

# 16th Sunday Ordinary Time, July 20, 2014

MASS INTENTIONS			
Sun.	July	20	Sunday Masses
Mon.	July	21	No Morning Mass
Tues.	July	22	No Morning Mass
Wed.	July	23	No Morning Mass (Matt Kure moved to 10/23/14)
Thurs.	July	24	No Morning Mass
Fri.	July	25	Jim Ash+
Sat.	July	26	Shauna Unger
Sun.	July	27	Sunday Masses
Mon.	July	28	No Morning Mass
Tues.	July	29	Mitch Cook
Wed.	July	30	No Morning Mass
Thurs.	July	31	No Morning Mass
Fri.	Aug.	1	Kristi Beaulieu+
Sat.	Aug.	2	Claudia Sargent

STEWARDSHIP 2013-14				
The Sunday Collection through 7/13/2014				
Weekly Amount Needed	Last Week's Collection	Needed Year to Date	Actual Given Year to Date	Surplus Year to Date
\$ 15,500	\$	\$	\$	\$
Online Giving	# Online Givers All Funds:	Amount Collected Online: \$		
Online Giving is included in the above totals.				

Mon.	7/21/14	Family Rosary, 6:30 pm, Church
		Light Weigh Program, 7 pm, Sullivan Hall
		Boy Scouts, 7 pm, Cafeteria
Tues.	7/22/14	NO MORNING MASS
Wed.	7/23/14	NO MORNING MASS
		NO PASTORAL COUNCIL
Thurs.	7/24/14	NO MORNING MASS
Sun.	7/27/14	Rosary for Life, 10:10 am, Affirmation of Life Monument north of church
Mon.	7/28/14	Family Rosary, 6:30 pm, Church
		Light Weigh Program, 7 pm, Sullivan Hall
		Boy Scouts, 7 pm, Cafeteria
Sat./Sun.	8/2/14-8/3/14	St. Vincent de Paul Food Collection after all Masses
Mon.	8/4/14	Family Rosary, 6:30 pm, Church
		Light Weigh Program, 7 pm, Sullivan Hall
		Boy Scouts, 7 pm, Cafeteria
Sun.	8/10/14	Third Order of Mary, 1:30 pm, Parish Center Chapel
Mon.	8/11/14	Family Rosary, 6:30 pm, Church
		Light Weigh Program, 7 pm, Sullivan Hall
		Boy Scouts, 7 pm, Cafeteria
Tues.	8/12/14	JAZZ WALK IS BACK! PLAN NOW.
		Gabriel Project, 6:30 pm, Parish Center Chapel
Fri.	8/15/14	Assumption of Mary Masses at 9 am and 7 pm A Holy Day of Obligation/Consecration after 7 pm Mass

## HOSPITALITY IN SULLIVAN HALL

July 20—Chivalry lives! It's the Knights.

July 27—And with a flutter of wings the Donut Angels alight and open the heavenly pink boxes to serve you donuts.

## FREQUENTLY REQUESTED NUMBERS

**Boy Scouts:** Dennis Halpin (206) 365-1971  
**Cub Scouts:** Sean Monahan (608) 234-2931  
**Knights of Columbus:** Jim O'Sullivan (206-832-7231)  
**St. Vincent de Paul:** Mary Kay Snedden (206) 364-7900  
**Heaven Guild:** Barbara Arnesen (206) 940-5010  
**Ladies' Guild:** Lynn Waterson (206) 849-5546  
**Funeral Committee:** Gini Harmon (206) 364-6834  
**Marriage Help:** Retrouvaille (206) 706-2608  
**Seniors & Friends:** Judy Parsons (206) 367-1714  
**Holyrood Cemetery:** (206) 363-8404  
**Beck's Funeral Home:** (425) 771-1234  
**Harvey Funeral Home:** (206) 632-0100



## Pastor's Letter:

## Going on Retreat....



The monk's choir stalls at Mount Angel Abbey, St. Benedict, Oregon

Dear Brothers and Sisters in Christ,

I will be gone this coming week for a few days of retreat at Mount Angel Abbey in Oregon. I love getting away and hanging out with the monks. For me, there is no better way to be spiritually renewed. While I am there, I ask that you keep me in prayer. I also ask that you keep the parish in your prayers. I will be praying for you and specifically about what the Lord Jesus desires for our parish and school for the coming year. I know the Lord wants us to grow in faith and holiness. He also wants us to know and love Him more and each other too. And, He wants us to keep it simple. Remember, the spiritual life is simple; it's not meant to be hard or complex at all.

Our parish vision and mission is contained in Matthew 28:16-20: We are called to make disciples; to baptize them in the name of the Father and of the Son and of the Holy Spirit; and to teach all that the Lord has taught us, and in this, He promises to be with us until the end of the age. A parish that takes this charge seriously looks a lot like the Jerusalem Church found in Acts 2:42-43: "They devoted themselves to the teaching of the apostles and to the communal life, to the breaking of the bread and to the prayers. Awe came upon everyone and many wonders and signs were done..." That, I believe, is what is in store for St. Mark Parish! I know awesome things will be happening and the Lord will shower His mercy, peace, and healing upon many people in a powerful way at our parish. But what does the Lord specifically want to happen? What does He want us to do to help Him bring it about? After all, it's Jesus' parish. We must place our trust in Him for everything and discern His will as best we can. That is what I will be praying about in the days ahead. Will you please join me?

God bless you all. Saint Mark, pray for us!

*Fr David Mulholland*

## A TIME TO HEAL...PHYSICALLY, EMOTIONALLY, OR SPIRITUALLY

**Jim Salmonsens**, brother of Doug Salmonsens; **Drew Salmonsens**, grandson of Doug and Dianne;  
**Carol Monahan**, mother of Hugh Monahan; **Anita Schultz**; **Hugo Draye Millie Stevens**; **Scott Halfrich**  
**David Werdal and Jayme Krowski**, friends of Julie Bando; **Mary Schantz**; **Joe McMahan**, brother in law of Anita Schultz  
**Ursula Skinner**, friend of Jim and Barbara Dougherty; **Wayne Dallenbeck**, neighbor of Janet Abele  
**Vivian Russ**, aunt of Janet Abele; **Laura Alamillo**; **Ernesto Ladrido**, friend of Julie Bando  
**Bonnie Sykes and Noral Kofer**, friends of Janet Abele; **Audi Edwards**;  
**Scott Strandberg**, brother of Stephanie Hartung; **Bill Buckley**; **Frank Martinez**, father of Claire Becker  
**Pat Butler**, cousin of Vicki Russell; **Jeff Cornwell**; **Marta Cady**, sister of Kathy Keck  
**Ann Marie Kurtz**, mother of Lisa Haynes; **Dolores Strandberg**, mother of Stephanie Hartung  
**Willis Parsons**, son of Judy and Loren Parsons; **Patricia Arntzen**;  
**Holly and Maya Weller**, daughter-in-law and granddaughter of Dennis and Joanne Weller  
**Peter Ansberry**, friend of Candyce Ochoa; **Father William Hammelman**, brother of Marylee Schaeffer  
**Maria Shafer**; **Elvin Dick**, father of Sidd Dick  
**Dan Hines**, relative of Karen Favero; **Solar Seeklander**, great-nephew of Diane & Lee Lutovsky  
**Robert Glancy, Sr.**; **Todd Munger and Lourdes Martin**, friends of Julie Bando; **Charlene Loback**;  
**Shannon Northrup**, niece of Lee and Diane Lutovsky; **Noah Amundsen**, grandson of Mary  
**Doris Sykes**; **Danilo Taliman, Roger Carasso, and Myra Manlangit**, friends of Julie Bando  
**Abraham and Lilda Jimenez**, parents of Amelia Yapjoco  
**Greg McBride**; **David Dato**; **David Brancale**, son of Ann Brancale; **Jennifer Osburn**; **Jeanne Connell**  
**Rhonda Stegall-Webb**, friend of Paul Jensen; **Vicki Russell**; **Richard Ronald**, brother of James Ronald  
**Nicole, Patrick, and Logan Shepard**, granddaughter and family of Ted & Harriet Miller  
**Bill Clark**, son-in-law of Cornelia Miller; **Gloria Abiang**, mother of Pauline Cruz; **Dorothy Scholze**  
**Marie Dunlap**; **Tom Friedel**; **Cindy Stendera Gould**, daughter of Bertha Stendera; **Elmer Dalisky**, friend of Cheryl Keiffer  
**Betty Robeson**; **Marcy Teichman**, friend of Cheryl Keiffer; **Bob Amundsen**  
**Kim Menzer**, friend of Rebecca Anderson; **Sam and Don Glasnovich**, nephews of Cherie and Todd Chapman  
**Walker Chapman**, nephew of Cherie and Todd Chapman; **Marty Liwag**, friend of Maria Arntson  
**Isidro Bando**; **Dorothy Holm**, sister of Veronica Rains; **Randy Rains**, son of Veronica Rains; **Ann Gordon**  
**Riliegh McConaughy**, great granddaughter of Betty Robeson; **Carol Coghlan**  
**Rena Britz**; **Joaquin Naputi**; **Lynn Waterson**  
**Robert Schultz**, father of Lynn Schultz; **Cherie Chapman**; **Mary Olson**; **Darlene English**; **Consuelo Frodsham**

## A TIME TO REMEMBER THOSE WHO SERVE OUR COUNTRY IN THE MILITARY

**John Epps, US Army, Afghanistan**, grand-nephew of Rose and Bill Buckley  
**Zachary Sharp, USAR**, grandson of Nigel and Cheryl Keiffer  
**Christopher Abele, IT1 (SW/IDW) USN**, son of Steven and Janet Abele  
**Raynor Wales, US Army**, friend of Mary Amundsen  
**Matthew Johnson, US Air Force**, grandson of Helen Bradley  
**Mark Anthony Silang, USMC**  
**Michael Angelo Silang, USN**  
**Bryant McDaniel, Air Force, Iraq**, nephew of James and Lynn Ronald  
**John E. Eaton, S/Sgt USMC**, grandson of Evelyn Combe  
**Taylor Amundsen, US Air Force**, grandson of Mary Amundsen  
**Annika Jensen, USN**, daughter of Paul and Maryjane Jensen  
**Darryl W. Bradshaw, US Coast Guard**, nephew of Paul and Maryjane Jensen  
**Nathan Keiffer - Airman 1st Class, USAF**, son of Nigel and Cheryl Keiffer  
**David Leitzen, SPC, US Army**, grand-nephew of Mrs. Elenor Loarie Schoen, and nephew of Teresa and Elenor K. Schoen.

## A TIME TO MOURN...

**Ivo Zamberlin**, cousin of Rose Buckley

## ROSARY FOR LIFE – 4<sup>TH</sup> SUNDAY OF THE MONTH

Please join the Respect Life Committee and Knights of Columbus in saying a Rosary for Life at the Affirmation for Life memorial on Sunday, July 27. We begin at 10:10 am (after the 9 am Mass).

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## PEACEFUL PRAYER VIGILS

Abortions happen every day in our community. Striving to serve the unborn and their mothers, the local chapter of Helpers of God's Precious Infants prayerful pray at local Planned Parenthood mills most Saturdays all year long. For more information, contact the Helpers of God's Precious Infants [www.seattlehelpers.org](http://www.seattlehelpers.org)

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## GABRIEL PROJECT

Please continue praying for our parish's Gabriel Project. This three year old apostolate ministers to women facing crisis pregnancies. We are all called to be Christ to others. Pregnant women can request assistance by calling 888-926-2643.

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*“The real question today is not when human life begins, but what is the value of human life? The abortionist who reassembles the arms and legs of a tiny baby to make sure all its parts have been torn from its mother’s body can hardly doubt whether it is a human being. The real question for him and for all of us is whether that tiny human life has a God-given right to be protected by the law—the same right we have.”*

*Ronald Reagan*

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## LINKS FOR LIFE

### And Then There Were None

Founded by former Planned Parenthood manager Abby Johnson <http://www.attwn.org/>

### Helpers of God's Precious Infants

Prayerful vigils all year long [www.seattlehelpers.org](http://www.seattlehelpers.org)

### Couples to Couples League

*Natural Family Planning—the Catholic answer to family life!*  
<http://www.ccli.org/>

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## RACHEL'S CORNER- HOPE AND HEALING AFTER ABORTION

If you or someone you know has had an abortion, call Valerie at 1-800-822-HOPE (4673). You are loved with an everlasting Love! Project Rachel is a program of Catholic Community Services.

## A LIFELINE FOR MARRIAGES

Retrouvaille (pronounced retro-v) can help couples in trouble rediscover each other and take new, positive steps to save their marriages. No matter the source of conflict in your marriage, Retrouvaille can help you. For confidential information about, or to register for our upcoming program beginning Sept 5-7, 2014 call 206-706-2608 or visit our website at:

[www.HelpOurMarriage.com](http://www.HelpOurMarriage.com)

## CARMELITE CHRISTMAS IN JULY

St. Mark Parish is committed to reaching out to the Carmelite Sisters here in our Shoreline community! The Carmelites have an amazing ministry of prayer and we are honored to help them fulfill this ministry by providing them with food, household, and personal items twice a year. Please return the items to Sullivan Hall, unwrapped, by July 27th. Thank you very much for your generosity!

**Welcome to our visitors this weekend,  
visiting Catholics, those of other faith  
traditions, and, of course, all of our**



## IN GOD WE TRUST: RELIGIOUS LIBERTY - YOUR FIRST AMENDMENT RIGHT

During these challenging times there is a critical need to focus on defending our religious liberty as stated in the First Amendment of the United States Constitution. In these highly informative presentations, Bishop David Malloy and Monsignor Eric Barr show us that protection of religious freedom is fundamental for Catholics, as well as for people of all faiths.

CD available in the vestibule.

## ADORATION HOURS

The following Adoration hours are open. If you would like to make Adoration a part of our prayer life, please contact Mat Connolly at 206-465-0710.

Tuesday 2-3am

Thursday 3-4am

Thursday 10-11am

## SO WHO IS THAT GUY IN A SUIT?

On the reredos behind our altar, there is an image of a young man in a suit. That is Blessed Pier Giorgio Frassati. He was born April 6, 1901 in Turin, Italy into an aristocratic family. His mother was a painter and his father, an agnostic, was editor of a newspaper. Pier Giorgio was a handsome youth with a passion for sports and mountain climbing. To the bewilderment of his parents, he developed a vibrant faith which he shared with ease and enthusiasm. In 1913 he failed his Latin course and was sent to a Jesuit school. It was there that his devotion to the Eucharist and to Our Lady blossomed and he obtained permission to receive daily Communion, which was rare at that time. In 1918 he began studies in mining engineering; he was deeply committed to charity toward the poor and neglected and wanted to serve the miners who toiled in dangerous conditions. He was dedicated to his studies but also was active in social and political activities, including numerous Catholic groups. He became a Third Order Dominican and had an intense prayer life. At age 24 he contracted polio and died after six days of excruciating pain. Thousands of people attended his funeral. Pope John Paul II beatified Frassati in 1990. His feast day is July 4.



**WE HAVE RECEIVED DONATIONS** to our School Endowment Fund in memory of Camila P. Jover, Dorothy McCool, Helen Coughlan, Charles Combe, Robert & Winona Wartinger, Dan and Doris Staber, Rollie Blanchette, Serapion Arquillano, Wanda Jensen, Ken Jensen, Margaret Osgood, We want to acknowledge and *thank* everyone who regularly contributes to the Endowment Fund at St. Mark Parish School.



## ST. MARK CONFERENCE

June, 2014 MONTHLY PARISH REPORT

# of families in St. Mark helped by St. V de P..... 45

# of individuals helped by St. Mark St. V de P..... 117

### Cash Expenditures:

Rent .....	\$ 400
Light.....	1,979
St. VdeP clothing/other .....	56
Beds .....	945
Food .....	1,900
Postage .....	27
Transfer Station Fees.....	22
Gas Cards .....	200
<b>Total Expenses:</b> .....	<b>\$ 3,629</b>

### Income Received

Meeting collections .....	\$ 58
Poor Box Donations.....	145
Envelope Collection.....	2,762
Rice Bowl Grant.....	500
<b>Total Income</b> .....	<b>\$ 3,465</b>
<b>Net Loss</b> .....	<b>\$ 164</b>

### In-kind Assistance:

Boxes of food .....	10
Religious Pamphlets, etc.....	50
Bags of food/supplies given out.....	48
Bus Tickets .....	64

- Baby clothing, baby items, bag of diapers given out. Removed, disassembled, and took old hospital bed to transfer station.

Please feel free to donate anytime during the month in the collection basket, or for non-perishable foods, the basket in the vestibule. August 2-3 is the next monthly St. Vincent collection. Please give generously to your brothers and sisters in need. Thank you to everyone who donated Metro bus passes.

**We need cereal, toilet paper, and cleaning supplies.**

## BACK TO SCHOOL COLLECTION BOX

The box is back! You will find it in Sullivan Hall. This group provides supplies to students in the Shoreline School District to outfit them before the school year begins. Can you help with donations of toothpaste, toothbrushes, shampoo, conditioner, deodorant, body wash, new socks (all sizes) and new underwear (all sizes)? These are items that are necessary for everyday living but may be neglected when we think of young people going back to school. They are, however, extremely important. Can you imagine going to school if you didn't have enough pairs of underwear or socks? Please help out.

Cash donations can be sent to the Back to School Consortium, c/o Center for Human Services, 17018 15th Ave NE, Shoreline 98155.