

13th Sunday in Ordinary Time • June 28, 2015

MASS INTENTIONS

Sun.	June	28	Sunday Masses
Mon.	June	29	No Mass
Tues.	June	30	Anniversary of John & Sandy Dawes
Wed.	July	1	Betty Gibson+
Thurs.	July	2	Margaret Palmquist+
Fri.	July	3	Maria Socorro Mendoza OCDS+
Sat.	July	4	Cecilia Rogers+
Sun.	July	5	Sunday Masses
Mon.	July	6	No Mass
Tues.	July	7	Leo Trainer+
Wed.	July	8	Alice McCullough
Thurs.	July	9	Maria Pascucci Crisafulli+
Fri.	July	10	Enrico Crisafulli+
Sat.	July	11	Adrian Martin

HOSPITALITY IN SULLIVAN HALL

June 28—Donut Angels are fluttering in to serve donuts and sprinkle angel dust all over Sullivan Hall. Come join them—this should be interesting.

July 5—Sorry, the School Families are all on vacation so there will not be any donuts.

FREQUENTLY REQUESTED NUMBERS

Boy Scouts: Dennis Halpin (206) 365-1971
Cub Scouts: Sean Monahan (608) 234-2931
Knights of Columbus: Jim O'Sullivan (206) 832-7231
St. Vincent de Paul: Mary Kay Snedden (206) 364-7900
Heaven Guild: Barbara Arnesen (206) 940-5010
Ladies Guild: Lynn Waterson (206) 849-5546
Funeral Reception Volunteers: Gini Harmon
 (206) 364-6834
Marriage Help: Retrouvaille (206) 706-2608
Seniors & Friends: Judy Parsons (206) 367-1714
Holyrood Cemetery: (206) 363-8404
Beck's Funeral Home: (425) 771-1234
Harvey Funeral Home: (206) 632-0100

STEWARDSHIP 2014-15 The Sunday Collection through 6/21/2015

Weekly Amount Needed	Last Week's Collection	Needed Year to Date	Actual Given Year to Date	Shortfall Year to Date
\$ 15,500	\$ 12,606	\$ 790,500	\$ 768,910	(\$ 21,590)
Online Giving	# Online Givers All Funds: 33		Amount Collected Online: \$ 2,018	

CALENDAR

Sun.	6/28/15	Respect Life Rosary after 9 am Mass, Affirmation of Life Monument n/o Church
Mon.	6/29/15	Family Rosary, 6:30 pm, Church Boy Scouts, 7 pm, Cafeteria Light Weigh, 7 pm, Parish Center Chapel
Sat.	7/4/15	4th of July!
Mon.	7/6/15	Family Rosary, 6:30 pm, Church Boy Scouts, 7 pm, Cafeteria Light Weigh, 7 pm, Parish Center Chapel
Sun.	7/12/15	Third Order of Mary, 1:30 pm, Parish Center Chapel
Mon.	7/13/15	Family Rosary, 6:30 pm, Church Boy Scouts, 7 pm, Cafeteria Light Weigh, 7 pm, Parish Center Chapel
Tues.	7/14/15	K of C Meeting, 7 pm St. Vincent de Paul, 7:30 pm, Library
Mon.	7/20/15	Family Rosary, 6:30 pm, Church Boy Scouts, 7 pm, Cafeteria Light Weigh, 7 pm, Parish Center Chapel
Sat. Sun.	7/25/15-7/26/15	St. Vincent de Paul Stuff the Truck Rummage Collection
Sun.	7/26/15	Respect Life Rosary after 9 am Mass, Affirmation of Life Monument n/o Church
Tues.	7/28/15	K of C Officer Meeting, 7 pm St. Vincent de Paul, 7:30 pm, Library
Sat.	8/1/15	Prayer Vigil, 10 am, Northgate Planned Parenthood
Mon.	8/3/15	Family Rosary, 6:30 pm, Church Boy Scouts, 7 pm, Cafeteria Light Weigh, 7 pm, Parish Center Chapel



Staff Letter: Tribute



Annette and Mary Pat



Inscription on the bench...

“Cherish the children, especially the naughty ones.”
Annette Fischer

In 1989 Mary Pat Lord, Annette Fischer, and Barbara Derkacht started the preschool program at St. Mark. Mary Pat retired in 2003 and Annette worked until 2007, when she started to show memory problems. She always loved her time with the children and incorporated her talent for arts and crafts in teaching motor skills and independence to them, all the while being a joyful witness of their achievements.

In a loving tribute of her years at St. Mark, her husband Rod has created a patio and bench area at the north end of the Parish Office building. Annette celebrated her birthday at the new patio area with family and friends. Please keep Annette and Rod in your continued prayers.

A TIME TO HEAL...physically, emotionally, or spiritually

Holly Weller (in Medjugorje) , daughter-in-law of Dennis and Joanne Weller
Sean Kerrick, son-in-law of Connie Hanson; **Mamie Hutson**, friend of Vicki Russell
Kaylee Alvarado, granddaughter of Dan & Doris Staber; **Alice McCullough; Earl and Willma Calvin**, parents of Laura Reed
Mary Ann Boley, sister of Rose Buckley; **Elizabeth McIntosh**, cousin of Rose Buckley
Veronica Rains; Gene Savitz, friend of Janet Abele; **Frank Cook; Jeanett Herrera**, cousin of Josie Martinez
Silvester Mendoza; Don Isham, Lynette Campbell, and Rodney Campbell, friends of Julie Bandoy
JoAnne Boschee, mother in law of Trevor Schneider; **Paz Posadas; Roger Lageschulte**, friend of Steve and Janet Abele
Grace Prueter; David Johnson, brother-in-law of Joe and Joanne Tall
Myrlen Tagam; Zenaida Zimmerman; Gil Martelino and Rolando Polintan, friends of Lourdes Maganis
Doris and Marvin, wife and brother-in-law of Walter Smith; **Mary Spalding and Stan Sifferman**, friends of Julie Bandoy
Don Dadula; Dorothy Munson; Greg Naputi, son of Joan Naputi; **Baby Jacob Quehn**, great-nephew of Joan Naputi
Jean Tiberio; Bobbie Sours; Shari Amundsen; Dick Amundsen, brother-in-law of Mary Amundsen
Maritza Nolasco, friend of Mary Lou Jimenez; **Judy Arlene Smith**, sister of Gayle Hanks
Stephanie Bird, niece of Charlotte Arthur; **Timothy O'Neill**, brother of Charlotte Arthur; **Dorothy Holm**, sister of Veronica Rains
Laurel Quinn, niece of Millie Stevens; **Neil Pearson; Susan Riley; Joe Kassuba**, brother-in-law of Mary Amundsen
Sister Anne Cornelia, sister of Cornelia Miller; **Lynn Waterson**
Don Dadula; Angela Zamberlin, niece of Rose Buckley; **Bob Brancale**, son of Anne Brancale
Patrick Buckley, brother of Bill Buckley; **Loraine Hoag**, mother of Jay Hoag; **Kari Stockholm**, friend of Julie Bandoy
Bienvenido Mendoza, father of Flordeliza Atieneza; **Kristin Cornuelle and Leland Stamm**, members of the Lombard Family
Annette and Rod Fischer; Alan Schneider, brother of Bob Schneider
Lori Tamayo, friend of Zeny Manaloto; **Donna Barlett**, mother of Sheila King; **John Arnesen**, son of Barbara Arnesen; **Jeanne Connell**
Emilio Gonzalez, grandson of Marsha Gonzalez; **Stephanie Hartung; Franky San Nicholas Naputi**, nephew of Joan Naputi
Christopher Lasher, friend of Janina Pacunski; **Makenzie Garlock**, friend of Steve and Janet Abele; **Hugo Draye; Scott Halfrich**
Mary Schantz; Ursula Skinner, friend of Jim and Barbara Doughty; **Vivian Russ**, aunt of Janet Abele; **Laura Alamillo**
Scott Strandberg, brother of Stephanie Hartung; **Frank Martinez**, father of Claire Becker; **Jeff Cornwell**
Marta Cady, sister of Kathy Keck; **Ann Marie Kurtz**, mother of Lisa Haynes; **Dolores Strandberg**, mother of Stephanie Hartung
Audi Edwards; Willis Parsons, son of Judy and Loren Parsons; **Patricia Arntzen;**
Maria Shafer; Elvin Dick, father of Sidd Dick; **Dan Hine; Noah Amundsen**, grandson of Mary Amundsen
Doris Sykes; Charlene Lobeck; Todd Munger; Ernesto Ladrido; Danilo Taliman, friends of Julie Bandoy
Greg McBride; David Brancale, son of Ann Brancale; **Jennifer Osburn**
Rhonda Stegall-Webb, friend of Paul Jensen; **Logan Shepard** , great grandson of Ted & Harriet Miller
Gloria Abiang, mother of Pauline Cruz; **Cindy Stendera Gould**, daughter of Bertha Stendera
Walker Chapman, Sam and Don Glasnovich, nephews of Cherie and Todd Chapman; **Marty Liwag**, friend of Maria Arntson;
Randy Rains, son of Veronica Rains; **Ann Gordon; Riliegh McConaughy**, great granddaughter of Betty Robeson
Rena Britz; Joaquin Naputi; Cherie Chapman; Mary Olson; Darlene English

A TIME TO REMEMBER THOSE WHO SERVE OUR COUNTRY IN THE MILITARY

Andrew T. Kerrick, Airman 1st Class USAF to Military Section , grandson of Connie Hanson
Ensign Dylan Thomas Jessum, USN, grandson of Tom and Mary Pat Lord
PFC. Isaiah Thorne, USMC, son of John and AnnaLise Thorne;
David Leitzen, SPC, US Army, grand-nephew of Mrs. Elenor Loarie Schoen, and nephew of Teresa and Elenor K. Schoen
Darryl W. Bradshaw, US Coast Guard, nephew of Paul and Maryjane Jensen
Annika Jensen, USN, daughter of Paul and Maryjane Jensen
Taylor Amundsen, USAF, grandson of Mary Amundsen; **John E. Eaton, S/Sgt USMC**, grandson of Evelyn Combe
Bryant McDaniel, USAF, nephew of James and Lynn Ronald; **Michael Angelo Silang, USN**
Mark Anthony Silang, USMC; Matthew Johnson, USAF, grandson of Helen Bradley
Christopher Abele, IT1 (SW/IDW) USN, son of Steven and Janet Abele
Nathan Keiffer, Airman 1st Class, USAF, son of Nigel and Cheryl Keiffer
Zachary Sharp, USAR, grandson of Nigel and Cheryl Keiffer

A TIME TO MOURN...

Merald Leenknecht

"May He support us all the day long, till the shades lengthen and the evening comes, and the busy world is hushed, and the fever of life is over, and our work is done. Then in His mercy may He give us a safe lodging, and a holy rest, and peace at the last." J. H. Cardinal Newman

CATHOLIC WOMEN REJOICE

Join us Saturday, August 29, 2015 at St. Joseph Parish in Vancouver, WA for the 4th Annual Catholic Women Rejoice conference! This year's evening-only event, themed "Behold, I make all things new," includes Mass, Confession, vendors, door prizes, and nationally-acclaimed speakers Jennifer Fulwiler (www.conversiondiary.com), Kelly Wahlquist (www.kellywahlquist.com), & CWR Founder and local Catholic Radio Host Heather Renshaw. Seating is limited with an August 8 registration deadline, so register today: www.catholicwomenrejoice.com. For general inquiries e-mail: info@catholicwomenrejoice.com.

FEATURED RESPECT LIFE RESOURCE:

Patients Rights Council

<http://www.patientsrightscouncil.org/>

PRC is committed to the principle that you have the right to know all the facts about the critical issues of life, death, and assisted suicide.

Few issues are as important as the compassionate treatment and care for those who are most vulnerable.

SPIRITUAL ADOPTION - 3RD MONTH

Thank you for praying for me. I'm now three months old now. I'm about 3 inches long and I weigh one ounce. That's not much, but I'm fully formed and can even suck my thumb! We are at the end of the first trimester! Your spiritually adopted baby is becoming very active in the womb now. Here are some things he can do: squint, swallow, move his tongue, make a tight fist if you touch his palm.

CHANGING THE DISCUSSION ABOUT ADOPTION

Typical statement to a woman considering adoption as a practical option: "There are no good families"

Reality: Adoptive couples must have a home study by an approved adoption agency, an FBI background check, training, meeting with a social worker, and visits to their home. Birth-parents can choose who will raise the child.

Let's start making adoption the loving choice for an unplanned pregnancy. In our country, currently less than 1% of unplanned pregnancies result in adoption while 48% end in an abortion.

ATTENTION ALL GRADUATES!

If you would like to learn about Students for Life organizations on college campuses, you can contact John Dogero, President of Seattle University Students for Life. He can tell you which colleges have Students for Life groups. Contact: John Dogero john.dogero@gmail.com
[1-253-820-9478](tel:1-253-820-9478)

Recently a young man left his Pioneer headphones on the pew while he went up for Communion. When he came back, they were gone. If you have seen them, please drop them off in the Usher's Room in Sullivan Hall. They were a gift to him, and he misses them.

"I am who I am in the eyes of God, nothing more and nothing less. --St. Francis of Assisi"



SCHOOL REGISTRATION IS OPEN FOR THE 2015-2016 SCHOOL YEAR

Your Catholic school is enrolling for the 2015-2016 school year. If Catholic Education is a priority for your family, we will work with you to make it fit in your budget! Give the gift of Catholic Education to your child or grandchild! Call today:

206-364-1633

St. Mark Parish School is "Catholic to the Core"!

School Families, please remember, if you bring in a new family and they register, \$250 (registration fee) will be credited to your tuition next year.

You are St. Mark's best advertisement.

PRESCHOOL REGISTRATION IS OPEN FOR THE 2015-2016 SCHOOL YEAR

Three year olds Tuesday – Thursday 8:50-11:30

Four year olds Monday – Thursday 12:15 – 3:10

206-364-1633

ST. MARK PARISH SCHOOL ANNUAL FUND

Your support of the St. Mark Parish School Annual Fund is a gift for the future of our children. Your donation goes directly to support teachers' salaries, student programs, utilities, and athletics; in essence, the daily life of our school. While tuition covers the majority of the cost of a Catholic education, the Annual Fund plays a critical role to provide our students with the spiritual, intellectual and moral development they need to be a witness of Christ in the world. If you have not yet made a contribution to the fund you will be receiving a phone call from a member of the School Commission. Our goal is \$100,000, and your support is needed. Thank you for supporting the ministry of education in our parish.



Pastor's Letter:

March 1, 2015

Retreat price goes up July 1, 2015.

Dear Brothers and Sisters in Christ,

I am happy to announce that this summer, a *Healing the Whole Person* retreat will be held here at Saint Mark Parish on Friday, Saturday and Sunday, August 21, 22, and 23. It will be presented by Dr. Bob Schuchts, founder of the *John Paul II Healing Center* in Tallahassee, Florida and author of the book *Be Healed*.

Each one of us has the inner desire to be happy and fulfilled in life. But for most of us, this remains an unfulfilled dream. Because of sin, our own and the sin of others upon us, we are a broken and wounded people. This causes us to be unhappy and discouraged. It can also cause us to have a distorted view of our true lives and the grace that God desires to give us to live joyful, happy, and whole lives....in abundance! Our brokenness makes us our own worst enemy....and therefore we resist rather than embrace the gifts God desires to give us.

Dr. Bob Schuchts will help us to see the root of the brokenness and wounds of our lives. With the time tested teachings, guidance, and prayer of the Church, he will show us how to invite the Lord Jesus into our lives, and into our woundedness, in order to bring about a transformative healing that will begin to make us whole....and lead us to the abundant life that is God's promises to us in Jesus.

Through my own experience with Dr. Bob, and knowing him to be a knowledgeable and prayerful man of God, this retreat promises to be a grace and blessing to you, the people of Saint Mark Parish!

The cost of the retreat is \$150 dollars per person. Please register directly on the website of the JP II Healing Center (www.JP IIhealingcenter.org). Scholarships are available if you need financial assistance....just see me.

Because Dr. Bob Schuchts is a nationally known speaker, I ENCOURAGE YOU TO REGISTER NOW, because space is limited to 250 people. His retreats fill up quick! We at Saint Mark are given the first opportunity. So, please act promptly....and I guarantee it will be the best \$150 you ever spend on yourself....it will change your life!

If you have questions, I will be happy to answer them.

God's blessings to you,

Fr David Mulholland

Retreat price goes up July 1, 2015.

P.S. I've recommended the book *Be Healed* to many people at the parish over the past year. Many of our priests, deacons and seminarians have read the book and used it for prayer and reflection. I often ask people read the first paragraph of the introduction and then I ask the question, "Does that sound like you?" "If it does, then the book is for you!" If that sounds like you, the *Healing the Whole Person* retreat is for you as well.

The first paragraph of the Introduction to *Be Healed*:

Jesus' gaze, the touch of his heart heals us...enabling us to become ourselves and thus totally of God.

Pope Benedict XVI

Somewhere deep inside each one of us is a burning desire to finally become the person God created us to be. Yearning to be fully alive, we long to give ourselves as a gift wholeheartedly back to God. Yet despite these stirrings, many of us hesitate and resist, fearing the very thing we desire. While we long to be made pure and whole, we avoid God's process of purification and healing.

- Dr. Bob Schuchts



July 25-26

ST. MARK CONFERENCE

May, 2015 MONTHLY PARISH REPORT

of families in St. Mark helped by St. V de P 50
 # of individuals helped by St. Mark St. V de P 126
 families/individuals referred 6/19

A Vicentian gave client a ride to doctor's office, library, and Safeway.

Cash Expenditures

Rent	\$ 280
Light	1,289
Beds	403
Clothing	192
National/Local Dues	195
Fuel gift cards	25
Transportation	200
Utilities	314
Safeway food/pharmacy	1,200
<u>Total Expenses:</u>	\$4,098

Income Received

Meeting collections	\$ 89
Poor Box Donations	81
Envelope Collection	2,715
United Way Pass-thru	1,585
<u>Total Income</u>	\$4,470
<u>Net Income</u>	372

In-kind Assistance

Boxes/bags of food & supplies	8/44
Religious Pamphlets, etc.	38
Bus Tickets	84
Bags/boxes of diapers	1
Resource Lists/Health info sheets	21
Packs of bottled water	18

Please feel free to donate anytime during the month in the collection basket, or for non-perishable foods, the basket in the vestibule. July 4-5, 2015 is the next monthly St. Vincent collection. Please give generously to your brothers and sisters in need. We always need cereal, toilet paper, and cleaning supplies.

Aha, so we aren't having a rummage sale this year, but don't despair, there is still a home for your used household items and clothing....it's the St. Vincent de Paul Stuff the Truck Event. The weekend of July 25-26 there will be a gigantic truck on the parish grounds that will take all of the items that you might have given to the rummage sale. Remember the parable: Jesus said to him, "If you wish to be perfect, go, sell what you have and give to the poor, and you will have treasure in heaven. Then come, follow me. When the young man heard this statement, he went away sad, for he had many possessions." Don't we all have more than we need? Here is your chance to free your life and help someone else at the same time. You've got some time to start going through things you may not need and that still have a lot of life in them. (Be sure that things are in clean, usable shape.) You will be able to stuff your car and bring it when you go to Mass or at other times during the weekend, which will be announced later.

Thanks for your support of St. Vincent de Paul, and start filling bags and boxes now!

"HELP!" SHOUTS ST. VINCENT

What do these products all have in common? These are things that are most needed for our pantry:

- diapers size 5 and 6
- baby wipes
- paper towels
- toilet paper
- laundry soap
- dish soap
- bar soap
- cleaning products
- shampoo
- toothpaste
- canned fruit
- peanut butter
- jelly
- bags of rice
- bags of beans
- sugar
- flour



Drop off these items in the basket in the church vestibule or bring them on our collection weekends: July 4-5, Aug. 1-2 and Sept. 6-5.