of **Lori Tamayo, Charles Combe, John Hixon, St. Mark Schoolchildren, Margaret Osgood, Rollie Blanchette, Dan & Doris Staber, Robert & Winona Wartinger, Robert Amundsen, Wanda Jensen, Kenny Jensen, Maribel Taguba Santos.** And for the birthday of **Mark Anthony Silang.**

We want to acknowledge and *thank* everyone who regularly contributes to the Endowment Fund at **St. Mark Parish School.**

Each month you have the opportunity to increase the **St. Mark School Endowment** through the gold envelope included in your parish envelope pack.

## CHECK LIST....

- Cereal
- Stew
- Soup
- Chili
- Canned Vegetables
- Canned Fruit
- Peanut Butter
- Jam
- Tuna
- Toilet Paper



Father St. Vincent went to the cupboard to fill up his box for the needy, but when he got there the cupboard was bare so he shouted out to the parish, "Help me out here! Buy some extras next time you go shopping."

## ST. MARK CONFERENCE

June, 2015 MONTHLY PARISH REPORT

# of families in St. Mark helped by St. V de P ..... 64  
 # of individuals helped by St. Mark St. V de P ..... 156  
 families/individuals referred ..... 6/8  
 Hauled 2 dressers and chair to transfer station.

Took client to have car tabs renewed.

### Cash Expenditures

Rent..... \$ 2,551  
 Light .....2,042  
 Fuel gift cards .....75  
 Transportation ..... 394  
 Utilities ..... 511  
 Safeway food/pharmacy .....1,900  
 Medical ..... 132  
 Banking Fees.....16  
 Total Expenses: ..... \$7,621

### Income Received

Meeting collections..... \$ 86  
 Poor Box Donations .....65  
 Envelope Collection.....1,819  
 Total Income ..... \$ 1,970  
 Net Loss ..... \$ 5,650

(Loss covered by previous surplus)

### In-kind Assistance

Boxes/bags of food & supplies..... 4/50  
 Religious Pamphlets, etc..... 36  
 Bus Tickets.....66  
 Bags/boxes of diapers ..... 1  
 Resource Lists/Health info sheets ..... 7  
 Packs of bottled water ..... 11

Please feel free to donate anytime during the month in the collection basket, or for non-perishable foods, the basket in the vestibule. **August 1-2, 2015 is the next monthly St. Vincent collection. Yikes, that's next weekend!**



## CONSIDERING SEPARATION OR DIVORCE?

There is an alternative – it's called Retrouvaille (pronounced retro-v ). Retrouvaille has helped tens of thousands of troubled marriages, bringing reconciliation and healing to seemingly hopeless situations. You are not alone. For confidential information about, or to register for our upcoming program beginning Sept 18-20, 2015 call 360-671-6479 or visit our website at [www.HelpOurMarriage.com](http://www.HelpOurMarriage.com).

*"Are we often weary, disheartened, and sad? Do we feel weighed down by our sins? Do we think that we won't be able to cope? Let us not close our hearts, let us not lose confidence, let us never give up. I think this is truly the most wonderful experience we can have: to belong to a people walking, journeying through history together with our Lord, who walks among us! We are not alone; we do not walk alone. We are part of the one flock of Christ that walks together." Pope Francis*

## SPIRITUAL ADOPTION – MONTH #4

Well, your little baby now weighs six ounces. He has fingernails and eyelashes. He has his own unique fingerprints, which will remain the same until he dies. His taste buds are working. His sense of hearing is developing and present at 14 weeks. There are no major developments anymore. Your spiritually adopted baby is already well-formed, internally and externally. At this stage rapid eye movements have been observed – a sign of dreaming. What a miracle he is!

## RACHEL'S CORNER -

### ***HOPE AND HEALING AFTER ABORTION***

*"I experienced a great inner healing as a result of attending a Rachel's Vineyard™ retreat. It is a wonderful way to forgive yourself, find the unconditional love of Christ and grieve the loss of your little child."*

**Come on a Rachel's Vineyard Retreat™ and be infused with the merciful and infinite love of Jesus.**

**Next retreat is July 31 – Aug 2, 2015. Contact Valerie at 1-800-822-HOPE (4673)**

*You are loved with an everlasting Love! Project Rachel is a program of Catholic Community Services.*

## YEAR-ROUND PRAYER VIGILS...

Abortions happen every day in our community. Striving to serve the unborn and their mothers by giving them lifesaving choices, the local chapter of Helpers of God's Precious Infants prayerful prays at local Planned Parenthood locations most Saturdays all year long. Contact Helpers of God's Precious Infants at [www.seattlehelpers.org](http://www.seattlehelpers.org) for more details check out the "Come Pray With Us" link.